# Department of Public Health Division of Health Protection Office of EMS and Trauma

# **Emergency Medical Services Prehospital Clinical Operating Guidelines**



J. Patrick O'Neal, MD, State EMS Medical Director Jill Mabley, MD, Deputy EMS Medical Director R. Keith Wages, State EMS Director







J. Patrick O'Neal, MD	١,
State EMS Medical Director	:

Effective Date: Jehick O'yack Min) L'u Mabley, MD, FAAEM

January 29, 2013

### **Table of Contents**

#### **Administrative**

General Information Page 6
Acknowledgements Page 7
Legend Page 8

#### **General Guidelines**

Communications Page 11 Control of Patient Care: Physician On Scene Page 12 Crime Scene Page 13 Page 14 **Destination Decisions** Page 15 Documentation Emergency Vehicle Operations Handling Patient's Personal Property Page 16 Pages 17-18 Page 19 Safe Transport of Pediatric Patients Patients with Special Healthcare Needs Page 20 Suspected Abuse Pages 21-23 Patient Initiated Refusal of Care Page 24 Withholding or Termination of Resuscitation Page 25

#### **Pediatric Guidelines**

Submersion

Pediatric clinical guidelines Pediatric Assessment Page 28 Pain Management Pages 29-30 **Shock Management** Pages 31-32 ALTE Page 33 Childbirth Page 34-35 Page 36-37 Newborn Resuscitation Pediatric cardiac emergencies Bradycardia Page 38 Tachycardia Pages 39-40 Pulséless Arrest Page 41 Pediatric medical emergencies Abdominal Discomfort Page 42 Pages 43-44 Allergic Reaction/Anaphylaxis Altered Level of Consciousness Pages 45-46 Cold Related Emergencies Pages 47-48 Fever Page 49 Page 50 Heat Related Emergencies Nausea and Vomiting Page 51 Respiratory Distress Pages 52-53 Seizure Page 54 Sickle Cell Crisis Pages 55-56 Pages 57-58 Toxic Exposure Toxic Indestion Pages 59-60 Pediatric trauma emergencies Multiple Trauma Page 61 Head and Spine Trauma Pages 62-63 Eye Trauma Page 64 Chest Trauma Pages 65-66 Abdominal and Pelvic Trauma Pages 67-68 Extremity Trauma Pages 69-70 Trauma Arrest Pages 71-72 Pages 73-74 Burns Snakebite Page 75

Page 76



J. Patrick O'Neal, M	ID,
State EMS Medical Direct	or:

Effective Date:

L'U Mabley, MD, FAREM

January 29, 2013

### **Table of Contents (Continued)**

#### **Adult Guidelines**

Adult clinical guidelines

Adult Assessment
Page 79
Pain Management
Pages 80-81
Shock Management
Pages 82-83
Adult cardiac emergencies

Bradycardia Page 84
Tachycardia Pages 85-86
Pulseless Arrest Page 87
Post Resuscitation Page 88
Left Ventricular Assist Device (LVAD) Page 89

Adult medical emergencies

Submersion

Abdominal Discomfort Page 90 Allergic Reaction/Anaphylaxis Page 91 Altered Level of Consciousness Page 92 Chest Pain Pages 93-94 Childbirth Pages 95-96 Cold Related Emergencies Pages 97-98 Heat Related Emergencies Page 99 Hypertensive Crises Page 100

Nausea and Vomiting
OB/GYN Emergencies
Respiratory Distress
Seizure
Stroke
Toxemia
Page 101
Page 102
Pages 103-104
Page 105
Page 106
Page 107

Toxic Exposure Page 107
Toxic Ingestion Page 110
Adult trauma emergencies

Multiple Trauma Page 111
Head and Spine Trauma Pages 112-113
Eye Trauma Page 114
Chest Trauma Pages 115-116

Abdominal and Pelvic Trauma Pages 117-118
Extremity Trauma Pages 119-120
Trauma Arrest Pages 121-122
Burns Pages 123-124
Snakebite Page 125

Page 126

#### **Medications**

EMS Drug Formulary (List) Page 128 Acetaminophen (Tylenol) Page 129 Adenosine (Adenocard) Page 130 Albuterol (Proventil, ProAir) Page 131 Amiodarone (Cordarone) Page 132 Aspirin Page 133 Atropine Page 134 Dextrose - D10/25/50W Page 135 Diazepam (Valium) Page 136 Diphenhydramine (Benadryl) Page 137 Dopamine (Inotropin) Page 138-139 Epinephrinè - 1:1000; 1:10000; Auto-inject Page 140-141 Fentanyl (Duragesic, Sublimaze) Page 142 Glucagon Page 143



J. Patrick O'Neal, M	D,
State EMS Medical Director	or:

Effective Date:

Lik Mabley, MD, FAREM

January 29, 2013

### **Table of Contents (Continued)**

### **Medications**

Haloperidol (Haldol) Ipratropium (Atrovent) Lidocaine (Xylocaine) Lorazepam (Ativan) Magnesium sulfate Methylprednisolone (SoluMedrol) Midazolam (Versed) Morphine sulfate Naloxone (Narcan) Nitroglycerine - spray, tabs, paste Ondansetron (Zofran) Oral glucose (Glutose) Oxygen	Page 144 Page 145 Page 146 Page 147 Page 148 Page 150 Page 151 Page 152 Page 153 Page 154 Page 155 Page 156
Oxygen Pralidoxime (2-PAM) Sodium bicarbonate	Page 156 Page 157 Page 158

### Resources

Abbreviations and Definitions Important Numbers 12 Lead ECG Medication Administration Spinal Motion Restriction Standard Precautions APGAR Scoring/Neonatal Resuscitation Burns: Fluid Resuscitation Burns: Rule of Nines Canadian C-Spine Rule CDC Field Triage of Injured Patients CHEMPACK Fact Sheet Critical Incident Stress Foundation	Pages 161-163 Page 164 Page 165 Page 166 Page 167 Page 168 Page 169 Pages 170-171 Page 172 Page 173 Page 174 Page 175 Page 176
EMTALA Fact Sheet Glasgow Coma Score HIPPA Fact Sheet Firefighter Scene Assessment MCI Triage: SALT Triage MCI Triage: START Triage MCI Triage: START/JumpSTART Pediatric Assessment Triangle Pediatric Vital Signs Scope of Practice Search and Rescue Activation Sedation Assisted Intubation Stroke Assessment Form Stroke Thrombolytic Checklist	Page 177 Page 178 Pages 179-180 Pages 181-182 Page 183 Page 184 Page 185 Page 186 Page 187 Pages 188-192 Page 193 Pages 194-195 Page 196 Page 197
Trauma Center Directory Trauma Center Map Trauma Communications Center AHA Adult Cardiac Arrest Algorithm AHA Adult Bradycardia Algorithm AHA (Simplified) BLS Algorithm AHA BLS Algorithm AHA Neonatal Resuscitation Algorithm AHA PALS Cardiac Arrest Algorithm AHA PALS Bradycardia Algorithm AHA PALS Tachycardia Algorithm	Page 198 Page 199 Page 200 Page 201 Page 202 Page 203 Page 204 Page 205 Page 206 Page 207 Page 208 Page 209

## Administrative



J. Patrick O'Neal, MD,
State EMS Medical Director:

Effective Date:

Jil Mabley, MD, FAREM

January 29, 2013

### **General Information**

### **Purpose**

The purpose of this document is to provide 1) guidelines regarding permissible and appropriate emergency medical services procedures and treatment modalities which may be rendered by medics to a patient not in the hospital, and 2) communication protocols regarding which medical situations require direct voice communication between medics and a physician (or his/her designee) prior to those medics rendering specified emergency medical services procedures to a patient not in a hospital.

This document is divided into basic general guidelines, pediatric and adult clinical guidelines (medical and trauma), information regarding medications commonly administered by EMS, and important resource documents.

Recognizing the wide variety in Georgia of EMS medical direction, call volume, resources for training and quality assurance, the many different levels of EMS licensure, and the importance of providing pre-hospital care that is consistent with national standards and evidence based medicine, these documents reflect the best effort of the Guidelines Revision Group to provide the most important basic information. There is liberal use of "Contact Medical Control" in the guidelines. The intention is to allow the Medical Directors of EMS Services to adjust the guidelines to local conditions and needs.

### **Professional Judgment**

Since each medical emergency must be dealt with on an individual basis and appropriate care determined accordingly, professional judgment is mandatory in determining treatment modalities within the parameters of these guidelines.

#### **Authority**

The authority for implementing these guidelines for care of pre-hospital patients is found in state law OCGA 31-11-60.1 (b) and (c), OCGA 31-11-50 (b), and the Rules of the Department of Public Health Chapter 511-9-2.

It is the responsibility of each medic to be familiar with the laws, rules and regulations, and guidelines and adhere to them. Even an order by a physician does not justify procedures not in accordance with laws, rules and regulations.



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Lil Mabley, ND, FAAEM

January 29, 2013

### **Acknowledgements**

The Division of Emergency Preparedness and Response Office of Emergency Medical Services and Trauma would like to thank the following for their contribution to the development of the Emergency Medical Services Prehospital Clinical Operating Guidelines.

Rhonda Fountain Anthony, Paramedic National Association of EMT's State Advocacy Coordinator Georgia

Anne Austin, AAS, Paramedic EMS Educator HERO Training Company

Andy Booth, Paramedic EMS Educator Lanier Technical Institute

Ralph C. Griffin, MD Medical Director, Emergency Department Coliseum Health System

Lt. Mary E. Hill, Paramedic EMS Training Officer Southside Fire/EMS/Security

Julio R. Lairet, DO, FACEP Assistant Professor of Emergency Medicine Emory University School of Medicine Medical Director, Metro Atlanta Ambulance Service

Jake Lonas, Paramedic Operations Manager Puckett EMS

Jeremy Norman, BAS, Paramedic, CCEMTP Asst. Chief of Clinical & Educational Services South Georgia Medical Center Mobile Healthcare Service EMS

Taryn Taylor, MD, FAAP Assistant Professor of Pediatrics and Emergency Medicine Emory University School of Medicine Jim Augustine, MD Medical Director, Forest Park Fire Dept, City of Morrow Fire EMS, Hapeville Fire, Riverdale Fire

Mark Bandy, Paramedic Training Coordinator Mid Georgia Ambulance

Robert J. Cox, MD, FAAEM, FACEP Chair, EMS Medical Directors Advisory Council Medical Director, Region IV EMS

Nita Ham, Paramedic EMS Educator Georgia Association of EMS

Matthew Jackson, Deputy Chief Forest Park Fire and Emergency Services

Jeffrey Linzer Sr., MD, MICP, FAAP, FACEP Associate Professor of Pediatrics and Emergency Medicine Emory University

Jill Mabley, MD, FAAEM Deputy Medical Director Office of EMS and Trauma Georgia Department of Public Health

Kristal Smith, BS, Paramedic EMS Educator Central Georgia Region 5 EMS for Children Region 5 RTAC Coordinator



J. Patrick O'Neal, MD
State EMS Medical Director

Effective Date:

Jil Mabley, ND, FAREM

January 29, 2013

### Legend

The following chart provides explanations for icons and graphics found throughout the guidelines. An explanation of abbreviations utilized in specific protocols can be found in the resources section of this document.

	Emphasizes important points and reminders within guidelines.
ALS	Indicates a procedure that is, in accordance with state and local laws, beyond the scope of authority of the EMT.  All procedures must be performed in accordance with the Georgia Scope of Practice for EMS Personnel.
STOP Contact Medical Control or refer to local protocol. Orders may include:	Indicates the point within each guideline at which contact with medical control should be made. Treatments provided beyond this point should be performed in conjunction with online medical direction or authorized by local agency protocol.
	Emphasizes important points to be included in patient care documentation.
CONTINUED ON NEXT PAGE	Indicates that the guideline or resource provided continues on the next page.

## **General Guidelines**



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Lile Maloley, MD, FAREM

January 29, 2013

### **General Guidelines**

### **Contents**

Communications	Page 11
Control of Patient Care: Physician On Scene	Page 12
Crime Scene	Page 13
Destination Decisions	Page 14
Documentation	Page 15
Emergency Vehicle Operations	Page 16
Handling Patient's Personal Property	Pages 17-18
Safe Transport of Pediatric Patients	Page 19
Patients with Special Healthcare Needs	Page 20
Suspected Abuse	Pages 21-23
Patient Initiated Refusal of Care	Page 24
Withholding or Termination of Resuscitation	Page 25



J. Pa	atrick O'N	leal, MD,
State EMS	Medical	Director:

Effective Date:

Jehick O'yar M.) Lile Mabley, MD, FAAEM

January 29, 2013

### **Communications**

When contacting Medical Control and receiving facilities, patient reports should be brief and clear. 10 codes and other signals should not be used. A typical patient radio report should include the following:

- Identify Unit by service, number, and level of capability (BLS or ALS)
- Specify en route or on scene (state whether Emergency or Non-Emergency).
- Identify patient age and sex.
- Chief complaint/Mechanism of Injury
- LOC: AVPU
- Vital signs, pertinent clinical findings
- Pertinent patient medications, allergies, past history
- Care and treatment given.
- Patient's response to treatment.
- Request for any orders.
- ETA.

According to local protocol and capability of receiving facility, patient report may be called in as alert or activation of Trauma, Cardiac, or Stroke Team.

The following information **should not** be transmitted over the radio:

- Patient name
- Patient race
- Personal or sensitive patient information (e.g., Social Security number, history of AIDS, etc.)



J. Patrick O'Neal, MI	ر,
State EMS Medical Director	r:

Effective Date:

J. Pakick ( ) pack M.) Lile Mabley, MD, FAAEM

January 29, 2013

### **Control of Patient Care: Physician On Scene**

Control of patient care at the scene of an emergency shall be the responsibility of the individual in attendance most appropriately trained and knowledgeable in providing pre-hospital emergency stabilization and transport. When a medic arrives at the scene of a medical emergency, and contact is made with medical control by that medic, a physician/patient relationship is established between the patient and the physician providing medical control. The physician is responsible for the management of the patient and the medic acts as an agent of medical control unless the patient's physician is present. When a physician other than the patient's physician on the scene of a medical emergency properly identifies himself and demonstrates his willingness to assume responsibility for patient management and documents his intervention by signing the patient care report, the medic should place the intervening physician in communication with medical control. If there is disagreement between the intervening physician and the medical control physician, or if the intervening physician refuses to speak with medical control, the medic should continue to take orders from the medical control physician.

Reference: DPH Rule 511-9-2-.07 (6) (i) Control of patient care at the scene.

#### **Intervener Physician**

- An intervener physician is a physician on the scene who has no previous connection with the patient. For the Good Samaritan physician to assume control of the patient he/she must: Provide proof of licensure in Georgia.
- Be willing to assume responsibility for the patient at the scene and during patient transportation to the hospital. This includes accompanying the patient during transportation (except multi-casualty situations).
- Perform procedures outside the scope of EMS protocol his or herself.

If the physician is unwilling to comply with these requirements then his assistance should be respectfully declined.

#### Physician in his/her Office

- 1. EMS shall perform its duties per protocol.
- 2. The physician may elect to supervise care provided by EMS.
- 3. If the physician directs the EMS providers to perform a procedure or administer a medication which is not covered by EMS scope of practice or local protocol, then EMS will advise him/her of such. The EMS provider will not perform this procedure. The EMS provider may assist the physician in performing the procedure. If the physician initiates a medication which is to be continued during patient transportation, which is not covered by scope or protocol, then the physician is expected to accompany the patient to the hospital.



J. Patrick O'Neal, ML	),
State EMS Medical Director	r:

Effective Date: Jehick ( parl M.)

Jil Mabley, MD, FAAEM

January 29, 2013

### **Crime Scene**

If you believe a crime has been committed, immediately contact law enforcement. Scene safety is paramount. Protect yourself and other EMS personnel. Once a crime scene is deemed safe by law enforcement, initiate patient contact and medical care.

- Do not touch or move anything at a crime scene unless it is necessary to do so for patient care.
- Have all EMS providers use the same path of entry and exit.
- Do not walk through fluids on the floor.
- Observe and document original location of items moved by crew.
- When removing patient clothing, leave it intact as much as possible.
- Do not cut through clothing holes made by gunshot or stabbing.
- If you remove any items from the scene, such as impaled objects or medication bottles, document your actions and advise investigating officers.
- Do not sacrifice patient care to preserve evidence.
- Do not go through the patient's personal effects.
- If transporting, inform staff at the receiving hospital that this is a "crime scene" patient.
- If the patient is obviously dead, contact Medical Control for directions to withhold resuscitative measures, and do not touch the body.



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date: I Pakick O'mer Min) Lili Mabley, MD, FAAEM

January 29, 2013

### **Destination Decisions**

### **Hospital Destination of Prehospital Patients**

- 1. When a patient requires initial transportation to a hospital, the patient shall be transported by the ambulance service to the hospital of his or her choice provided:
  - (i) The hospital chosen is capable of meeting the patient's immediate needs;
  - (ii) The hospital chosen is within a reasonable distance as determined by the medic's assessment in collaboration with medical control so as to not further jeopardize the patient's health or compromise the ability of the EMS system to function in a normal manner;
  - (iii) The hospital chosen is within a usual and customary patient transport or referral area as determined by the local medical director; and
  - (iv) The patient does not, in the judgment of the medical director or an attending physician, lack sufficient understanding or capacity to make a responsible decision regarding the choice of hospital.
- 2. If the patient's choice of hospital is not appropriate or if the patient does not, cannot, or will not express a choice, the patient's destination will be determined by pre-established guidelines. If for any reason the pre-established guidelines are unclear or not applicable to the specific case, then medical control shall be consulted for a definitive decision.
- 3. If the patient continues to insist on being transported to the hospital he or she has chosen, and it is within a reasonable distance as determined by the local medical director, then the patient shall be transported to that hospital after notifying local medical control of the patient's decision.
- 4. If the patient does not, cannot, or will not express a choice of hospitals, the ambulance service shall transport the patient to the nearest hospital believed capable of meeting the patient's immediate medical needs without regard to other factors, e.g., patient's ability to pay, hospital charges, county or city limits, etc.

Reference: DPH Rule 511-9-2-.07 (6) (k)

Reasonable distance for patient transport by EMS is determined by pre-established guidelines developed by the local EMS medical director.

Reasonable distances can be established based on

- 1. The patient's emergency
- 2. Resources at the local and surrounding facilities
- 3. Geographic location of the various facilities
- 4. EMS agency resources
- 5. Obligation to provide emergency services in the assigned ambulance zone
- 6. Availability of mutual aid
- 7. The usual and customary hospital destinations of that EMS agency



J. Patrick O'Neal, MD,
State EMS Medical Director:

Effective Date:

Jehick ( mabley, MD, FAAEM

January 29, 2013

### **Documentation**

Documentation information becomes the legal record of a patient's history and treatment by pre-hospital personnel. It may be used as defense or prosecution if an EMS provider is charged with medical negligence.

For every patient contact, the following must be documented:

- A clear history of the present illness, including chief complaint, time of onset, associated complaints, pertinent negatives, and mechanism of injury.
- A complete physical exam appropriate for the emergency condition.
- Level of consciousness using the AVPU method.
- At least one complete set of vital signs
- Patients transported shall have at least two complete sets of vital signs documented.
- Vital signs should be repeated after every drug administration.
- For drug administration, note patient weight, dosage of the drug, route of administration, time of administration, and response.
- A complete listing of treatments performed in chronological order.
- For extremity injuries, neurovascular status must be noted before and after immobilization.
- For potential spinal injuries, document motor function before and after immobilization.
- For IV or IO administration, note the size of catheter, placement location, number of attempts, type of IV fluid or medication, and flow rate.
- An ECG lead II strip (at a minimum) shall be documented for all patients placed on the cardiac monitor.
- Any significant rhythm changes should be noted.
- For cardiac arrest, document the initial strip, ending strip, pre and post defibrillation, pacing attempts, or code summary report.
- For intubation, document the centimeter mark at teeth, methods which confirm placement (tube visualized passing through cords, equal breath sounds, chest wall movement, absent gastric sounds, CO2 detector or wave form), size of ET tube, and number of attempts.
- Any Medical Control orders requested whether approved or denied.



J. Patrick O'Neal, MD,
State EMS Medical Director:

> Effective Date:

J. Pakick O' your Min) L'U Mabley, MD, FAAEM

January 29, 2013

### **Emergency Vehicle Operations**

The driver of any authorized emergency vehicle must always drive with due regard for the safety of all persons, including the patient being transported, the transport crew, and the public.

When operating a vehicle as "an authorized emergency vehicle", both the warning lights and audible signal must be in use. Operating a vehicle with only one of these warning devices in use does not satisfy the requirements of OCGA 40-6-6 (below).

There are certain medical conditions that may require the rapid transport of the patient, without the use of an audible warning device due to the patient's condition (e.g. acute MI, preeclampsia). In circumstances where lights only are used for transport, the vehicle cannot proceed as "an authorized emergency vehicle" under the conditions set forth in OCGA 40-6-6. The operator of the ambulance using lights only without the use of an audible warning device must proceed in complete compliance with the "Rules of the Road".

Similarly, there may be environmental conditions (e.g. traffic, weather,) in which operating as an emergency vehicle (lights and siren) introduces unreasonable risk and provides minimal opportunity to arrive at the destination sooner.

Local EMS directors, medical directors, and safety officers are urged to develop local policy or protocol to guide medics in safe response and transport.

#### The Law

OCGA § 40-6-6. Authorized emergency vehicles

- (a) The driver of an authorized emergency vehicle or law enforcement vehicle, when responding to an emergency call, when in the pursuit of an actual or suspected violator of the law, or when responding to but not upon returning from a fire alarm, may exercise the privileges set forth in this Code section.
- (b) The driver of an authorized emergency vehicle or law enforcement vehicle may:
  - (1) Park or stand, irrespective of the provisions of this chapter;
  - (2) Proceed past a red or stop signal or stop sign, but only after slowing down as may be necessary for safe operation:
  - (3) Exceed the maximum speed limits so long as he or she does not endanger life or property; and
  - (4) Disregard regulations governing direction of movement or turning in specified directions.
- (c) The exceptions granted by this Code section to an authorized emergency vehicle shall apply only when such vehicle is making use of an audible signal and use of a flashing or revolving red light visible under normal atmospheric conditions from a distance of 500 feet to the front of such vehicle, except that a vehicle belonging to a federal, state, or local law enforcement agency and operated as such shall be making use of an audible signal and a flashing or revolving blue light with the same visibility to the front of the vehicle.
- (d)The foregoing provisions shall not relieve the driver of an authorized emergency vehicle from the duty to drive with due regard for the safety of all persons.



J. Patrick O'Neal, MD,
State EMS Medical Director:

Effective Date:

Jehick O'mal Mil) Lile Mabley, MD, FAAEM

January 29, 2013

### **Handling Patient's Personal Property**

A medic's first responsibility is to treat the patient. Handling a patient's valuables or personal property is secondary to proper pre-hospital emergency care. However, special attention needs to be paid to how a patient's personal property is handled by the medic (when handling it cannot be avoided). In "load and go" situations, patient care and transport are priority.

Proper procedure is determined by location of the patient (at home, incident scene, etc.), whether family members or friends of the patient are present, whether law enforcement personnel is present, and other factors. Every situation cannot be described here, but the following will serve as a guideline.

Patient's personal property could include but not be limited to: glasses, dentures, wallets, money, watches, jewelry, clothing, medication, and keys.

### Patient at Home or a Residence

Advise and encourage the patient to leave all unnecessary personal items and valuables at home or with a trusted family member or friend.

Patient medication in most cases will need to go to the hospital either with the patient or carried by a family member or friend. If it is necessary to transport these medications with the patient, they should be treated like any other patient's valuables.

Do not remove a watch, jewelry, or wallet from a patient unless it is necessary to treat the patient, (e.g., start an IV). If it is necessary to do so, tell the patient you are removing the item. Give the item to the patient (if conscious and alert) or to a family member (if present). Document the item(s) and disposition of personal property on the patient care report. If possible, have another medic or law enforcement officer witness what you did with the patient's personal property.

If the patient insists on taking personal items with him, the patient must be alert enough to maintain possession of the items.

If you are concerned about the security of the patient's home or the premises you are leaving, notify law enforcement.

#### Patient at Incident Scene or Not at Home

If the patient is conscious, encourage the patient to give personal property and valuables to a responsible person of choice. If you have to remove any items from the patient (e.g., watch, jewelry, etc.) to treat the patient, return the items to the patient if possible. Document the details of the situation on the patient care report and have a third party witness this via signature.

If law enforcement presents you with a patient's personal items, request that law enforcement present the items to the patient (if conscious and alert), to the patient's family (if available), or to hospital staff.

If personal items or valuables are handled by first responders or bystanders before they were presented to you, document this with as much detail as possible on the patient care report.



J. Patrick O'Neal, MD,
State EMS Medical Director:

> Effective Date:

Jehick O park M.) Lile Mabley, MD, FAREM

January 29, 2013

### **Handling Patient's Personal Property (Continued)**

If a patient is disoriented or unconscious, give the patient's personal items to a family member or law enforcement officer if possible. Document any incident involving valuables on the patient care report and obtain a signature from the person receiving the valuables. If a family member or law enforcement officer is unavailable, transport valuables with the patient.

### Taking Responsibility of the Patient's Personal Property

When the medic finds himself in possession of a patient's personal property, carefully document the individual items and what was done with those items. If possible, place the items in a container (such as a zip lock bag or plastic garbage bag) used for the sole purpose of containing the patient's personal property. Make a list of the items placed in each bag, and secure the list in, or on, the bag. Medications should be listed separately. Currency should be listed by amount. Have your partner or a law enforcement officer verify (by signature) the list of items included in the container. Upon arrival at the hospital, turn the container over to the appropriate hospital staff member, verify content, and obtain a signature from the individual receiving the property.

Retain a copy of the list (with the signature) and attach to the patient care report.

If EMS personnel locate any patient's property within the ambulance after care of the patient has been transferred to the receiving facility, EMS personnel should make every effort to ensure the patient's property is returned to the patient. Any property that has been located after transfer of care should be returned to the patient, witnessed by the hospital staff, and documented on an addendum to the patient care report.

If an EMS service and/or a receiving facility have a specific protocol for transfer of patient's valuables, follow the local protocol.



J. Patrick O'Neal, M	ID,
State EMS Medical Direct	or:

Effective Date:

J. Pakick O' youl, MI) Lile Mabley, MD, FAAEM

January 29, 2013

### Safe Transport of Pediatric Patients

Children are at risk of injury during transport by EMS. Appropriate protection must be provided for all pediatric patients. The National Highway and Traffic Safety Administration recently published Best Practice Recommendations for Safe Transport of Children.

See: http://www.nhtsa.gov/staticfiles/nti/pdf/811677.pdf

- No child or infant should ever be held in the arms or lap of parent, caregiver, or medic during transport. NEVER.
- All monitoring devices and equipment should be tightly secure.
- Personnel should be secure.
- Children who are not patients should be transported, properly restrained, in an alternate passenger vehicle, whenever possible.
- Available child restrain devices should be used for all pediatric patients less than 40 pounds, according to manufacturer's instructions, if the patient is not secured by other means as part of patient care.
- Do not transport a pediatric patient who meets CDC Field Triage Criteria in a child seat that was involved in an MVC.
- While manufacturers do not recommend using a child's own car seat for transportation post accident, this may be better than no restraint during transport. Use of child safety seat after involvement in a minor MVC may be allowed if all of the following apply:
  - Visual inspection, including under movable seat padding, does not reveal cracks or deformity.
  - Vehicle in which safety seat was installed was capable of being driven from the scene
  - Vehicle door nearest the child safety seat was undamaged.
  - Air bags (if any) did not deploy.



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Jehick O'mal M.) Lile Mabley, MD, FAAEM

January 29, 2013

### **Patients with Special Healthcare Needs**

Children and adults with special healthcare needs include those on ventilators; with tracheotomies, indwelling catheters, gastrostomy tubes; left ventricular assist devices (LVAD); and bariatric patients. As medical technology advances and home health capabilities increase, new equipment and patient needs will appear.

#### General considerations:

- Do not be overwhelmed by equipment. Treat the ABCs first. Treat the patient, not the equipment. If the emergency is due to an equipment malfunction, manage the patient using your own equipment.
- Parents and caretakers are usually trained in device management, and can assist EMS personnel. Ask for their guidance.
- When moving a special needs patient, use slow, careful transfer. Transfer of bariatric patients will require additional manpower. Do not use excessive force to straighten or manipulate contracted extremities, as this may cause injury or pain to the patient.
- Transfer the patient if possible to their medical "home" hospital. This may involve bypassing the closest facility.
- Ask for the "go bag" which generally has the patient's spare equipment and supplies and bring this with you during transport. Also, this may have equipment you need on scene.
- Physical handicaps do not necessarily imply mental deficits. Remember to communicate with the patient
- Find out the patient's baseline vital signs, medications, allergies, and other medical information, which may not be typical.



J. Patrick O'Neal, MD,
State EMS Medical Director:

> Effective Date:

Jehick ( rack m.) Lile Mabley, MD, FAAEM

January 29, 2013

### **Suspected Abuse**

All healthcare providers are obligated by law to report cases of suspected child, elder, or vulnerable adult abuse.

Report all alleged or suspected abuse or neglect to the appropriate agency. Georgia Code requires providers to report incidents of abuse to their county's public children services agency or a municipal or county peace officer.

Simply notifying hospital personnel about concerns of maltreatment do not meet mandated EMS reporting responsibilities. If any maltreatment is suspected, the EMS provider MUST, by law, notify the local public children services agency or law enforcement as soon as possible.

Physical abuse and neglect is often difficult to determine - the following are indicators of possible abuse:

- Injuries scattered on many areas of the body
- Malnutrition or lack of cleanliness
- Any fracture in an child under 2 years of age
- Injuries in various stages of healing
- More injuries than are usually seen in other children of the same age.

#### Initial Management:

- DO NOT confront or become hostile to the parent or caregiver
- Treat any obvious injuries.
- In cases of suspected sexual abuse or assault
  - Discourage patient from washing and/or using the restroom
  - If the child/patient has not changed clothes, transport patient in these clothes.
  - If clothes have been removed but unwashed, bring clothes and underwear with patient in a paper (not plastic) bag.
  - Do not delay transport to search for evidence.
- If caregivers refuse to let you transport the child/patient after treatment, remain at the scene
  and notify law enforcement
- Contact Medical Control and advise of questionable injuries but DO NOT report abuse and neglect over the radio.

#### Reporting:

- Report your suspicions to the ED physician.
- Notify the local public children services agency or law enforcement as soon as possible.
   You are legally responsible reporting your suspicions.
- DO NOT initiate the report in front of the patient or caregiver.

#### Documentation:

- Document any statement the child/patient makes in their own words. All verbatim statements made by the patient, the parent, or caregiver should be placed in quotation marks
- Document unexplained injuries, discrepant history, delays in seeking medical care, and repeated episodes of suspicious injuries.
- Document history, physical exam findings, environmental surroundings, and ED notification on the Prehospital Care Report.



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Jehick O'yack Min) L'u Mabley, MD, FAREM

January 29, 2013

### **Suspected Abuse (Continued)**

#### The Law

TITLE 19. DOMESTIC RELATIONS CHAPTER 7. PARENT AND CHILD RELATIONSHIP GENERALLY ARTICLE 1. GENERAL PROVISIONS

O.C.G.A. § 19-7-5 (2012)

- (e) An oral report shall be made immediately, but in no case later than 24 hours from the time there is reasonable cause to believe a child has been abused, by telephone or otherwise and followed by a report in writing, if requested, to a child welfare agency providing protective services, as designated by the Department of Human Services, or, in the absence of such agency, to an appropriate police authority or district attorney. If a report of child abuse is made to the child welfare agency or independently discovered by the agency, and the agency has reasonable cause to believe such report is true or the report contains any allegation or evidence of child abuse, then the agency shall immediately notify the appropriate police authority or district attorney. Such reports shall contain the names and addresses of the child and the child's parents or caretakers, if known, the child's age, the nature and extent of the child's injuries, including any evidence of previous injuries, and any other information that the reporting person believes might be helpful in establishing the cause of the injuries and the identity of the perpetrator. Photographs of the child's injuries to be used as documentation in support of allegations by hospital staff, physicians, law enforcement personnel, school officials, or staff of legally mandated public or private child protective agencies may be taken without the permission of the child's parent or guardian. Such photograph shall be made available as soon as possible to the chief welfare agency providing protective services and to the appropriate police authority.
- (f) Any person or persons, partnership, firm, corporation, association, hospital, or other entity participating in the making of a report or causing a report to be made to a child welfare agency providing protective services or to an appropriate police authority pursuant to this Code section or any other law or participating in any judicial proceeding or any other proceeding resulting therefrom shall in so doing be immune from any civil or criminal liability that might otherwise be incurred or imposed, provided such participation pursuant to this Code section or any other law is made in good faith. Any person making a report, whether required by this Code section or not, shall be immune from liability as provided in this subsection.

TITLE 31. HEALTH
CHAPTER 8. CARE AND PROTECTION OF INDIGENT AND ELDERLY PATIENTS
ARTICLE 4. REPORTING ABUSE OR EXPLOITATION OF RESIDENTS IN LONG-TERM CARE
FACILITIES

O.C.G.A. § 31-8-82 (2012)

§ 31-8-82. Reporting abuse or exploitation; records

(a) Anv:

- (1) Ádministrator, manager, physician, nurse, nurse's aide, orderly, or other employee in a hospital or facility;
- (2) Medical examiner, dentist, osteopath, optometrist, chiropractor, podiatrist, social worker, coroner.

clergyman, police officer, pharmacist, physical therapist, or psychologist; or

- (3) Employee of a public or private agency engaged in professional services to residents or responsible for inspection of long-term care facilities who has knowledge that any resident or former resident has been abused or exploited while residing in a long-term care facility shall immediately make a report as described in subsection (c) of this Code section by telephone or in person to the department. In the event that an immediate report to the department is not possible, the person shall make the report to the appropriate law enforcement agency. Such person shall also make a written report to the department within 24 hours after making the initial report.
- (b) Any other person who has knowledge that a resident or former resident has been abused or exploited while residing in a facility may report or cause a report to be made to the department or the appropriate law enforcement agency.



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Pahick O mal mi)

January 29, 2013

### **Suspected Abuse (Continued)**

§ 31-8-82. Reporting abuse or exploitation; records (continued) (c) A report of suspected abuse or exploitation shall include the following:

- (1) The name and address of the person making the report unless such person is not required to
- (2) The name and address of the resident or former resident;

(3) The name and address of the facility;

(4) The nature and extent of any injuries or the condition resulting from the suspected abuse or

(5) The suspected cause of the abuse or exploitation; and

(6) Any other information which the reporter believes might be helpful in determining the cause of the resident's injuries or condition and in determining the identity of the person or persons responsible for the abuse or exploitation.

#### TITLE 30. HANDICAPPED PERSONS CHAPTER 5. PROTECTION OF DISABLED ADULTS AND ELDER PERSONS

O.C.G.A. § 30-5-4 (2012)

(b) (1) A report that a disabled adult or elder person who is not a resident of a long-term care facility as defined in Code Section 31-8-80 is in need of protective services or has been the victim of abuse, neglect, or exploitation shall be made to an adult protection agency providing protective services, as designated by the department or, if such agency is unavailable, to an appropriate law enforcement agency or prosecuting attorney.

(2) The report may be made by oral or written communication. The report shall include the name and address of the disabled adult or elder person and should include the name and address of the disabled adult's or elder person's caretaker, the age of the disabled adult or elder person, the nature and extent of the disabled adult's or elder person's injury or condition resulting from abuse, exploitation, or neglect, and other pertinent information. All such reports prepared by a law enforcement agency shall be

forwarded to the director within 24 hours.

(c) Anyone who makes a report pursuant to this chapter, who testifies in any judicial proceeding arising from the report, who provides protective services, or who participates in a required investigation under the provisions of this chapter shall be immune from any civil or criminal liability on account of such report or testimony or participation, unless such person acted in bad faith, with a malicious purpose, or was a party to such crime or fraud. The immunity described in this subsection shall apply not only with respect to the acts of making a report, testifying in a judicial proceeding arising from a report, providing protective services, or participating in a required investigation but also shall apply with respect to the content of the information communicated in such acts.



	J. Patrick O'Neal, MD,
State	<b>EMS Medical Director:</b>

Effective Date:

J. Pakick ( ) pack M.) Lile Mabley, MD, FAAEM

Date: January 29, 2013

### **Patient Initiated Refusal of Care**

Persons identified by EMS as a patient may have requested an EMS response or may have had an EMS response requested for them. An assessment must be offered and performed, to the extent permitted, on all patients. For patients initially refusing care, attempt to ask them, "Would you allow us to check you out and evaluate whether you are okay?"

Adult patients may refuse evaluation, treatment, and/or transport. Similarly, a patient's parent or guardian may make these same refusals.

Determination of capacity to refuse has 4 components:

- Legal capacity to refuse:
  - o Age 18 or older
  - Emancipated minor (married, pregnant, or the parent of a child)
    - No suicidal or homicidal intent expressed
- Mental capacity to refuse:
  - Oriented X 3
  - Any language barrier has been removed
- Medical capacity to refuse:
  - No altered level of consciousness, by injury, illness, or substance
    - No abnormal blood glucose
  - No abnormal pulse ox
  - No serious chief complaint (chest pain, difficulty breathing, syncope)
  - No serious mechanism of injury
- Medical Control Contacted

### Documentation should include:

- Signature of patient/parent/guardian. If refusal to sign, documentation of refusal should be signed by 2 witnesses.
- Vital signs and evaluation as allowed by patient.
- Description of possible consequences of refusal, as described to patient
- Statement that the patient may call 9-1-1 at any time if assistance or treatment is desired or required.



Jill Mablev. MD. Deputy EMS Medical Director:

> Effective Date:

Pakick O' your min)

January 29, 2013

### Withholding or Termination of Resuscitation

In all situations where any possibility of life exists, make every effort to resuscitate.

#### **DO NOT TERMINATE** resuscitation efforts if:

- Patient is under age 18
- Patient is visibly pregnant
- Arrest may be due to hypothermia, drug overdose, toxins, or electrocution
- Any ROSC or neurologic signs
- Scene situations place EMS in jeopardy

Termination of resuscitative efforts for trauma victims (blunt or penetrating) should be determined by each local EMS medical director, based on local resources. Typically, victims of traumatic cardiac arrest do not survive if no EMS-witnessed signs of life were ever present and the patient is asystolic.

#### **DO NOT INITIATE** resuscitation if:

- Obvious death in the field: absence of vital signs and any of the following:
  - Decapitation 0
  - Decomposition 0
  - Rigor mortis 0
  - Dependent lividity
  - Incineration
  - Visual massive trauma to brain or heart, incompatible with life
- The individual has been pronounced dead by a Georgia Licensed Physician, Medical Examiner, or Coroner.
- Valid DNR order

#### DNR Orders and Other Advanced Directives:

- Advanced Directives and Living Wills are addressed in State Code: OCGA Chapter 32 Title 31.
- If a family member does not want the DNR Order to be honored, continue BLS until Medical Control is contacted for guidance.
- If medics are advised that the patient has an existing DNR Order, but the document IS NOT PRESENT AT THE SCENE, initiate BLS, contact Medical Control.

  A living will is intended to address patients who have been admitted to a healthcare facility. Living
- wills will rarely, if ever, have application in the prehospital environment.
- If presented with a document other than a valid DNR Order, such as a Living Will or Durable Power of Attorney, which appears to be an Advanced Directive, regarding resuscitation, initiate BLS until Medical Control is contacted for guidance.

#### The Law

O.C.G.A. § 31-39-6.1 (2012)

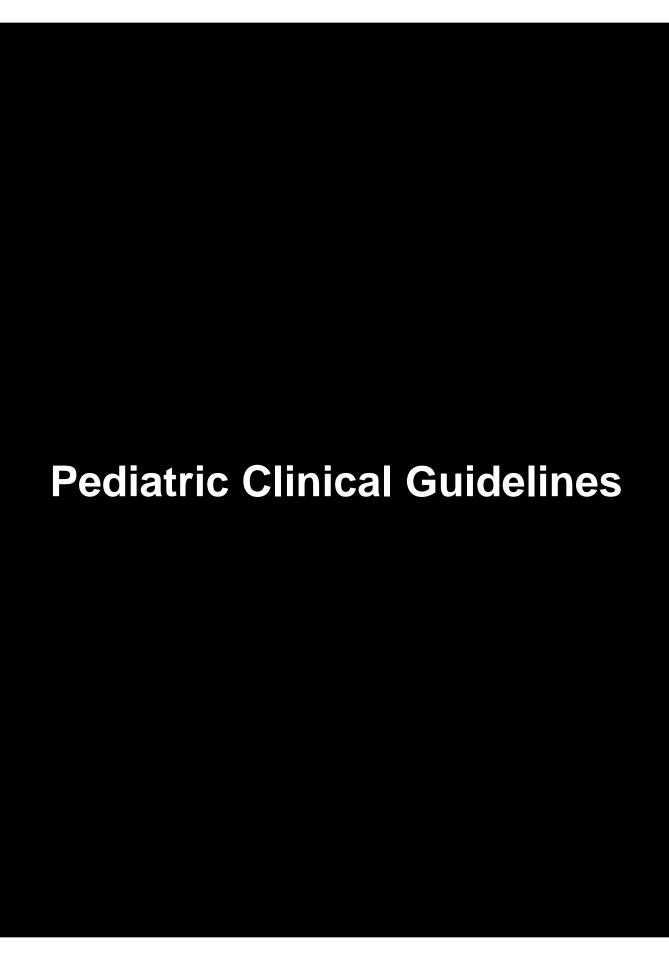
31-39-6.1. Form of order not to resuscitate; bracelet or necklace; revocation or cancellation of order (a) In addition to those orders not to resuscitate authorized elsewhere in this chapter, any physician, health care professional, nurse, physician assistant, caregiver, or emergency medical technician shall be authorized to effectuate an order not to resuscitate for a person who is not a patient in a hospital, nursing home, or licensed hospice if the order is evidenced in writing containing the patient's name, date of the form, printed name of the attending physician, and signature of the attending physician on a form substantially similar to the following:

"DO NOT RESUSCITATE ORDER NAME OF PATIENT: THIS CERTIFIES THAT AN ORDER NOT TO RESUSCITATE HAS BEEN ENTERED ON THE ABOVE-NAMED PATIENT.

SIGNED:

ATTENDING PHYSICIAN PRINTED OR TYPED NAME OF ATTENDING PHYSICIAN: ATTENDING PHYSICIAN'S TELEPHONE NUMBER: DATE:

(b) A person who is not a patient in a hospital, nursing home, or licensed hospice and who has an order not to resuscitate pursuant to this Code section may wear an identifying bracelet on either the wrist or the ankle or an identifying necklace and shall post or place a prominent notice in such person's home. The bracelet shall be substantially similar to identification bracelets worn in hospitals. The bracelet, necklace, or notice shall provide the following information in boldface type:





J. Patrick O'Neal, MD	)
State EMS Medical Director	r

Effective Date:

Jehick O'mal M.) Lile Mabley, MD, FAREM

January 29, 2013

### **Pediatric Guidelines**

### Contents:

Pediatric clinical guidelines

Pediatric Assessment Page 28
Pain Management Pages 29-30
Shock Management Pages 31-32
ALTE Page 33
Childbirth Page 34-35
Newborn Resuscitation Page 36-37

Pediatric cardiac emergencies

Bradycardia Page 38
Tachycardia Pages 39-40
Pulseless Arrest Page 41

Pediatric medical emergencies

Abdominal Discomfort Page 42 Allergic Reaction/Anaphylaxis Pages 43-44 Altered Level of Consciousness Pages 45-46 Cold Related Emergencies Pages 47-48 Page 49 Fever Page 50 Heat Related Emergencies Nausea and Vomiting Page 51 Respiratory Distress Pages 52-53 Seizure Page 54 Sickle Cell Crisis Pages 55-56 **Toxic Exposure** Pages 57-58 **Toxic Ingestion** Pages 59-60

Pediatric trauma emergencies

Multiple Trauma Page 61 Head and Spine Trauma Pages 62-63 Eye Trauma Page 64 Chest Trauma Pages 65-66 Abdominal and Pelvic Trauma Pages 67-68 Extremity Trauma Pages 69-70 Trauma Arrest Pages 71-72 Burns Pages 73-74 Snakebite Page 75 Page 76 Submersion



Jill Mabley, MD, Deputy EMS Medical Director:

> Effective Date:

Papick O' your nui)

January 29, 2013

### **Pediatric Assessment**

- First Impression
  - Appearance Observe muscle tone, interactivity, consolability, look/gaze, and speech/cry
  - Breathing Observe chest wall movement and accessory muscle use. 0 Listen for abnormal airway sounds
  - Circulation Observe the skin color for pallor, mottling, or cyanosis



YES

Based on your First Impression, does the child appear sick?

NO



### **Urgent**

- Proceed immediately with evaluation of the Primary Survey (ABCDE)
- If a problem is identified, perform necessary interventions

#### **Primary Survey**

- Airway assess airway patency
  - open, clear, and maintain airway
- Breathing assess rate and quality 0 of breathing
  - assure adequate ventilation
  - initiate appropriate oxygen therapy
- Circulation assess pulses and 0 perfusion status
  - control major bleeding
  - manage shock appropriately
- Disability assess LOC 0
  - is the child responding and acting appropriately
- Exposure/Environment undress the 0 child as appropriate
  - evaluate body temperature examine skin for rashes, discoloration, and trauma.
  - assess the behavior of adults. appearance of other children, and safety of the home

Secondary Assessment

### **Not Urgent**

Proceed systematically with the patient assessment.

Though they may not appear sick, trauma patients should receive a rapid primary survey and rapid transport when significant mechanism of injury exist. These patients may appear well despite their emergent condition.

Primary Survey (ABCDE)

- Airway
- Breathing
- o Circulation
- Disability
- Exposure/Environment

### Secondary Assessment

- Vital signs
- Focused history
- Physical examination

Ongoing assessment



#### Document:

- Vital signs
- OPQRST/SAMPLE
- Environment observations
- Treatment
- Communication with medical control

For the non-urgent child, a toe-to-head assessment, with the least invasive parts of the examination being performed first, will allow the child some time to become accustomed to you and will help maximize the information gained from the assessment.



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Jehick Tabley, MD, FAAEM

January 29, 2013

### **Pediatric Pain Management**

- First Impression
  - Appearance
- Breathing
- Circulation



- Primary Survey
  - Assure airway assure patency and proper positioning
    - Consider SMR if evidence of trauma
  - Assess breathing give O₂ as tolerated by mask or blow-by to maintain SpO2 ≥ 94%
    - Assist with BVM if ineffective respiratory effort
  - Assess circulation manage bleeding and/or shock appropriately
  - Assess disability assess LOC
  - Exposure/environment undress the child as appropriate



- Secondary Assessment and History
  - Monitor vital signs and oxygen saturation
  - ALS Initiate cardiac monitoring
  - OPQRST/SAMPLE history
  - Physical exam
- Place patient in position of comfort
- Immobilize any obvious injuries
  - Elevate injured extremities, if possible
  - Consider application of a cold pack
- Keep the patient NPO
- Initiate IV/IO normal saline administer 20ml/kg bolus if signs of shock



### **STOP**

Contact Medical Control or refer to local protocol.
Orders may include:



### Document:

- Vital signs
- OPQRST/SAMPLE
- Cardiac rhythm
- Treatment
- Pain scale
- Communication with medical control

**CONTINUED ON NEXT PAGE** 



State EMS	trick O Medic		

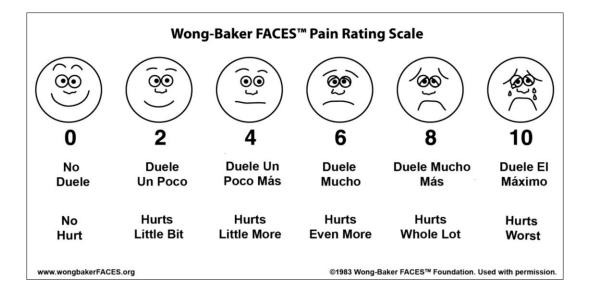
Effective Date:

Jehick O'malley, MD, FAREM

January 29, 2013

### **Pediatric Pain Management (Continued)**

- Assess the patient's pain
  - Ages 3-8 years use Wong-Baker FACES scale (below)
  - Ages 8-18 years use numerical scale
- If pain scale ≥ 6, consider morphine *or* fentanyl
  - ALS Morphine 0.1mg/kg IV/IO slowly or IM up to a 4 mg max Fentanyl 1mcg/kg IV/IO slowly or IN up to a 75 mcg max
- After intervention, reassess mental status, pain level, and signs of respiratory depression every 5 minutes.
  - If respirations become depressed, consult Medical Control for possible naloxone order
  - If patient becomes nauseated or vomits, consult Medical Control





J. Patrick O'Neal, MD, State EMS Medical Director:	

Effective Date: Jil Mabley, MD, FAAEM
January 29, 2013

### **Pediatric Shock Management**

Applies to patients presenting with signs and symptoms consistent with shock.

All forms of shock are associated with inadequate tissue perfusion.

- First Impression
  - Appearance
- Breathing
- Circulation



- Primary Survey
  - Assure airway assure patency and proper positioning
    - Consider SMR if evidence of trauma
  - Assess breathing give (high-flow) O<sub>2</sub> as tolerated by mask or blowby to maintain SpO2 ≥ 94%
    - Assist with BVM if ineffective respiratory effort
  - Assess circulation control bleeding if present
  - Assess disability assess LOC
  - Exposure/environment take measures to prevent hypothermia
- \*

Children possess very strong compensatory mechanisms which allow them to appear relatively well in early shock. However, once these mechanisms are overwhelmed they tend to decompensate rapidly. Early manifestations of shock may be subtle. The perfusion status of infants and children must be evaluated carefully and frequently.



- Secondary Assessment and History
  - Monitor vital signs and oxygen saturation
  - Perform blood glucose analysis treat hypoglycemia if present
  - ALS Initiate cardiac monitoring treat dysrhythmias per appropriate guideline
  - Initiate ETCO<sub>2</sub> monitoring (If available)
  - OPQRST/SAMPLE history
  - Physical exam
- Keep the patient NPO

ALS Advanced airway/ventilatory management as needed

- Initiate IV/IO
  - For hypovolemic shock, administer normal saline 20ml/kg
  - For cardiogenic shock, administer normal saline at KVO rate
  - o For all other types of shock, administer normal saline 20ml/kg
  - Fluid boluses may be repeated x 1 titrate to clinical effect
- Attempt to identify cause and treat in accordance with appropriate guideline (tension pneumothorax, overdose, trauma, etc.)



**CONTINUED ON NEXT PAGE** 



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Like Mabley, ND, FAAEM

January 29, 2013

### **Pediatric Shock Management (Continued)**

- Initiate patient transport as soon as possible
- Continue resuscitation and evaluation enroute Frequently revaluate ABCs and mental status



Contact Medical Control or refer to local protocol. Orders may include:



### Document:

- Vital signs
- OPQRST/SAMPLE
- Cardiac rhythm
- Treatment
- Communication with medical control
- If patient deteriorates or fails to improve, Medical Control may authorize the following
  - For hypovolemic shock, administer additional 20ml/kg NS bolus
  - For cardiogenic shock, assure rate and rhythm have been treated
    - Consider dopamine drip 5-20 mcg/kg/minute titrate to clinical effect
  - For all other types of shock, administer normal saline 20ml/kg

Dopamine Infusion: Standard 1600mcg/ml Concentration						
Broselow	Weight		our or drops pe		•	<u> </u>
Color	(kg)	5 mcg/kg/hr	7.5 mcg/kg/hr	10 mcg/kg/hr	15 mcg/kg/hr	20 mcg/kg/hr
Gray	3	0.6*	0.8*	1.1	1.7	2.3
Gray	4	0.8*	1.1	1.5	2.3	3.0
Gray	5	0.9*	1.4	1.9	2.8	3.8
Pink	6-7	1.2	1.9	2.4	3.7	4.9
Red	8-9	1.6	2.4	3.2	4.8	6.4
Purple	10-11	2	3	3.9	5.9	7.9
Yellow	12-14	2.4	3.7	4.9	7.3	9.8
White	15-18	3.1	4.7	6.2	9.3	12.4
Blue	19-23	3.9	5.9	7.9	11.8	15.8
Orange	24-29	5	7.5	9.9	14.9	19.9
Green	30-36	6.2	9.3	12.4	18.6	24.8
*For rates <1 mL/hour, consider using 800 mcg/mL concentration.						

Dopamine Infusion: 800mcg/ml Concentration							
Broselow		Milliliters ho	Milliliters hour or drops per minute with micro drip tubing (60gtt/ml)  5 mcg/kg/hr 7.5 mcg/kg/hr 10 mcg/kg/hr 15 mcg/kg/hr 20 mcg/kg/hr				
Color	weight (kg)	5 mcg/kg/hr	7.5 mcg/kg/hr	10 mcg/kg/hr	15 mcg/kg/hr	20 mcg/kg/hr	
Gray	3	1.1	1.7	2.3	3.4	4.5	
Gray	4	1.5	2.3	3.0	4.5	6.0	
Gray	5	1.9	2.8	2.8	5.6	7.5	



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date: January 29, 2013

### Pediatric Apparent Life Threatening Event (ALTE)

Applies to patients who have experienced an episode that is frightening to the observer and involved some combination of apnea, choking or gagging, color change, and/or marked change in muscle tone (child is floppy). ALTE usually occurs in infants less than 12 months.

- First Impression
  - Appearance
- Breathing
- Circulation



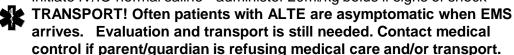
- **Primary Survey** 
  - Assure airway assure patency and proper positioning
    - Consider SMR if evidence of trauma
  - Assess breathing give O<sub>2</sub> as tolerated by mask or blow-by 0
    - Assist with BVM if ineffective respiratory effort
  - Assess circulation manage shock appropriately 0
  - Assess disability assess LOC 0
  - Exposure/environment undress the child as appropriate



- Secondary Assessment and History
  - Monitor vital signs and oxygen saturation
  - Perform blood glucose analysis treat hypoglycemia if present
    - If BGA is less than 60mg/dl and the patient is symptomatic
      - < 6mo: 5ml/kg of D10W IV/IO,
      - 6mo-2yrs: 2ml/kg of D25W IV/IO
      - > 2yrs: 1ml/kg of D50W IV/IO

ALS Initiate cardiac monitoring

- Complete thorough history and physical
  - Assess for history of apnea, decreased tone, pallor or cyanosis
  - Obtain history of possible med/toxin exposure and/or ingestions
- Initiate IV/IO normal saline administer 20ml/kg bolus if signs of shock





### **STOP**

**Contact Medical Control** or refer to local protocol. Orders may include:



#### Document:

- Vital signs
- Pertinent assessment findings
- Onset/duration of event
- Treatment
- Communication with medical control

ALS If patient shows continued respiratory depression, consider administration of naloxone 0.01mg/kg IV/IO slowly or IN (If no clinical improvement, 0.1mg/kg may be administered, max 2mg)



State EMS Medical Director	

Effective Date:

Lile Mabley, MD, FAREM

January 29, 2013

### Childbirth/Labor

Applies to women whose chief complaint is related to labor and /or impending delivery.

- Primary Survey
  - Assess LOC AVPU
  - Assure airway have suction ready
  - $\circ$  Assess breathing give supplemental  $O_2$  if signs of compromise or  $SpO_2 < 94\%$
  - Assess circulation manage shock appropriately



Altered LOC and signs of poor perfusion could indicate shock and should be managed appropriately.



If a patient is unstable, initial resuscitation/stabilization must precede any action specified in this protocol. Resuscitation of the mother is the key to survival of both mother and fetus.



- Secondary Assessment and History
  - Monitor vital signs and oxygen saturation
  - Perform blood glucose analysis treat hypoglycemia if present
     Consider cardiac monitoring
    - OPQRST/SAMPLE, LMP, obstetric, and gynecological history
- Determine: how many previous deliveries, due date, onset of contractions, if membranes have ruptured, if bleeding or vaginal discharge present, if patient has urge to push or move bowels, and if pregnancy is high risk.
  - Time contractions frequency and duration
  - Physical exam assess for signs of shock
- IV/IO access with normal saline initiate 20ml/kg normal saline bolus
- If active labor, inspect the perineum for crowning
  - o If crowning, apply gentle pressure with your glove hand to the infant's head and prepare for delivery.
  - If no crowning, monitor and reassess frequency and duration of contractions.
- If feet or buttocks presentation **DO NOT** pull on Infant
  - Support head and trunk
  - Place your gloved hand inside the vagina and form V with first two fingers, place over infant's face -keep vagina wall away infant's face
- If prolapsed cord
  - Place mother in a knee chest position to relieve pressure on the cord.
  - Place your gloved hand inside the vagina and push upward on the presenting part to further reduce pressure on the cord
  - Cover the cord with moist sterile dressings and avoid manipulating it
  - Priority symptoms: Crowning < 36 weeks gestation, prolapsed cord, abnormal presentation, severe vaginal bleeding, multiple gestation or seizure. If noted, expedite transport and notify Medical Control as early as possible.





Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Lile Mabley, MD, FAAEM

January 29, 2013

### **Childbirth/Labor (Continued)**

- Delivery and Post Delivery Care of Mother
  - Maintain gentle pressure on the infant's head and allow it to deliver in a controlled gradual manner. Routine suctioning of the oropharynx and nasal pharynx as soon as the head is delivered is no longer recommended.
  - Check around the infant's neck for the umbilical cord
  - If the cord has looped around the baby's neck, use your finger to hook the cord and pull it over the baby's head
  - If unable to free the cord, clamp the cord in two places and cut the cord between the clamps
  - Gently direct the infant's head and body downward to deliver the anterior shoulder and support the rest of the body as it delivers
  - Keep the infant at the level of the vagina and use a gauze pad to wipe any secretions around the mouth and nose
  - Vigorously dry the infant and provide warmth (increasing ambient temperature, cover with blanket)
  - If needed, stimulate breathing by flicking the soles of the baby's feet or rubbing the baby's back
  - Clamp the cord at 4 and 6 inches and cut the cord between the clamps.
  - Wrap the blankets in dry, clean towels or blankets
  - Note time of delivery. Obtain APGAR score at 1 and 5 minutes after delivery. Score ≤ 3: critical. Score ≥ 7: good to excellent
  - If excessive secretions AND signs of compromise are present, clear airway with bulb syringe
- If the newborn fails to respond to initial stimulation and are in need of resuscitation efforts, initiate resuscitation and refer to the Newborn Resuscitation guideline.
  - Once the placenta delivers, place it in a clean container and transport it to the hospital with the mother and infant
  - After delivery, keep mother warm and watch for signs of shock
  - If excessive blood loss, > 500ml apply abd pad to external vaginal area
    - consider an additional fluid bolus
    - massage the uterus to promote uterine contraction
    - consider allowing mother to breastfeed infant

### **STOP**

Contact Medical Control or refer to local protocol. Orders may include:



### Document:

- Vital signs
- Obstetric history
   Eroquency/duration
- Frequency/duration of contractions
- Treatment
- Communication with medical control
- Transport to a facility capable of handling an obstetrical patient



J. Patrick O'Neal, MD,	
State EMS Medical Director:	

Effective Date:

Jil Mabley, MD, FAAEM
January 29, 2013

### **Newborn Resuscitation**

Applies to term and pre-term newborn patients who fail to respond to initial stimulation and are in need of resuscitation efforts. This guideline also applies to all newborns and infants in the first few weeks of life.

### Within the first thirty seconds:

- As soon as the baby is born: vigorously dry the infant and provide warmth (increasing ambient temperature, cover with blanket)
- Position the infant to open the airway
- Clamp and cut cord
- If excessive secretions AND signs of compromise are present, clear airway with bulb syringe
  - Routine suctioning of the oropharynx and nasal pharynx as soon as the head is delivered is no longer recommended
  - If meconium staining is present AND the newborn is not vigorous (weak or absent respiratory efforts, weak or absent muscle tone, heart rate less than 100 beats per minute), tracheal suctioning may be considered
- Stimulate breathing (flicking the soles of the baby's feet or rubbing the baby's back)



### Assess respirations:

- If inadequate or gasping respirations are present, assist ventilation at a rate of 40 to 60 breaths per minute using a BVM with 100% oxygen.
- If the respirations are shallow or slow, attempt a 1-minute period of stimulation while administering oxygen via blow-by
  - If respirations do not increase, assist ventilation at a rate of 40 to 60 breaths per minute using a BVM with 100% oxygen



#### Assess heart rate:

- If less than 60 beats per minute, begin chest compressions.
  - Compression-to-ventilation ratio of 3:1 in neonatal resuscitation, compress at 120/min
  - Compressions should be discontinued when the heart rate is higher than 60 beats/min



**CONTINUED ON NEXT PAGE** 



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Jil Mabley, MD, FAAEM

Date: January 29, 2013

# **Newborn Resuscitation (Continued)**

Most neonates transition to post-natal life without difficulty. About 10% of infants require some assistance to begin breathing at birth. Less than 1% require extensive resuscitative measures.



#### **Advanced Resuscitation:**

ALS Consider advanced airway (one attempt only) for:

- Persistent apnea
- Central cyanosis
- o Bradycardia (HR < 100)
- If HR persistently < 60:</li>
  - Continue CPR
  - Ensure that optimal ventilation is being provided with 100% oxygen
  - Initiate IV/IO normal saline
  - For persistent HR < 60, administer 1:10,000 epinephrine 0.01mg/kg (0.1ml/kg) IV/IO every 3-5 minutes as needed
- Obtain blood glucose level; if < 60, administer D10W 0.5g/kg (5ml/kg) IV/IO</li>
- If no improvement despite adequate ventilation, chest compressions, and epinephrine, consider fluid administration: 10 mL/kg normal saline over 5 to 10 minutes



STOP Contact Medical Control

APGAR score to be calculated at 1 and 5 minutes after delivery. Score ≤ 3: critical. Score ≥ 7: good to excellent.



- Respirations
- Heart rate
- Color
- Resuscitation efforts
- APGAR scores
- Communication with medical control

	0 points	1 point	2 points
Appearance (skin color)	Body and extremities cyanotic	Body pink, extremities cyanotic	No cyanosis;
Pulse rate	Absent	< 100 beats/minute	>100 beats/minute
Grimace	No response to	Grimace, feeble cry	Cry or pull away
(irritability)	stimulation	when stimulated	when stimulated
Activity	None or limp	Some flexion	Active motion; arms
(muscle tone)			and legs flexed
Respiration	Absent	Weak, gasping	Strong cry, good respiratory effort



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

January 29, 2013

### **Pediatric Bradycardia**

Applies to patients with a heart rate < 60 beats per minute.

- First Impression
  - Appearance
- Breathing 0
- Circulation



- Primary Survey
  - Assure airway assure patency and proper positioning
  - Assess breathing give O<sub>2</sub> as tolerated by mask or blow-by
    - ventilate with BVM and 100% O<sub>2</sub> if ineffective respiratory effort.
    - avoid hyperventilation



The most common cause of bradycardia in a child is hypoxia. Assure airway is patent and ventilation is adequate.

- Assess circulation peripheral pulses, CRT, skin color/temp
  - if patient is stable, monitor and transport.
  - if HR<60 with signs of shock after adequate ventilation, start CPR
- Assess disability assess LOC
- Exposure/environment undress the child as appropriate



- Secondary Assessment and History
  - Monitor vital signs and oxygen saturation
  - Perform blood glucose analysis treat hypoglycemia if present 0
  - ALS Initiate cardiac monitoring
  - Physical exam and OPQRST/SAMPLE history



Signs and symptoms: may be nonspecific, such as dizzy or weak, or may be dramatic with shock, altered LOC, difficulty breathing and collapse

- Initiate IV/IO normal saline administer 20ml/kg bolus if signs of shock
- If bradycardia and signs of cardiopulmonary compromise persist,
  - ALS 1:10,000 epinephrine; 0.01 mg/kg IV/IO
    - may repeat every 3-5 minutes

ALS Atropine 0.02 mg/kg IV/IO - minimum dose: 0.1 mg

may repeat once in 5 minutes



#### **STOP**

**Contact Medical Control** or refer to local protocol. Orders may include:



#### Document:

- Vital signs
- Pertinent assessment findings
- Onset/duration of event
- Treatment
- Communication with medical



ALS Consider transcutaneous pacing

ALS If suspected beta-block or calcium channel blocker ingestion

consult Medical Control for treatment



	J. Patrick O'Neal, MD,
St	ate EMS Medical Director:

Effective Date: Jehick O'mel Mil) Jil Mabley, MD, FAAEM January 29, 2013

### **Pediatric Tachycardia**

Applies to patients with a heart rate that is fast compared to normal for the patient's age; and too fast for the child's level of activity and clinical condition.

- First Impression
  - Appearance
- Breathing
- Circulation



- Primary Survey
  - Assure airway assure patency and proper positioning
  - Assess breathing give O<sub>2</sub> as tolerated by mask or blow-by
    - ventilate with BVM and 100% O<sub>2</sub> if ineffective respiratory effort
  - Assess circulation evaluate peripheral pulses, verify heart rate
    - If no pulse, start CPR, treat according to Pulseless Arrest guideline
  - Assess disability assess LOC
  - Exposure/environment undress the child as appropriate
  - Altered LOC and signs of poor perfusion could indicate shock and should be managed appropriately.



- Secondary Assessment and History
  - Monitor vital signs and oxygen saturation
  - Perform blood glucose analysis treat hypoglycemia if present
     Initiate cardiac monitoring
  - ALS Initiate cardiac monitoring

ALS Record and evaluate 12-lead ECG (if available) - don't delay therapy

- Physical exam and OPQRST/SAMPLE history
- Signs and symptoms: may be nonspecific, such as dizzy or weak, or may be dramatic with shock, altered LOC, difficulty breathing and collapse.







# Sinus Tachycardia HR <180/min in children or <220/min in infants QRS ≤0.08 Seconds

- If signs of cardiopulmonary compromise,
- IV/IO NS 20ml/kg
- Search for and treat causes – hypovolemia, dehydration, etc.



# HR >180/min in children or >220/min in infants

- If signs of cardiopulmonary compromise, IV/IO NS - 20ml/kg
- Consider vagal maneuvers
- ALS Adenosine IV/IO
  - 1st Dose 0.1mg/kg
  - 2<sup>nd</sup> Dose 0.2mg/kg

# Wide-Complex Tachycardia ★★ QRS >0.08 Seconds

- If signs of cardiopulmonary compromise,
- IV/IO NS 20ml/kg
- ALS Consider sedation don't delay cardioversion
- ALS Synchronized cardiovert with 1 J/kg; may repeat with 2 J/kg





Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Jili Mabley, MD, FAAEM

January 29, 2013

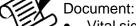
# **Pediatric Tachycardia (Continued)**

ALS Advanced airway management; ventilate with 100% oxygen if indicated

If at any time a cardiac rhythm other than tachycardia is noted, treat based on the appropriate guideline



Contact Medical Control or refer to local protocol.



- Vital signs
- History
- Cardiac rhythm
- Treatment
- Communication with medical control



Sinus Tachycardia HR <180/min in children or <220/min in infants QRS ≤0.08 Seconds



The most common causes of sinus tachycardia in children are hypovolemia and dehydration.

#### **SVT**

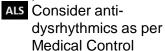
HR >180/min in children or >220/min in infants

- If adenosine is ineffective and shock persists,
- Consider sedation don't delay cardioversion
- ALS Synchronized cardiovert with 1 J/kg; may repeat with 2 J/kg

### Wide-Complex Tachycardia

### QRS >0.08 Seconds

 If cardioversion is ineffective and shock persists,







Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

January 29, 2013

### **Pediatric Pulseless Arrest**

- Resuscitation
  - Assess patient for respiratory and cardiac arrest
  - Initiate CPR and {AED/Defibrillator} using most current American Heart Association guidelines
  - Provide high-quality compressions, minimizing interruptions
  - Compressions should be at a rate of about 100-120 per minute
  - Ventilate with BVM and 100% oxygen, consider OPA/NPA 0
  - Consider advanced airway management
    - Do not delay resuscitation for advanced airway placement
    - If advanced airway is utilized, initiate ETCO2 monitoring



### Shockable Rhythm???



#### **VF/ Pulseless VT**

- o Defibrillate 2 joules/kg
- o Resume CPR for 2 minutes
- Initiate IV/IO normal saline
- 1:10,000 epinephrine 0.01mg/kg (0.1ml/kg) IV/IO, repeat every 3-5 minutes
- o Reassess rhythm every 2 minutes, if rhythm is organized, check pulse
- Defibrillate 4 joules/kg
- o Resume CPR for 2 minutes
- Amiodarone\* 5mg/kg bolus, may repeat up to 2 times for refractory VF/VT
- Continue CPR/treatment as indicated
- Consider and treat reversible causes

#### Asystole/PEA

- Initiate IV/IO normal saline
- 1:10,000 epinephrine 0.01mg/kg (0.1ml/kg) IV/IO, repeat every 3-5 minutes
- Reassess rhythm every 2 minutes, if rhythm is organized, check pulse
- Continue CPR/treatment as indicated
- Consider and treat reversible causes
  - Hypovolemia
- Hypoxia

- Toxins

- Hydrogen Ion
- Hypoglycemia
- Hypokalemia Hypothermia
- Hyperkalemia
- Tamponade
- Tension Pnuemo

#### **Thrombosis**

### **STOP**

**Contact Medical Control** or refer to local protocol.



#### Document:

- Events preceding arrest
- Code summary
- Treatment
- Contact with Medical Control



If cardiac rhythm change is noted treat based on the appropriate guideline.



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date: January 29, 2013

### Pediatric Abdominal Discomfort

Applies to patients with pain/discomfort presenting in the abdomen or the flanks with no history or signs of trauma.

- First Impression
  - **Appearance**
- Breathing 0
- Circulation



- Primary Survey
  - Assure airway assure patency and proper positioning
  - Assess breathing give O<sub>2</sub> as tolerated by mask or blow-by to maintain SpO2 ≥ 94%
  - Assist with BVM if ineffective respiratory effort
  - Assess circulation manage shock appropriately 0
  - Assess disability assess LOC
  - Exposure/environment undress the child as appropriate



Altered LOC and signs of poor perfusion could indicate shock and should be managed appropriately



- Secondary Assessment and History
  - Monitor vital signs and oxygen saturation
  - Perform blood glucose analysis treat hypoglycemia if present

Cardiac monitor - record and evaluate 12 Lead ECG (if available) OPQRST/SAMPLE history

- History of blood in vomit or stool? Prior abdominal surgery? Last meal?
- Physical exam assess for signs of dehydration/shock
- Consider possible causes; GI,GU, cardiac, meds/toxic ingestion, pregnancy
- Save emesis or other drainage for signs of GI bleed, etc.
- Keep the patient NPO
- Initiate IV/IO normal saline administer 20ml/kg bolus if signs of shock



#### STOP

**Contact Medical Control** or refer to local protocol. Orders may include:



#### Document:

- Vital signs
- OPQRST/SAMPLE
- Cardiac rhythm
- Treatment
- Communication with medical control



For pain management, see Pain Management guideline ALS If nausea or vomiting present, see N/V guideline



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Jil Mabley, MD, FAAEM

January 29, 2013

# Pediatric Allergic Reaction/Anaphylaxis

Patients presenting with rash, hives, shortness or breath, or other signs and symptoms, up to and including shock, possibly due to an allergic reaction.

First Impression

Appearance

Breathing

Circulation



- Primary Survey
  - Assure airway assure patency and proper positioning
  - Assess breathing give O<sub>2</sub> as tolerated by mask or blow-by
  - Assess circulation manage shock appropriately
  - Assess disability assess LOC
  - Exposure/environment undress the child as appropriate



If respiratory compromise and/or signs of shock, treat immediately with epinephrine. All EMS provider levels are authorized to utilize epinephrine auto-injectors. (AEMT, CT, and P providers may give 1:1000 epinephrine SQ or IM.)



- Isolate the patient form the source of allergen, if possible.
- Secondary Assessment and History
  - Monitor vital signs and oxygen saturation
  - Monitor capnography (if available)
  - ALS Initiate cardiac monitoring
  - Physical exam and OPQRST/SAMPLE history

ALS Advanced airway/ventilatory management as needed

- Initiate IV/IO normal saline administer 20ml/kg bolus if signs of shock
- If localized reaction (hives)
  - ALS Diphenhydramine 1-2mg/kg IV slowly or deep IM, max 25mg
- If respiratory distress, along with diphenhydramine
  - 1:1,000 epinephrine 0.01mg/kg SQ
    - Nebulize albuterol\* 2.5mg <15kg, 5mg>15kg for bronchospasm
- If anaphylactic shock
  - Do not delay epinephrine administration attempting IV/IO access
  - 1:1,000 epinephrine 0.01mg/kg IM (preferred) or SQ, max 3mg

All levels may repeat 1:000 epinephrine IM/SQ/auto-injector (in accordance with their scope of practice) every 5 minutes as needed





Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Jehick O youl, MI) Liu Mabley, MD, FAREM January 29, 2013

# Pediatric Allergic Reaction/Anaphylaxis (Continued)

If anaphylactic shock

Do not delay epinephrine administration attempting IV/IO access
 1:1,000 epinephrine 0.01mg/kg IM (preferred) or SQ, max 3mg
 All levels may repeat 1:000 epinephrine IM/SQ/auto-injector (in accordance with their scope of practice) every 5 minutes as needed.



Contact Medical Control or refer to local protocol.
Orders may include:



- Vital signs
- OPQRST/SAMPLE
- Cardiac rhythm
- Treatment
- Communication with medical control

If no response within 10 min to the IM or SQ epinephrine and fluid bolus, administer 1:10,000 epinephrine 0.01mg/kg IV/IO, max 3mg



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date: L'U Mabley, MD, FAAEM
January 29, 2013

### **Pediatric Altered Level of Consciousness**

Applies to patients who are disoriented, weak, dizzy, confused, agitated, exhibit bizarre behavior, have had a syncopal episode, or are unconscious.

- First Impression
  - o Appearance
- Breathing
- Circulation



- Primary Survey
  - Assure airway assure patency and proper positioning
    - Consider SMR if evidence of trauma
  - Assess breathing give O<sub>2</sub> as tolerated by mask or blow-by
    - Assist with BVM if ineffective respiratory effort
  - Assess circulation manage shock appropriately
  - Assess disability assess LOC
  - Exposure/environment undress the child as appropriate



Altered LOC and signs of poor perfusion could indicate shock and should be managed appropriately.

- Secondary Assessment and History
  - Monitor vital signs and oxygen saturation
  - ALS Initiate cardiac monitoring
  - Physical exam and OPQRST/SAMPLE history
- Advanced airway/ventilatory management as needed
- Initiate IV/IO normal saline administer 20ml/kg bolus if signs of shock
- Perform blood glucose analysis treat If BGA is less than 60mg/dl
  - If patient is able to protect and maintain own airway, administer oral glucose 7.5g PO
  - If patient is not able to protect own airway, give dextrose IV/IO
    - < 6mo: 5ml/kg of D10W IV/IO,</p>
    - 6mo-2yrs: 2ml/kg of D25W IV/IO
    - > 2yrs: 1ml/kg of D50W IV/IO

ALS If IV/IO cannot be established: give Glucagon 0.1 mg/kg IM or IN

 Consider toxic exposure or ingestion: contact Medical Control and/or the Georgia Poison Center at 1-800-222-1222



#### **STOP**

Contact Medical Control or refer to local protocol.
Orders may include:



#### Document:

- Vital signs
- OPQRST/SAMPLE
- Cardiac rhythm
- Treatment
- Communication with medical control





Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date: Jil Mabley, MD, FAAEM
January 29, 2013

Pediatric Altered LOC (Continued)

ALS

ALS

If patient shows continued respiratory depression, consider administration of naloxone 0.01 mg/kg IV/IO slowly or IN

- If no clinical improvement, 0.1mg/kg, max 2mg
- Titrate naloxone administration to patient's respirations

Contact Medical Control for possible orders if patient appears agitated or violent.

	OU TIPPS: of Altered Mental Status
A: alcohol	T: trauma
E: electrolytes	I: infection
I: insulin (hypoglycemia)	P: poison
O: opiates	P: psychogenic
U: uremia	S: seizure; shock



|--|

Effective Date: Lik Mabley, ND, FAAEM
January 29, 2013

### **Pediatric Cold Related Emergencies**

Applies to patient's having a body temperature below 95°F (35°C) secondary to environmental exposure.

- First Impression
  - Appearance
- Breathing
- Circulation



- Primary Survey
  - Assure airway use least invasive means possible to secure airway
     Intubate only if necessary, as gently as possible
  - Assess breathing if signs of compromise, give O<sub>2</sub> as tolerated
    - Assist with BVM if apnea or ineffective respiratory effort
  - Assess circulation check for pulse, if no pulse begin CPR



# It may be necessary to assess pulse and respirations for up to 30-45 seconds to confirm arrest.

- If no pulse, initiate CPR and {AED/Defibrillator} using most current American Heart Association guidelines
  - If severe hypothermia (<86°F/30°C)is strongly suspected, limit defibrillation attempts to 1 and withhold medications
  - If body temperature is >86°F (30°C), treat in accordance with Pulseless Arrest guideline
  - Resuscitation efforts should continue until core temperature approaches normal.
- If pulse present, **Do Not** initiate CPR if there is any pulse present, no matter how slow
  - Treat bradycardia only if patient is hypotensive
- Assess disability assess LOC
- Exposure/environment carefully move patient to warm environment, remove all wet clothing, dry the patient, and cover with blankets



- Avoid any rough movement that may cause cardiac dysrhythmias. It may be beneficial to immobilize the patient on the backboard
- Secondary Assessment and History
  - Monitor vital signs and oxygen saturation
  - Perform blood glucose analysis treat hypoglycemia if present
     Initiate cardiac monitoring
  - Physical exam and OPQRST/SAMPLE history
- Initiate IV/IO normal saline administer 20ml/kg bolus if signs of shock
- Apply warm-packs to groin, axilla, neck and chest





Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Jil Mabley, MD, FAAEM

January 29, 2013

# Pediatric Cold Related Emergencies (Continued)

- Protect injured, frostbitten areas, do not rub or place on heated surface
  - Remove clothing and jewelry from injured parts
  - Do not attempt to thaw injured part with local heat
  - Severe frostbite injuries should be transported to a trauma center



#### **STOP**

Contact Medical Control or refer to local protocol. Orders may include:



#### Document:

- Vital signs
- OPQRST/SAMPLE
- Cardiac rhythm
- Treatment
- Communication with medical control

Consider morphine **or** fentanyl for pain relief when the patient is conscious, alert, is not hypotensive, and is complaining of severe pain

See Pain Management guideline



J. Patrick O'Neal, M	ID,
State EMS Medical Direct	or:

> Effective Date:

L'u mabley, MD, FAREM

Pahicle O Jack mis

January 29, 2013

### **Pediatric Fever**

Applies to patients with a body temperature of 100.4°F (38°C) or greater. Fever may be associated with seizures, hallucinations, and other forms of altered mental status. The febrile patient may be dehydrated.

- First Impression
  - o Appearance
- Breathing
- Circulation



- Primary Survey
  - Assure airway assure patency and proper positioning
  - Assess breathing give O<sub>2</sub> as tolerated by mask or blow-by
    - Assist with BVM if ineffective respiratory effort
  - Assess circulation manage shock appropriately
  - Assess disability assess LOC
  - o Exposure/environment undress the child as appropriate



Altered LOC and signs of poor perfusion could indicate shock and should be managed appropriately.



- Secondary Assessment and History
  - Monitor vital signs and oxygen saturation
  - ALS Initiate cardiac monitoring
  - Perform blood glucose analysis treat If BGA is less than 60mg/dl
  - Physical exam and OPQRST/SAMPLE history
    - Document history of fever and record temperature (forehead, ear, or tympanic membrane - if available)
- Initiate IV/IO normal saline administer 20ml/kg bolus if signs of shock, dehydration, hypotension, and/or sepsis
- If high grade fever (103°F or 39.5°C), initiate gradual cooling
  - Remove excessive clothing
  - O Consider placing moistened towels in axilla and groin
  - Do Not use ice or rubbing alcohol to cool
  - Avoid rapid cooling, **Do Not** allow patient to shiver
- Administer acetaminophen 15mg/kg PO if >4 hours since last antipyretic



#### **STOP**

Contact Medical Control or refer to local protocol. Orders may include:



#### Document:

- Vital signs
- OPQRST/SAMPLE
- Cardiac rhythm
- Treatment
- Communication with medical control
- Prepare for seizures, see Seizure guideline for management of seizures



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date: Jil Mabley, MD, FAREM
January 29, 2013

### **Pediatric Heat Related Emergencies**

Applies to patients with fatigue or altered level of consciousness secondary to environmental heat exposure.

- First Impression
  - Appearance
- Breathing
- Circulation



- Primary Survey
  - Assure airway assure patency and proper positioning
  - Assess breathing give O<sub>2</sub> as tolerated by mask or blow-by
    - Assist with BVM if ineffective respiratory effort
  - Assess circulation manage shock appropriately
  - Assess disability assess LOC
  - Exposure/environment remove the patient from the environment
    - Undress the child as appropriate
  - \*

Altered LOC and signs of poor perfusion could indicate shock and should be managed appropriately.



- Secondary Assessment and History
  - Monitor vital signs and oxygen saturation
  - ALS Initiate cardiac monitoring
  - Perform blood glucose analysis treat If BGA is less than 60mg/dl
  - Physical exam and OPQRST/SAMPLE history
- Initiate IV/IO normal saline administer 20ml/kg bolus if signs of shock, dehydration, and/or hypotension
- If conscious and not vomiting or extremely nauseous provide oral fluids
- If heat stroke suspected, active cooling with cold packs, water, and fan
- Signs/symptoms of heat stroke may include: hot, dry skin (25% of patients will still be moist), seizures, altered mental status, dilated pupils, rapid heart rate, or arrhythmia.



STOP
Contact Medical Control or refer to local protocol.



#### Document:

- Vital signs
- OPQRST/SAMPLE
- Cardiac rhythm
- Treatment
- Communication with medical control
- Prepare for seizures, see Seizure guideline for management of seizures.



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Jil Mabley, MD, FAREM

January 29, 2013

### **Pediatric Nausea/Vomiting**

Applies to patients presenting with prolonged vomiting, or those actively vomiting after EMS arrival with no other symptoms or complaints present. Assess any acute abdominal pain prior to resolving nausea/vomiting.

- First Impression
  - o Appearance
- Breathing
- Circulation



- Primary Survey
  - Assure airway have suction ready
  - Assess breathing if signs of compromise, give O<sub>2</sub> as tolerated
  - Assess circulation manage shock appropriately
  - Assess disability assess LOC
  - Exposure/environment undress the child as appropriate



- Secondary Assessment and History
  - Monitor vital signs and oxygen saturation
  - Perform blood glucose analysis treat hypoglycemia if present

ALS Consider cardiac monitoring

- Physical exam and OPQRST/SAMPLE history
- Keep the patient NPO
- Consider IV normal saline KVO rate
  - o If fluid resuscitation is needed, 20ml/kg bolus IV/IO normal saline



#### **STOP**

Contact Medical Control or refer to local protocol. Orders may include:



#### Document:

- Vital signs
- OPQRST
- Cardiac monitor
- Treatment
- Communication with medical control



ALS Ondansetron 0.1mg/kg IV/IO slowly or IM/IN/ODT, max 4mg



J. Patrick O'Neal, MD,
State EMS Medical Director:

Effective Date: Jil Mabley, MD, FAAEM
January 29, 2013

# **Pediatric Respiratory Distress**

Applies to patients presenting with inadequate ventilation or oxygenation; which may include increased or decreased respirations, cyanosis, nasal flaring, grunting, retractions, absent or diminished breath sounds, or decreased responsiveness

- First Impression
  - Appearance
- Breathing
- Circulation



- Primary Survey
  - Assure airway assure patency and proper positioning
  - Assess breathing give O<sub>2</sub> as tolerated by mask or blow-by
    - assist with BVM if ineffective respiratory effort
  - Assess circulation manage shock appropriately
  - Assess disability assess LOC
  - Exposure/environment undress the child as appropriate



- Secondary Assessment and History
  - Monitor vital signs and oxygen saturation
  - Auscultate breath sounds
  - Apply capnography (if available)
  - ALS Initiate cardiac monitoring
  - Physical exam and OPQRST/SAMPLE history
- If fever is present with any respiratory signs or symptoms or if the patient is coughing, sneezing or generating airborne droplets, a HEPA mask should be worn by EMS personnel to avoid transmission of infection.
- Consider IV normal saline KVO rate
- If wheezing or capnography indicates bronchospasm
  - Nebulize albuterol\* 2.5mg <15kg, 5mg>15kg
- If <u>strid</u>or and history and exam suggestive of croup
  - ALS Nebulize epinephrine 1:1000 2.5ml (in 3ml saline) <15kg, 5ml >15kg
- If laryngeal edema, obstruction or history and exam suggestive of epiglottitis
   Removal techniques if FBAO
  - ALS Needle cricothyrotomy (if BVM and/or non invasive procedures ineffective)
- Sign/symptoms of croup may include: ≤ 4 years old, low grade fever, inspiratory stridor, hoarseness, bark-like cough, recent URI.
- Sign/symptoms of epiglottitis may include: ≥ 3 years old, high grade fever, stridor, drooling, sore throat, dsyphagia, rapid onset of distress.





Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

January 29, 2013

# Pediatric Respiratory Distress (Continued)

ALS Advanced airway placement if decreased level of consciousness with respiratory failure or poor ventilatory effort (with hypoxia unresponsive to supplemental O2 at 100%) or unable to maintain patent airway.



#### **STOP**

**Contact Medical Control** or refer to local protocol. Orders may include:



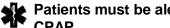
#### Document:

- Vital signs
- OPQRST/SAMPLE
- Cardiac rhythm
- Treatment
- Communication with medical control



Additional doses of albuterol\* q 5-10 min, or continuous Consider CPAP (if available)

#### **IMPORTANT**



Patients must be alert and able to maintain their own airway for CPAP.

- With CPAP, most patients will improve in 5-10 minutes. If no improvement within this time consider ventilation with a BVM.
- Indications for CPAP are constantly broadening. Local medical directors may authorize additional indications for CPAP.
- Local medical directors may also authorize the use of steroids, magnesium sulfate for the management of respiratory distress.



J. Patrick O'Neal, MD,
State EMS Medical Director:

Effective Date: Lik Mabley, ND, FAAEM

Pahicle O Jack mis

January 29, 2013

## **Pediatric Seizure**

Applies to patients actively seizing or those that have a history of seizures prior to EMS arrival.

- First Impression
  - Appearance
- o Breathing
- Circulation



- Primary Survey
  - Assure airway have suction ready
  - Assess breathing give O<sub>2</sub> as tolerated by mask or blow-by
    - Assist with BVM if ineffective respiratory effort
  - Assess circulation manage shock appropriately
  - Assess disability assess LOC
  - Exposure/environment undress the child as appropriate
  - Altered LOC and signs of poor perfusion could indicate shock and should be managed appropriately.



- Secondary Assessment and History
  - Monitor vital signs and oxygen saturation
  - Perform blood glucose analysis treat hypoglycemia if present

ALS Consider cardiac monitoring

- Physical exam and OPQRST/SAMPLE history
  - Obtain description of seizure activity duration and severity
  - Note any history of illness or trauma

ALS Advanced airway/ventilatory management as needed

- Initiate IV normal saline KVO rate
  - o If fluid resuscitation is needed, 20ml/kg bolus IV/IO normal saline
- If evidence of fever, initiate gradual cooling, remove excessive clothing
  - Consider placing moistened towels in axilla and groin
  - o **Do Not** use ice or rubbing alcohol to cool
  - o Avoid rapid cooling, **Do Not** allow patient to shiver



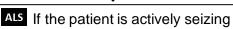
#### STOP

Contact Medical Control or refer to local protocol.
Orders may include:



#### Document:

- Vital signs
- OPQRST
- Cardiac monitor
- Treatment
- Communication with medical control



Midazolam\* 0.2 mg/kg IV/IO slowly or IM/IN, max 10mg



Jill Mabley, MD, Deputy EMS Medical Director:

> Effective Date:

Jil Mabley, MD, FAAEM
January 29, 2013

### **Pediatric Sickle Cell Crisis**

Applies to patients presenting with sickle cell crisis. The typical sickle cell EMS call in children is severe pain in the abdomen, chest, or joints, and/or difficulty breathing with hypoxia. Many of these patients are dehydrated.

- First Impression
  - o Appearance
- Breathing
- Circulation



- Primary Survey
  - Assure airway assure patency and proper positioning
  - Assess breathing give O<sub>2</sub> as tolerated by mask or blow-by to maintain SpO2 ≥ 94%
    - Assist with BVM if ineffective respiratory effort
  - Assess circulation manage shock appropriately
  - Assess disability assess LOC
  - o Exposure/environment undress the child as appropriate

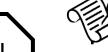


- Secondary Assessment and History
  - Monitor vital signs and oxygen saturation
  - ALS Initiate cardiac monitoring
  - OPQRST/SAMPLE history
  - Physical exam
- Keep the patient NPO
- Initiate IV/IO normal saline administer 20ml/kg bolus if signs of shock
- Comfort measures, such as support for painful joints.
- Assess the patient's pain
  - Ages 3-8 years use Wong-Baker FACES scale (below)
  - o Ages 8-18 years use numerical scale



#### **STOP**

Contact Medical Control or refer to local protocol.
Orders may include:



#### Document:

- Vital signs
- OPQRST/SAMPLE
- Cardiac rhythm
- Treatment
- Pain scale
- Communication with medical control



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Jil Mabley, MD, FAREM

January 29, 2013

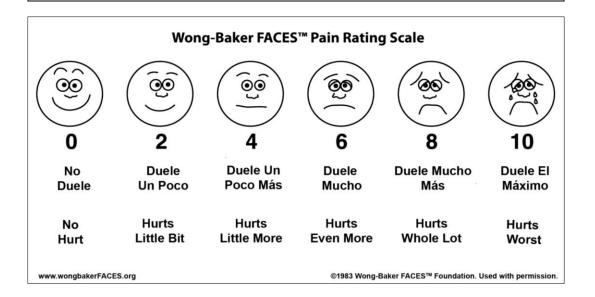
### Pediatric Sickle Cell Crisis (Continued)

If pain scale ≥ 6, consider morphine or fentanyl

Morphine - 0.1mg/kg IV/IO slowly or IM up to a 4 mg max Fentanyl - 1mcg/kg IV/IO slowly or IN up to a 75 mcg max

After intervention, reassess mental status, pain level, and signs of respiratory depression every 5 minutes.

- If respirations become depressed, consult Medical Control for possible naloxone order
- If patient becomes nauseated or vomits, consider administering ondansetron IV/IM/ODT 0.1 mg/kg, max 4 mg





J. Patrick O'Nea	al, MD,
State EMS Medical Di	rector:

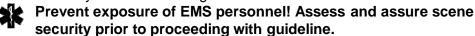
Effective Date:

January 29, 2013

### Pediatric Toxic Exposure

Applies to patients with toxic exposure secondary to the ingestion, inhalation, contact or intravenous administration of a potentially toxic substance.

Scene Safety and Initial Management



- 0 If toxic environment, have patient moved to safety by appropriately trained personnel using proper level PPE
- If signs of hazardous materials incident, call for HazMat team, keep patient(s) isolated in contaminated zone until HazMat team arrives
  - Coordinate efforts with HazMat personnel
- Identify agent and mechanism/route of exposure (inhaled, contact, etc.) 0
- Decontaminate as appropriate EMS personnel must be wearing PPE 0 prior to helping with the decontamination process



- Primary Survey
  - Assure airway have suction ready, keep the patient NPO
  - Assess breathing if signs of compromise, give O<sub>2</sub> as tolerated
    - Assist with BVM if ineffective respiratory effort
  - Assess circulation manage shock appropriately
  - Assess disability assess LOC 0
  - Exposure/environment take measures to prevent hypothermia, especially following decontamination



- Secondary Assessment and History
  - Monitor vital signs and oxygen saturation



### Pulse oximetry may not be accurate for toxic inhalation victims

- Perform blood glucose analysis treat hypoglycemia if present ALS Initiate cardiac monitoring
- Physical exam and OPQRST/SAMPLE history
  - Identify substance/toxin and amount of exposure
  - Determine mechanism, time, and duration of exposure
  - If ingestion, see *Toxic Ingestion* guideline
- Initiate IV/IO normal saline administer 20ml/kg bolus if signs of shock





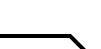
Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date: Jili Mabley, MD, FAAEM

January 29, 2013

# Pediatric Toxic Exposure (Continued)

- If known or suspected carbon monoxide poisoning
  - Provide 100% O<sub>2</sub> if not yet initiated
  - Monitor carbon monoxide saturation (if CO-oximetry is available)
  - Consult Medical Control for destination choice, including consideration of medical facilities equipped with a hyperbaric capability
- If organophosphate, carbamate, or nerve agent poisoning,
  - ALS Administer atropine 0.02 mg/kg IV/IO or IM every 3-5 minutes, titrate to clinical symtoms (drying of secretions)
  - Contact Georgia Poison Control 404-230-8989 for consultation and/or Chempack deployment. See *Chempack* in resources
- If patient is asymptomatic, monitor for delayed affects



#### **STOP**

Contact Medical Control or refer to local protocol. Orders may include:



#### Document:

- Vital signs
- Agent/mechanism of exposure
- Cardiac rhythm
- Treatment
- Communication with medical control

All suspected suicide attempts must be reported before leaving the scene.

EMS personnel may contact Poison Control directly. EMS personnel are directed to follow the advice offered by the Poison Control Center as if it came directly from Medical Control. Georgia Poison Control: 1-800-222-1222.



Frequently reassess patient, manage any presenting respiratory distress, seizures, and/or dysrhythmia's in accordance with appropriate guideline.



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

January 29, 2013

### **Pediatric Toxic Ingestion**

Applies to patients with an acute overdose and/or toxic ingestion.

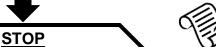
- First Impression
  - Appearance
- **Breathing**
- Circulation



- **Primary Survey** 
  - Assure airway have suction ready, keep the patient NPO
  - Assess breathing if signs of compromise, give O<sub>2</sub> as tolerated
    - Assist with BVM if ineffective respiratory effort
  - Assess circulation manage shock appropriately 0
  - Assess disability assess LOC
  - Exposure/environment undress the child as appropriate 0



- Secondary Assessment and History
  - Monitor vital signs and oxygen saturation
  - Perform blood glucose analysis treat hypoglycemia if present
  - ALS Consider cardiac monitoring
  - Physical exam and OPQRST/SAMPLE history
    - Identify substance/toxin and amount of exposure
- Initiate IV/IO normal saline administer 20ml/kg bolus if signs of shock



**Contact Medical Control** or refer to local protocol. Orders may include:



#### Document:

- Vital signs
- OPQRST/SAMPLE
- Cardiac rhythm
- Treatment
- Communication with medical control
- If calcium-channel blocker or beta-blocker overdose
  - ALS Glucagon 0.025-0.1mg/kg IV/IO slowly or IM/IN, max 1mg
- If narcotic overdose
  - ALS Naloxone 0.01 mg/kg IV/IO slowly or IN
    - If no clinical improvement, 0.1mg/kg, max 2mg
    - Titrate naloxone administration to patient's respirations
- If tricyclic antidepressants overdose with wide complex tachycardia

ALS Sodium Bicarbonate 1mEq/kg IV/IO slowly





J. Patrick O'Neal, M	ID,
State EMS Medical Direct	or:

Effective Date:

Jil Mabley, MD, FAAEM

January 29, 2013

# **Pediatric Toxic Ingestion (Continued)**

- If a stimulant/hallucinogen overdose (cocaine, amphetamine, ecstasy, etc.)
   ALS Midazolam\* 0.2mg/kg slowly IV/IO or IM/IN, max 10mg
  - Cool patient passively but do not allow patient to shiver
- If patient is asymptomatic, monitor for delayed affects



Frequently reassess patient, manage any presenting respiratory distress, seizures, and/or dysrhythmia's in accordance with appropriate guideline.

All suspected suicide attempts must be reported before leaving the scene.

EMS personnel may contact Poison Control directly. EMS personnel are directed to follow the advice offered by the Poison Control Center as if it came directly from Medical Control. Georgia Poison Control: 1-800-222-1222.



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Jil Mabley, MD, FAAEM

January 29, 2013

### **Pediatric Multiple System Trauma**

Applies to patients presenting with injury to more than one body system,

- First Impression
  - Appearance
- Breathing
- o Circulation



- Primary Survey
  - Assure airway assure patency, manually stabilize C-spine
  - Assess breathing give O<sub>2</sub> as tolerated by mask or blow-by
    - Assist with BVM if ineffective respiratory effort
    - Manage any injuries impairing ventilation
  - Assess circulation assess pulses and perfusion status
    - Control major bleeding and manage shock appropriately
  - Assess disability assess LOC, note any disability
  - Exposure/environment undress the child as appropriate
    - Take measures to prevent hypothermia



- Secondary Assessment and History
  - Physical exam and OPQRST/SAMPLE history
    - Expose and rapidly assess the head, chest, abdomen, pelvis and extremities for injury (evaluate patient's posterior when possible)
  - Monitor vital signs and oxygen saturation, determine GCS
  - Administer prehospital care and resuscitate as needed
  - Perform SMR, apply a rigid c-collar and secure to LSB
- Initiate patient transport as soon as possible

ALS Advanced airway/ventilatory management as needed

- Initiate IV/IO normal saline administer 20ml/kg bolus if signs of shock
- Revaluate ABCs and perform detailed/focused assessment of the head, neck, chest, abdomen, pelvis, and extremities x4 and repeat neuro exam
  - o Perform blood glucose analysis treat hypoglycemia if present
  - ALS Consider cardiac monitoring
- Continue resuscitation and evaluation enroute



#### **STOP**

Contact Medical Control or refer to local protocol.



#### Document:

- Vital signs
- OPQRST/SAMPLE
- Cardiac monitor
- Treatment
- Communication with medical control
- Manage any presenting respiratory distress, seizures, and/or dysrhythmia's in accordance with appropriate guideline.
- Consider transport to a trauma center (see CDC Field Triage in resources)



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Lile Mabley, ND, FAAEM

January 29, 2013

### **Pediatric Head and Spine Injuries**

Applies to patients presenting with injuries to the head or spine.

- First Impression
  - Appearance
- <u>Breathing</u>
- Circulation



- Primary Survey
  - Assure airway assure patency, manually stabilize C-spine
    - Have suction ready
  - Assess breathing give O₂, maintain SaO₂≥ 95%
    - Assist with BVM if ineffective respiratory effort



# Maintain normal ventilation rate if providing PPV, hyperventilation should be avoided unless signs of cerebral herniation

- Assess circulation assess pulses and perfusion status
  - Control major bleeding and manage shock appropriately
- Assess disability assess LOC, note any disability
- Exposure/environment undress the child as appropriate
  - Take measures to prevent hypothermia
  - Consider possibility of non-accidental trauma



- Secondary Assessment and History
  - Physical exam and OPQRST/SAMPLE history
    - Perform rapid trauma exam
    - Determine GCS, assess pupillary size and reaction
  - Monitor vital signs and oxygen saturation
  - Evaluate and treat other trauma
  - Perform SMR, apply a rigid c-collar and secure to LSB
- Initiate patient transport as soon as possible
- Als Advanced airway/ventilatory management as needed
  - o Initiate ETCO<sub>2</sub> monitoring (if available)
    - Maintain normal ventilation rate (ETCO<sub>2</sub> 35-40 mmHg)
  - Initiate IV/IO normal saline administer 20ml/kg bolus if signs of shock
  - Perform a detailed assessment of the patient
    - Revaluate ABCs, perform a detailed/focused physical assessment
    - Repeat neuro exam
    - Perform blood glucose analysis treat hypoglycemia if present

ALS Initiate cardiac monitoring





Jill Mabley, MD, Deputy EMS Medical Director:

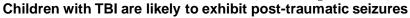
Effective Date: Jehick O' FAAEM

January 29, 2013

# Pediatric Head and Spine Injuries (Continued)

Frequently reassess for clinical signs of cerebral herniation: dilated and unreactive pupils, asymmetric pupils, extensor posturing or no motor

- response, decrease GCS > 2 points in patients with an initial GCS < 9.</li>
   Hyperventilation therapy titrated to clinical effect may be necessary for brief
- periods in cases of cerebral herniation or acute neurologic deterioration
  - Hyperventilation is administered as:
    - 25 breaths per minute in a child
    - 30 breaths per minute in an infant less than 1 year old
    - Maintain ETCO of 30-35 mmHg (if ETCO<sub>2</sub> monitoring is available)



• Manage any presenting seizures in accordance with Seizure guideline



STOP
Contact Medical Control or refer to local protocol.



- Ocument:

   Vital signs
- OPQRST/SAMPLE
- Cardiac monitor
- Treatment
- Communication with medical control
- If patient presents with bradycardia secondary to increased ICP or neurogenic shock, consult with Medical Control regarding management
- Consider transport to a trauma center (see CDC Field Triage in resources)



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

January 29, 2013

### **Pediatric Eye Trauma**

Applies to patients with blunt or penetrating trauma to the eye or who have chemical substances in the eye.

- First Impression
  - **Appearance**
- Breathing 0
- Circulation



- **Primary Survey** 
  - Assure airway initiate SMR if needed
  - Assess breathing initiate O<sub>2</sub> administration if needed
  - Assess circulation control bleeding and manage shock appropriately
  - Assess disability assess LOC, note any disability
  - Exposure/environment



- Secondary Assessment and History
  - Physical exam and OPQRST/SAMPLE history
    - Establish the mechanism and nature of injury



Assess vision, if possible, with injured eye: can the patient count the number of fingers you hold up; if not, can the patient perceive light

- Never apply pressure to the eyeball
- Monitor vital signs and oxygen saturation
- If the eye has been avulsed or if the globe has been ruptured,
  - Carefully cover the injured eye to protect it
  - 0 Prevent conjugated eye movements - also cover the uninjured eye
    - Do Not apply any pressure; Do Not apply absorbent dressing
- If a foreign body is embedded in the eye,
  - Do not attempt to remove the object
  - Do attempt to stabilize the object. 0
  - Carefully cover both eyes
- If eyes are injured by chemical exposure, pepper spray or mace:
  - Responders should protect themselves with appropriate PPE
  - Remove victim from source of exposure
  - Remove contaminated clothing and sealed in plastic bags
  - Irrigate eyes with copious amounts of water or normal saline



#### **STOP**

**Contact Medical Control** or refer to local protocol. Orders may include:



#### Document:

- Vital signs
- **OPQRST**
- Cardiac monitor
- Treatment
- Communication with
  - medical control
- Transport patient with head elevated about 30 degrees, and BOTH eyes closed or loosely patched (unless irrigating)
  - For pain, contact medical control or see Pain Management guideline



State EMS Medical Director:	J. Patrick O'Neal, MD,	
	State EMS Medical Director:	

Effective Date: Jil Mabley, MD, FAAEM

January 29, 2013

\_

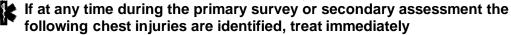
### **Pediatric Chest Trauma**

Applies to patients presenting with chest trauma.

- First Impression
  - Appearance
- Breathing
- Circulation



- Primary Survey
  - Assure airway assure patency, manually stabilize C-spine
  - Assess breathing give O<sub>2</sub> as tolerated by mask or blow-by
    - Assist with BVM if ineffective respiratory effort
    - Manage any injuries impairing ventilation
  - Assess circulation assess pulses and perfusion status
    - Control major bleeding and manage shock appropriately
  - Assess disability assess LOC, note any disability
  - Exposure/environment undress the child as appropriate
    - Take measures to prevent hypothermia



- For penetrating trauma or sucking chest wound
  - Seal initially with a glove hand
  - Apply occlusive dressing, tape on (3) sides
  - Monitor for tension pneumothorax
- o For flail segment rare in children
  - Stabilize with bulky dressing
    - gentle pressure, Do not impair ventilation
  - Provided positive pressure ventilation as needed
- Tension pneumothorax

ALS Perform needle decompression on affected side



- Secondary Assessment and History
  - Physical exam and OPQRST/SAMPLE history
    - Perform rapid trauma exam
    - Examine the chest for bruising, abrasions, instability, crepitus, and/or open wounds
    - Auscultate breath sounds and heart tones
  - Monitor vital signs and oxygen saturation, determine GCS
  - o Administer prehospital care and resuscitate as needed
  - Perform SMR, apply a rigid c-collar and secure to LSB
- Initiate patient transport as soon as possible
- Advanced airway/ventilatory management as needed





J. Patrick O'Neal, M	D,
State EMS Medical Direct	or:

> Effective Date:

January 29, 2013

### **Pediatric Chest Trauma**

- Initiate IV/IO normal saline administer 20ml/kg bolus if signs of shock
- Revaluate ABCs and perform detailed/focused assessment of the head, neck, chest, abdomen, pelvis, and extremities x4 and repeat neuro exam
  - Frequently reevaluate patients respiratory and perfusion status
  - Auscultate breath sounds 0
  - Apply capnography (if available)
  - Perform blood glucose analysis treat hypoglycemia if present ALS Initiate cardiac monitoring - treat dysrhythmia's in accordance with appropriate guideline
- Continue resuscitation and evaluation enroute



#### **STOP**

**Contact Medical Control** or refer to local protocol.



#### ocument:

- Vital signs
- OPQRST/SAMPLE
- Cardiac monitor
- Treatment
- Communication with medical control

Consider transport to a trauma center (see CDC Field Triage in resources)

#### **IMPORTANT - NEEDLE CHEST DECOMPRESSION**



Indications: Peri-arrest or PEA; shock, with hypotension; and at least one of the following:

- Neck vein distention
- Tracheal deviation away from the injured side
- Increased resistance when ventilating
- Hyper-expanded chest with little movement with respiration



Needle chest decompression should never be utilized based solely on the presence of poor or absent breath sounds on one side of the chest. The procedure has complications, and should not be used lightly. However, when used appropriately, it can be life-saving.

CAUTION: Overly aggressive PPV may cause a pneumothorax or exacerbate an existing pneumothorax.



	J. Patrick O'Neal, MD,
State	e EMS Medical Director:

Effective Date: January 29, 2013

### Pediatric Abdominal and Pelvic Trauma

Applies to patients presenting with injury to abdomen and/or pelvis.

- First Impression
  - Appearance
- Breathing
- Circulation



- Primary Survey
  - Assure airway assure patency, manually stabilize C-spine
    - Assess breathing give O<sub>2</sub> as tolerated by mask or blow-by
      - Assist with BVM if ineffective respiratory effort
    - Assess circulation assess pulses and perfusion status
      - Control major bleeding and manage shock appropriately
    - Assess disability assess LOC, note any disability
    - Exposure/environment undress the child as appropriate
      - Take measures to prevent hypothermia



- Secondary Assessment and History
  - Physical exam and OPQRST/SAMPLE history
    - Perform rapid trauma exam.
    - Note any abdominal rigidity, distention, tenderness, etc.
    - Note any pelvic instability
    - Monitor vital signs and oxygen saturation, determine GCS
  - For evisceration do not attempt to replace protruding organs
    - Apply a moistened sterile dressing directly to the site
    - Cover this dressing with an occlusive dressing
    - Place patient on their back, with legs flexed at the knees, to reduce pain by relaxing the strain on the abdominal muscles
  - For impaled objects do not remove an impaled object
    - Carefully cut away any clothing that is around the object
    - Manually stabilize object avoid applying pressure to the object
    - Use bulky dressings and cravats to stabilize object
    - Minimize patient movement

If impaled object removed before your arrival, try to bring it with you.

- Perform SMR, apply a rigid c-collar and secure to LSB
- Initiate patient transport as soon as possible





Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date: Jil Mabley, MD, FAAEM

January 29, 2013

### **Pediatric Abdominal and Pelvic Trauma**

ALS Advanced airway/ventilatory management as needed

- Initiate IV/IO normal saline administer 20ml/kg bolus if signs of shock
- Revaluate ABCs and perform detailed/focused assessment of the head, neck, chest, abdomen, pelvis, and extremities x4 and repeat neuro exam
  - Perform blood glucose analysis treat hypoglycemia if present

ALS Consider cardiac monitoring

Continue resuscitation and evaluation enroute



#### **STOP**

Contact Medical Control or refer to local protocol.



#### Document:

- Vital signs
- OPQRST/SAMPLE
- · Cardiac monitor
- Treatment
- Communication with medical control

• Consider transport to a trauma center (see CDC Field Triage in resources)



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date: Lik Mabley, MD, FAAEM

January 29, 2013

**Pediatric Extremity Trauma** 

Applies to patients presenting with extremity trauma.

- First Impression
  - Appearance
- Breathing
- Circulation



- Primary Survey
  - Assure airway initiate SMR if needed
  - Assess breathing give O<sub>2</sub> as tolerated by mask or blow-by
  - Assess circulation control bleeding and manage shock appropriately
    - Direct pressure is usually sufficient
    - Tourniquet may applied as last resort
  - Assess disability assess LOC, note any disability
  - Exposure/environment



- Secondary Assessment and History
  - Physical exam and OPQRST/SAMPLE history
    - Establish the mechanism and nature of injury
  - Monitor vital signs and oxygen saturation
  - For fractures or dislocation
    - Assess distal pulse, motor and sensation before/after splinting and during transport
    - If open fractures, control bleeding and cover with dry, sterile dressing.
    - If the extremity is severely angulated AND pulses are absent, apply gentle traction in an attempt to straighten it
    - Otherwise if pulses are present or if resistance is encountered, splint the extremity in the angulated position
    - Apply appropriate splinting device
    - To reduce swelling, elevate extremity and apply cold pack
  - For amputation if located initiate care for amputated part
    - Remove gross contaminants by rinsing with saline
    - Wrap in saline moistened gauze and place in plastic bag or container (sterile, if available)
    - Seal the bag or container tightly and place in solution of ice water, if available
    - Transport part to the hospital regardless of the condition
    - If the part cannot be immediately located, transport the patient and have other field providers search for and transport the part as soon as possible
- Initiate patient transport as soon as possible





Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date: Lil Mabley, MD, FAAEM

January 29, 2013

### **Pediatric Extremity Trauma**

- Initiate IV/IO normal saline administer 20ml/kg bolus if signs of shock
- Revaluate patient's ABCs and perform a detailed/focused assessment
   Consider cardiac monitoring

1

**STOP** 

Contact Medical Control or refer to local protocol. Orders may include:



#### Document:

- Vital signs
- Neurovascular status of extremity before and after management
- · Cardiac monitor
- Treatment
- Communication with

medical control

For pain, contact medical control or see Pain Management guideline
 Consider transport to a trauma center (see CDC Field Triage in resources)



Jill Mabley, MD, Deputy EMS Medical Director:

> Effective Date:

Jil Mabley, MD, FAREM

January 29, 2013

### **Pediatric Trauma Arrest**

Applies to trauma patients with absent vital signs. Patients with injuries incompatible with life are covered under the *Withholding or Termination of Resuscitation* Guideline.

- First Impression
  - Appearance
- Breathing
- o Circulation



- Primary Survey
  - Assess for signs of life
  - Initiate spinal motion restriction
  - Begin high quality CPR and restrict interruptions of compressions as much as possible
  - Assure airway/ventilatory support a blind insertion airway device (BIAD) or a supra-glottic airway (SGA) may be inserted early, otherwise ventilate with a BVM and 100% oxygen
  - Do not attempt insertion of a tracheal tube for the first five minutes of the resuscitation attempt, except in the presence of stridor
  - Ventilate with 100% oxygen only until the chest rises at a rate of 6-8 per minute (do not over-ventilate)
  - Control life-threatening bleeding
  - Airway management, bleeding control and rapid transport are the most important interventions for victims of traumatic arrest. Minimize scene time to 10 minutes or less, barring extrication time), and perform only critical interventions before transport.



- Secondary Assessment and History
  - Attempt to obtain OPQRST /SAMPLE History, if relevant, prior to transport
  - o Begin transport as soon as possible. Minimize scene time
  - o Continue guideline en route
  - o Move as rapidly and safely as possible toward an appropriate facility
  - Initiate cardiac monitoring
    - Manage dysrhythmias per appropriate guideline
  - Initiate ETCO<sub>2</sub> monitoring (if available)
- ALS Advanced airway/ventilatory management as needed
- Continue with compressions until return of adequate pulses
- Establish IV/IO access using normal saline with rapid infusion and monitor for the return of a palpable pulse. If a pulse is restored, titrate the infusion rate to a blood pressure of 80-90 systolic





Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Jil Mabley, MD, FAAEM

January 29, 2013

# **Pediatric Trauma Arrest (Continued)**

If mechanism of injury, symptoms, and physical exam suggests a tension pneumothorax, consider needle decompression on the affected side(s)

STOP
Contact Medical Control or refer to local protocol.

Document:

- Mechanisms of injury
- ROSC/Vital sign changes if relevant
- Cardiac rhythm(s)
- Treatment
  - advanced airway procedures w/ ETCO<sub>2</sub> (if available)
  - medications administrated
- Available History
  - Communication with medical control
- Transport decisions must be determined by the local EMS agency, due to many local and regional variations of resources
- Contact Medical Control with patient status and treatment as soon as possible



J. Pati	ick O'Neal, MD,
State EMS N	Medical Director:

Effective Date: Mabley, MD, FAAE
January 29, 2013

# **Pediatric Burns**

Applies to patients who have sustained thermal, chemical or electrical bums and/or have sustained inhalation injuries. Hypotension is not normally seen with prehospital burn patients. Hypotension suggests other trauma. Refer to the trauma guidelines as needed.

- Assure scene safety
- Remove from burning process if possible (only if properly trained)
- First Impression
  - Appearance
- Breathing
- Circulation



- Primary Survey
  - Assess LOC AVPU
  - Assure airway be prepared to aggressively manage the airway
  - Assess breathing give O₂ as tolerated to maintain SpO2 ≥ 94%
  - Assess circulation manage bleeding and shock appropriately
  - Assess disability assess LOC
  - Exposure/environment Cover with dry sterile dressing, children are more susceptible to hypothermia, so medic cabin must be warmed
  - Look closely for evidence of inhalation injury (hoarseness, stridor, sooty sputum, facial burns, or singed nasal or facial hair). Aggressive airway management may be warranted.
    - Burn victims may have suffered carbon monoxide poisoning and may show a false reading on the pulse oximeter.



- Initial Burn Management
  - Initiate spinal movement restrictions, as needed
    - If no suspicion of spinal injury, place the patient in position of comfort.
    - If evidence of shock, place the patient supine and monitor airway closely. Treat shock according to the Shock guideline
  - o Remove and secure any jewelry, belts, shoes, etc. from burned areas.
  - Remove burned or singed clothing not stuck to the skin
  - Initiate care for burn wounds
    - Chemical injury brush off chemical, flush with water to remove any residual chemical
    - Electrical injury treat dysrhythmias per appropriate guideline
    - Thermal injury dry sterile dressings
  - Begin transport as soon as possible
    - If no other trauma mechanism, consider transport to burn center
    - If trauma mechanism exists, consider transport to a trauma center
    - Transport patients with an unmanageable airway or uncontrolled hemorrhage to the closest hospital emergency department





Jill Mabley, MD, Deputy EMS Medical Director:

> Effective Date:

Jil Mabley, MD, FAREM
January 29, 2013

Pediatric Burns (Continued)

ALS Advanced airway/ventilatory management as needed

- Secondary Assessment and History
  - Record and monitor vital signs, oxygen saturation, and CO-
  - Monitor carbon monoxide saturation (if CO-oximetry is available)

ALS Initiate cardiac monitoring

- Assess
  - Possible carbon monoxide poisoning
  - Heat inhalation injury/airway
  - Approximate burn size, depth, and location
  - Other injuries and illnesses
- Initiate IV/IO normal saline see below
  - Do not delay transport for IV access



### **STOP**

Contact Medical Control or refer to local protocol.
Orders may include:



For pain management, see Pain Management guideline

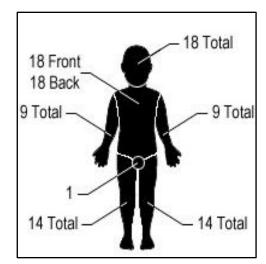
### **Initial Fluid Resuscitation**

- If patient presents with shock
  - Initiate IV/IO of NS 20ml/kg bolus
- Otherwise, administer fluid infusion
  - 125ml/hr NS for patients < 5 yrs</li>
  - Or 250ml/hr for patients 5-13 yrs
  - o Or 500ml/hr for patients >14 yrs
- Once the patients wt. in kilograms and percent second and third degree burn is calculated, consult Medical Control or utilize Burn Fluid Resuscitation Formula



### Document:

- Vital signs
- Burn type, location, size, and depth
- Cardiac rhythm
- Treatment
- Communication with medical control



To calculate body surface area involved, use Rule of Nines or estimate using the patient's palm size as approximately 1% of BSA



	J. Patrick O'Neal, MD,
State	e EMS Medical Director:

Effective Date: J. Pakick ( your M.) Lile Mabley, MD, FAAEM

January 29, 2013

# **Pediatric Snakebite**

Special Note: Safety of rescue personnel is top priority! Assure scene safety and determine location of snake. Do not transport snake. (A picture will suffice.) DEAD SNAKES ARE STILL DANGEROUS!

- First Impression
  - o Appearance
- Breathing
- Circulation



- Primary Survey
  - Assure airway assure patency and proper positioning
  - Assess breathing give O<sub>2</sub> as tolerated by mask or blow-by
    - Assist with BVM if ineffective respiratory effort
  - Assess circulation manage shock appropriately
  - Assess disability assess LOC
  - Exposure/environment undress the child as appropriate



- Secondary Assessment and History
  - o Monitor vital signs and oxygen saturation
  - Perform blood glucose analysis treat hypoglycemia if present
     Consider cardiac monitoring
  - Physical exam and OPQRST/SAMPLE history
    - Assess for swelling, skin color changes, shock



Mark on skin the leading edge of swelling and erythema and record time, repeat if leading edge progression.

- If able, safely determine type, size, and length of snake
- ALS Advanced airway/ventilatory management as needed
  - Place patient in position of comfort. Minimize movement and exertion
  - Do not place bitten extremity in an elevated or lowered position
  - Clean wound apply light dressing, unless wound is bleeding profusely
    - No ice, no constricting bands, no cutting
  - Initiate IV/IO normal saline administer 20ml/kg bolus if signs of shock



# **STOP**

Contact Medical Control or refer to local protocol.



- Vital signs
- OPQRST
- Cardiac monitor
- Treatment
- Communication with
  - <u>medical control</u>
- Frequently reassess patient, manage any presenting respiratory distress, seizures, and/or dysrhythmia's in accordance with appropriate guideline
- Contact Medical Control for pain management



	J. Patrick O'Neal, MD,
State	EMS Medical Director:

Effective Date: Jil Mabley, MD, FAAEM

January 29, 2013

# **Pediatric Submersion Event**

Applies to any patient that has been submerged under water for any period of time.

Special Note: Safety of rescue personnel is top priority! Enter water only if trained and as a last resort.

- First Impression
  - Appearance
- Breathing
- Circulation



- Primary Survey
  - Assure airway assure patency and proper positioning
    - Consider SMR if evidence of trauma
    - Assess breathing give O<sub>2</sub> as tolerated by mask or blow-by
      - Assist with BVM if ineffective respiratory effort
    - Assess circulation manage shock appropriately
    - Assess disability assess LOC
    - Exposure/environment take measures to prevent hypothermia
      - Remove wet clothes
      - Cover and warm the patient



- Secondary Assessment and History
  - Monitor vital signs and oxygen saturation
  - Perform blood glucose analysis treat hypoglycemia if present
  - ALS Consider cardiac monitoring
  - Physical exam and OPQRST/SAMPLE history

ALS Advanced airway/ventilatory management as needed

- Initiate IV/IO normal saline administer 20ml/kg bolus if signs of shock
- If patient is hypothermic, refer to Cold Related Emergencies guideline



STOP
Contact Medical Control
or refer to local protocol.



Document:

- Vital signs
- OPQRST
- Cardiac monitor
- Treatment
- Communication with
  - medical control

ALL SUBMERSION VICTIMS SHOULD BE TRANSPORTED EVEN IF THEY APPEAR UNINJURED OR APPEAR TO HAVE RECOVERED.

# **Adult Clinical Guidelines**



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

J. Pakick O yack M.) Lile Mabley, MD, FAREM

January 29, 2013

# **Adult Guidelines**

### **Contents**

Adult clinical guidelines

Adult Assessment Page 79
Pain Management Pages 80-81
Shock Management Pages 82-83

Adult cardiac emergencies

Bradycardia Page 84
Tachycardia Pages 85-86
Pulseless Arrest Page 87
Post Resuscitation Page 88
Left Ventricular Assist Device (LVAD) Page 89

Adult medical emergencies

Abdominal Discomfort Page 90
Allergic Reaction/Anaphylaxis Page 91
Altered Level of Consciousness Page 92
Chest Pain Pages 93-94
Childbirth Pages 95-96
Cold Related Emergencies Pages 97-98

Heat Related Emergencies Page 99
Hypertensive Crises Page 100
Nausea and Vomiting Page 101
OB/GYN Emergencies Page 102

Respiratory Distress Pages 103-104
Seizure Page 105

Stroke Page 106
Toxemia Page 107

Toxic Exposure Pages 108-109

Toxic Ingestion Page 110

Adult trauma emergencies

Multiple TraumaPage 111Head and Spine TraumaPages 112-113Eye TraumaPage 114

Chest Trauma Pages 115-116
Abdominal and Pelvic Trauma Pages 117-118
Extremity Trauma Pages 119-120
Trauma Arrest Pages 121-122

Burns Pages 123-124
Snakebite Page 125
Submersion Page 126



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date: January 29, 2013

Pahicle O Jack mis

Adult Assessment

- Primary Survey
  - Assess LOC determine responsiveness, utilize AVPU scale
  - Assure airway assess airway patency
    - Open, clear, and maintain airway
    - Simultaneously initiate SMR if indicated
  - Assess breathing assess rate and quality of breathing 0
    - Assure adequate ventilation
    - Initiate appropriate oxygen therapy
  - Assess circulation assess pulses and perfusion status
    - Control major bleeding
    - Manage shock appropriately

Perform necessary interventions for all identified life-threats and determine patient priority.





**Initiate Secondary Assessment and History** If new life threats identified, treat immediately!





If primary survey is abnormal, minimize scene time. Perform only necessary interventions, such as SMR, initial airway management, BVM ventilation, and control of major bleeding, in the field.

- Continue SMR support as indicated. If no spinal injury is suspected, place the patient in position of comfort
- Initiate basic care for specific injuries
- Perform physical examination
  - Expose and examine any potentially injured area.
  - Take measures to prevent hypothermia
- Monitor vital signs and SpO2
- ALS Consider cardiac monitoring Consider ETCO2 monitoring (If available)
- If indicated, perform blood glucose analysis
- Obtain OPQRST/SAMPLE history
  - Onset
- Signs, Symptoms
- Provocation
- Allergies
- Quality
- Medications
- Region, Radiation -
- **PPMHx**
- Severity Time
- Last Oral Intake
- **Events** proceeding illness or injury
- Perform ongoing assessment
  - Repeat primary survey and vital signs
  - Evaluate response to treatment
  - Repeat physical exam

- If patient is unresponsive or has a diminished LOC, perform a rapid headto-toe examination to rule out presence of trauma and identify medically significant physical findings.
- Obtain OPQRST/SAMPLE history
  - Onset
- Signs, Symptoms
- Provocation
- Alleraies Medications
- Quality
  - **PPMHx** Region, Radiation -
- Severity
- Last Oral Intake
- Time
- Events
  - proceeding illness or injury
- Perform physical examination
- Monitor vital signs and SpO2
- ALS Place patient on cardiac monitor
- ALS Consider 12-lead ECG (if available)
- Consider ETCO2 monitoring (If available)
- Perform blood glucose analysis
- Perform ongoing assessment
  - Repeat primary survey and vital signs
  - Evaluate response to treatment
  - Repeat physical exam



- Vital signs
- OPQRST/SAMPLE
- **Environment observations**
- Treatment
- Communication with medical control



	J. Patrick O'Neal, MD,
State	EMS Medical Director:

Effective Date:

Jil Mabley, MD, FAAEM

January 29, 2013

# **Pain Management**

Applies to patients suffering from severe pain or discomfort, including from isolated extremity injuries, musculoskeletal or soft tissue injuries, flank pain due to suspected kidney stone, sickle cell crisis, burns, and other causes.

- Primary Survey
  - Assess LOC AVPU
  - Assure airway Have suction ready
    - Consider SMR if evidence of trauma
  - $\circ$  Assess breathing give supplemental O $_{2}$  if signs of compromise or  ${\rm SpO_{2}}\!<\!94\%$
  - Assess circulation manage bleeding and/or shock appropriately



- Secondary Assessment and History
  - > Place the patient in position of comfort and minimize patient exertion
    - If hypotensive, place supine, treat according to *Shock* guideline
  - Monitor vital signs and oxygen saturation
  - Initiate ETCO<sub>2</sub> monitoring (if available)

ALS Cardiac monitor - record and evaluate 12-lead ECG (if available)

- OPQRST/SAMPLE history
- Physical Exam
- Place patient in position of comfort
- Immobilize any obvious injuries
  - Elevate injured extremities, if possible
  - Consider application of a cold pack
- Keep the patient NPO
- Initiate IV/IO normal saline administer 20ml/kg bolus if signs of shock



# **STOP**

Contact Medical Control or refer to local protocol.
Orders may include:



- Vital signs
- OPQRST/SAMPLE
- Cardiac rhythm
- Treatment
- Pain scale
- Communication with medical control





Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Jil Mabley, MD, FAREM

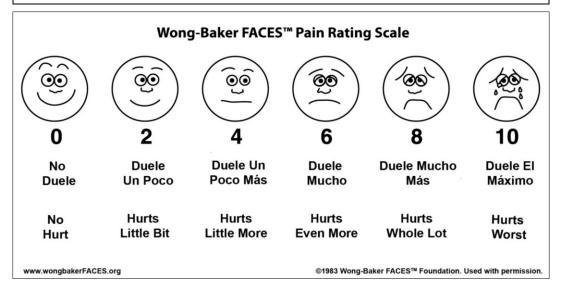
January 29, 2013

# **Pain Management (Continued)**

- Assess the patient's pain
  - Use numerical scale or Wong-Baker FACES scale (below)
- Consider administration of morphine or fentanyl
  - ALS ALS

ALS Morphine - 2 mg increments IV/IO slowly

- Titrate administration to pain relief
- Fentanyl 25-100 mcg IV/IO slowly or IN
  - Titrate administration to pain relief
- After intervention, reassess mental status, pain level, blood pressure and signs of respiratory depression every 5 minutes.
  - If respirations become depressed, consult Medical Control for possible naloxone order
  - If patient becomes nauseated or vomits, consult Medical Control





J. Patrick O'Neal, MD,
State EMS Medical Director:

Effective Date:

Lile Mabley, MD, FAREM

January 29, 2013

# **Shock Management**

Applies to patients presenting with signs and symptoms consistent with shock.

All forms of shock are associated with inadequate tissue perfusion.

- Primary Survey
  - Assess LOC AVPU
  - Assure airway Assure patency and proper positioning
    - Consider SMR if evidence of trauma
  - Assess breathing Assist with BVM if ineffective respiratory effort
    - Give supplemental O<sub>2</sub> if signs of compromise or SpO<sub>2</sub> < 94%</li>
  - Assess circulation Control bleeding if present
    - Take measures to prevent hypothermia



- Secondary Assessment and History
  - Monitor vital signs and oxygen saturation
  - Perform blood glucose analysis treat hypoglycemia if present
  - Initiate cardiac monitoring treat dysrhythmias per appropriate guideline
  - Initiate ETCO<sub>2</sub> monitoring (If available)
  - OPQRST/SAMPLE history
  - Physical exam
- Keep the patient NPO

ALS Advanced airway/ventilatory management as needed

- Initiate IV/IO
  - For hypovolemic shock, administer normal saline 20ml/kg
  - For cardiogenic shock, administer normal saline at KVO rate
  - For all other types of shock, administer normal saline 20ml/kg
  - Fluid boluses may be repeated x 1 titrate to clinical effect
- Attempt to identify cause and treat in accordance with appropriate guideline (tension pneumothorax, overdose, trauma, etc.)
- Initiate patient transport as soon as possible
- Continue resuscitation and evaluation enroute frequently revaluate ABCs and mental status



### STOP

Contact Medical Control or refer to local protocol. Orders may include:



### Document:

- Vital signs
- OPQRST/SAMPLE
- Cardiac rhythm
- Treatment
- Communication with medical control



**CONTINUED ON NEXT PAGE** 



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Lile Mabley, MD, FAAEM

January 29, 2013

# **Shock Management (Continued)**

- If patient deteriorates or fails to improve, Medical Control may authorize the following
  - o For hypovolemic shock, administer additional 20ml/kg NS bolus
  - For cardiogenic shock, assure rate and rhythm have been treated
     Consider dopamine drip 2-20 mcg/kg/minute titrate to clinical effect
  - For all other types of shock, administer normal saline 20ml/kg

		Do	pamin	e Infus	sion: St	tandar	d 1600ı	mcg/m	l Conce	entratio	on	
We	Weight Milliliters hour or drops per minute with micro drip tubing (60gtt/ml)											
lbs	kg	2 mcg/kg/hr	3 mcg/kg/hr	4 mcg/kg/hr	5 mcg/kg/hr	6 mcg/kg/hr	7 mcg/kg/hr	8 mcg/kg/hr	9 mcg/kg/hr	10 mcg/kg/hr	15 mcg/kg/hr	20 mcg/kg/h
77	35	3	4	5	7	8	9	10	11	13	20	26
88	40	3	5	6	8	9	11	12	14	15	23	30
99	45	3	5	7	8	10	12	14	15	17	25	34
110	50	4	6	8	9	11	13	15	17	19	28	38
121	55	4	6	8	10	12	14	17	19	21	31	41
132	60	5	7	9	11	14	16	18	20	23	34	45
143	65	5	7	10	12	15	17	20	22	24	37	49
154	70	5	8	11	13	16	18	21	24	26	39	53
165	75	6	8	11	14	17	20	23	25	28	42	56
176	80	6	9	12	15	18	21	24	27	30	45	60
187	85	6	10	13	16	19	22	26	29	32	48	64
198	90	7	10	14	17	20	24	27	30	34	51	68
209	95	7	11	14	18	21	25	29	32	36	53	71
220	100	8	11	15	19	23	26	30	34	38	56	75
231	105	8	12	16	20	24	28	32	35	39	59	79
242	110	8	12	17	21	25	29	33	37	41	62	83
253	115	9	13	17	22	26	30	35	39	43	65	86



Effective Date: Liu Mabley, MD, FAAEM

January 29, 2013

# **Bradycardia**

Applies to patients with a heart rate < 60 beats per minute. This guideline is not intended for patients with bradycardia secondary to increased intracranial pressure.

- Primary Survey
  - Assess LOC AVPU
  - Assure airway assure patency and proper positioning
  - $\circ$  Assess breathing give supplemental O $_{2}$  if signs of compromise or  ${\rm SpO}_{2}{<}\,94\%$
  - Assess circulation peripheral pulses, CRT, skin color/temp



- Secondary Assessment and History
  - Monitor vital signs and oxygen saturation
  - o Perform blood glucose analysis treat hypoglycemia if present

Cardiac monitor - record and evaluate 12 Lead ECG (if available)

- Do not delay therapy for 12 lead acquisition
- Consider ETCO2 monitoring (if available)
- Physical exam and OPQRST/SAMPLE history
- Initiate IV/IO normal saline KVO
  - 2<sup>nd</sup> IV line can be established, if time permits
- If patient is asymptomatic (i.e. No hypotension, AMS, DIB, signs of shock, ischemic chest discomfort, or acute heart failure), monitor and transport.
- If signs of cardiopulmonary compromise,
  - ALS If IV/IO access is quickly achieved, administer Atropine 0.5-1mg
    - May repeat every 3-5 min, max 3mg

If IV/IO access is delayed **OR** the bradycardia is second-degree type II (fixed PR interval) or third-degree heart block **OR** if atropine is ineffective, consider transcutaneous pacing (TCP)

If conscious, consider administration of midazolam 1-2.5mg IV/IO slowly or IN prior to pacing (Caution: Monitor Respirations)



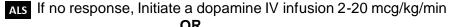
### **STOP**

Contact Medical Control or refer to local protocol.
Orders may include:



### Document:

- Vital signs
- Pertinent assessment findings
- Onset/duration of event
- Treatment
- Communication with medical control



ALS Initiate an epinephrine IV infusion 2-10mcg/min



J. Patrick O'Nea	al, MD,
State EMS Medical Di	rector:

Effective Date: Lily Mabley, MD, FAAEM January 29, 2013

# **Tachycardia**

Applies to patients who present with a palpable pulse rate > 150.

- Primary Survey
  - o Assess LOC AVPU
  - Assure airway assure patency and proper positioning
  - Assess breathing give supplemental O<sub>2</sub> if signs of compromise or SpO<sub>2</sub> < 94%</li>
  - Assess circulation peripheral pulses, CRT, skin color/temp



- Secondary Assessment and History
  - Monitor vital signs and oxygen saturation
  - Perform blood glucose analysis treat hypoglycemia if present

ALS Cardiac monitor - record and evaluate 12 Lead ECG (if available)

- Do not delay therapy for 12 lead acquisition
- Consider ETCO2 monitoring (if available)
- Physical exam and OPQRST/SAMPLE history
- Initiate IV/IO normal saline KVO
  - 2<sup>nd</sup> IV line can be established, if time permits
- Advanced airway/ventilatory management as needed
  - Attempt to rule out sinus tachycardia as a potential cause of the symptoms. 220 minus the patient's age is the upper limit of sinus tach.
- If sinus tachycardia, search for and treat causes hypovolemia, dehydration, etc.
- For narrow-complex tachycardia:
  - If no hypotension, acute AMS, signs of shock, ischemic chest discomfort, and/or acute heart failure
    - ALS If narrow-complex, attempt Valsava and other vagal maneuvers If regular, consider adenosine IV/IO
      - 1st Dose 6mg, administer rapidly followed by 20 ml NS flush
      - 2<sup>nd</sup> Dose 12mg (if required)
  - If signs of cardiopulmonary compromise,
    - ALS If IV/IO access is quickly achieved, administer adenosine IV/IO
      - 1st Dose 6mg, administer rapidly followed by 20 ml NS flush
      - 2<sup>nd</sup> Dose 12mg (if required)

OR

ALS Perform immediate synchronized cardioversion

ALS If conscious, consider administration of midazolam 1-2.5mg

IV/IO slowly or IN prior to cardioversion (Monitor Respirations)



CONTINUED ON NEXT PAGE



J. Patrick O'Neal, Mi State EMS Medical Directo	

Effective Date: Jil Mabley, MD, FAREM
January 29, 2013

# **Tachycardia (Continued)**

- For wide- complex tachycardia (≥0.12 sec)
  - If no hypotension, acute AMS, signs of shock, ischemic chest discomfort, and/or acute heart failure
    - ALS If regular and monomorphic consider adenosine IV/IO
      - 1st Dose 6mg, administer rapidly followed by 20 ml NS flush
      - 2<sup>nd</sup> Dose 12mg (if required)
  - o If signs of cardiopulmonary compromise,
    - ALS Perform immediate synchronized cardioversion
      - If conscious, consider administration of midazolam\* 1-2.5mg IV/IO slowly or IN prior to cardioversion (Monitor Respirations)
- If at any time a cardiac rhythm other than tachycardia is noted, treat based on the appropriate guideline



# **STOP**

Contact Medical Control or refer to local protocol.



### Document:

- Vital signs
- History
- Cardiac rhythm
- Treatment
- Communication with medical control
- If tachycardia persist despite synchronized cardioversion and/or adenosine administration,
  - If narrow complex tachycardia, consider additional antidysrhythmics as per Medical Control
  - If wide-complex tachycardia, consider amiodarone\*\* 150mg IV/IO over 10 minutes may repeat dose once
  - Consider following with maintenance infusion at 1mg/min
     If polymorphic, wide-complex tachycardia (torsades), consider (if available) magnesium sulfate 1-2g in 100ml D5W over 5 to 60 minutes IV Titrate to control torsades

Synchronized Cardioversion: Recommended doses				
Narrow regular	50-100 joules			
Narrow irregular	120-200 joules biphasic, 200 joules monophasic			
Wide regular	100 joules			

Note: Wide irregular rhythms utilize the defibrillation dose (not synchronized).



Jill Mablev, MD. Deputy EMS Medical Director:

Effective Date:

January 29, 2013

# **Pulseless Arrest**

- Resuscitation
  - Assess patient for respiratory and cardiac arrest
  - Initiate CPR and {AED/Defibrillator} using most current American Heart Association guidelines
  - Provide high-quality compressions, minimizing interruptions
  - Compressions should be at a rate of about 100-120 per minute
  - Ventilate with BVM and 100% oxygen, consider OPA/NPA 0
  - Consider advanced airway management
    - Do not delay resuscitation for advanced airway placement
    - If advanced airway is utilized, initiate ETCO2 monitoring



# Shockable Rhythm???



## VF/ Pulseless VT

- Defibrillate -120-220 joules (biphasic) -360 joules (monophasic)
- Resume CPR for 2 minutes
- Initiate IV/IO normal saline
- o 1:10,000 epinephrine 1mg IV/IO, repeat every 3-5 minutes
- Consider advanced airway, capnography
- o Reassess rhythm every 2 minutes, if rhythm is organized, check pulse
- o Defibrillate
- o Resume CPR for 2 minutes
- Amiodarone\* 1st Dose 300 mg IV/IO
  - 2<sup>nd</sup> Dose 150mg IV
- Continue CPR/treatment as indicated
- Consider and treat reversible causes

# Asystole/PEA

- Initiate IV/IO normal saline
- o 1:10,000 epinephrine 1mg IV/IO, repeat every 3-5 minutes
- Consider advanced airway, capnography
- Reassess rhythm every 2 minutes, If rhythm is organized, check pulse
- Continue CPR/treatment as indicated
- Consider and treat reversible causes
  - Hypovolemia
- Hypoxia
  - Hydrogen Ion
- Hypoglycemia
- Hypokalemia
- Hyperkalemia
- Hypothermia
- Tension Pnuemo
- Tamponade
- Toxins
- **Thrombosis**

# **STOP Contact Medical Control** or refer to local protocol.



### Document:

- Events preceding arrest
- Code summary
- Treatment
- Contact with Medical

Control

- Transport to the closest appropriate facility
- If cardiac rhythm change is noted treat based on the appropriate guideline



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Jil Mabley, MD, FAAEM

January 29, 2013

# **Post Resuscitation**

Applies to patients with history of cardiac arrest and return of spontaneous circulation (ROSC)

- Primary Survey
  - Assess LOC AVPU
  - Assure airway assure patency and proper positioning
  - Assess breathing assure airway/ventilatory support
    - Provide 100% oxygen, respiratory rate <12</li>
    - DO NOT Hyperventilate
    - Assess circulation pulses, CRT, skin color/temp

If patient remains unresponsive, induced hypothermia may be considered if EMS System has a local protocol.

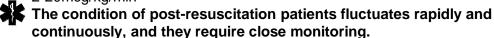


- Secondary Assessment and History
  - Monitor vital signs and oxygen saturation
  - o Perform blood glucose analysis treat hypoglycemia if present

Cardiac monitor - record and evaluate 12 Lead ECG (if available)

- Do not delay therapy for 12 lead acquisition
- Consider ETCO2 monitoring (if available) ideally >20
- Physical exam and OPQRST/SAMPLE history
- Initiate IV/IO normal saline administer 20ml/kg bolus if hypotensive
  - Titrate to >90 systolic BP
  - o 2<sup>nd</sup> IV line can be established, if time permits

If systolic BP < 90, despite normal saline, Initiate a dopamine IV infusion 2-20mcg/kg/min



 Treat any presenting non-perfusion dysrhythmias in accordance with the Pulseless Arrest guideline



### **STOP**

Contact Medical Control or refer to local protocol.
Orders may include:



### Document:

- Vital signs
- Time of ROSC
- Onset/duration of event
- Treatment
- Communication with medical control



Seek medical control consultation for management of any perfusing dysrhythmias that may present



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Lile Mabley, MD, FAAEM

January 29, 2013

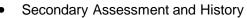
# Left Ventricular Assist Device (LVAD)

Applies to patients who have a left ventricular assist device (LVAD) implanted. A ventricular assist device is a mechanical pump that is used to support heart function and blood flow in people who have weakened hearts.

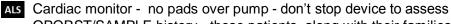
- Primary Survey
  - Assess LOC AVPU
  - Assure airway have suction ready
  - Assess breathing give supplemental  $O_2$  if signs of compromise or  $SpO_2 \le 94\%$ 
    - Assess circulation manage shock appropriately



In a majority of these patients a pulse will not be palpable. This occurs because the LVAD unloads the ventricle in a continuous fashion. Mental status and skin color are best indicators of oxygenation and perfusion status.



- Locate emergency contact sheet per patient's hospital/physician
  - Call coordinator if device fails
- Listen over pump pocket will hear hum if running
- Check for specific alarms
  - If alarms show red buttons critical status
- Perform blood glucose analysis treat hypoglycemia if present



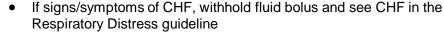
- OPQRST/SAMPLE history these patients, along with their families, have been well trained in the care of themselves and their devices LISTEN TO THEM!
- Physical exam assess for evidence of poor perfusion and/or CHF
- Initial LVAD management
  - Check LVAD percutaneous lead connection
  - Make sure driveline and power sources(battery or AC power) are connected to the system controller
  - Change battery if < 2 lights showing one battery at a time</li>
  - Transport with 4-6 back up batteries and back up control unit
- If in cardiac arrest, NO CPR
- Initiate IV/IO normal saline rate dependent upon perfusion status

# STOP Contact Medical Control or refer to local protocol.



### Document:

- Vital signs
- Pertinent assessment findings
- Onset/duration of event
- Treatment
- Communication with medical control



Transport to an appropriate facility



J. Patrick O'Neal, M	D,
State EMS Medical Direct	or:

> Effective Date:

January 29, 2013

# Abdominal Discomfort

Applies to patients with pain/discomfort presenting in the abdomen or the flanks with no history or signs of trauma.

- Primary Survey
  - Assess LOC AVPU 0
  - Assure airway have suction ready
  - Assess breathing give supplemental O<sub>2</sub> if signs of compromise or  $SpO_2 < 94\%$
  - Assess circulation manage shock appropriately



Altered LOC and signs of poor perfusion could indicate shock and should be managed appropriately.



- Secondary Assessment and History
  - Monitor vital signs and oxygen saturation
    - Perform blood glucose analysis treat hypoglycemia if present



ALS Cardiac monitor - record and evaluate 12 Lead ECG (if available)

- OPQRST/SAMPLE history
  - History of blood in vomit or stool? Prior abdominal surgery?
- Physical exam assess for signs of dehydration/shock
- Consider possible causes; GI,GU, cardiac, aneurysm, meds/toxic ingestion, pregnancy, etc.
- Save emesis or other drainage for signs of GI bleed, etc.
- Keep the patient NPO
- Initiate IV/IO normal saline administer 20ml/kg bolus if signs of shock
  - Titrate to >90 systolic BP



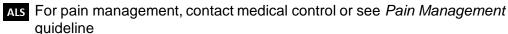
# STOP

**Contact Medical Control** or refer to local protocol. Orders may include:



# Document:

- Vital signs
- OPQRST/SAMPLE
- Cardiac rhythm
- Treatment
- Communication with medical control



ALS If nausea or vomiting present, see N/V guideline



Jill Mabley, MD, Deputy EMS Medical Director:

> Effective Date:

January 29, 2013

# Allergic Reaction/Anaphylaxis

Applies to patients presenting with rash, hives, shortness or breath, or other signs and symptoms, up to and including shock, possibly due to an allergic reaction.

- Primary Survey
  - Assess LOC AVPU 0
  - Assure airway have suction ready
  - Assess breathing give supplemental O<sub>2</sub> if signs of compromise or  $SpO_2 < 94\%$
  - Assess circulation manage shock appropriately



If respiratory compromise and/or signs of shock, treat immediately with epinephrine. All EMS provider levels are authorized to utilize epinephrine auto-injectors. (AEMT, CT, and P providers may give 1:1000 Epinephrine SQ or IM.)



- Isolate the patient form the source of allergen, if possible
- Secondary Assessment and History
  - Monitor vital signs and oxygen saturation
  - Monitor capnography (if available)
  - Perform blood glucose analysis treat hypoglycemia if present
  - ALS Initiate cardiac monitoring
  - ALS Record and evaluate 12-lead ECG (if available) don't delay therapy
  - Physical exam and OPQRST/SAMPLE history
- ALS Advanced airway/ventilatory management as needed
- Initiate IV/IO normal saline administer 20ml/kg bolus if signs of shock
- If localized reaction (hives)
  - ALS Diphenhydramine 25-50mg IV slowly or deep IM
- If respiratory distress, along with diphenhydramine
  - ALS 1:1,000 epinephrine 0.3-0.5mg SQ
  - Nebulize albuterol\* 2.5-5 mg for bronchospasm
- If anaphylactic shock
  - O Do not delay epinephrine administration attempting IV/IO access
  - ALS 1:1,000 epinephrine 0.3 mg 0.5 mg IM (preferred) or SQ



All levels may repeat 1:000 epinephrine IM/SQ/auto-injector (in accordance with their scope of practice) every 5 minutes as needed.



### **STOP**

**Contact Medical Control** or refer to local protocol. Orders may include:



### Document:

- Vital signs
- OPQRST/SAMPLE
- Cardiac rhythm
- Treatment
- Communication with

medical control

ALS If no response within 10 min to the IM or SQ epinephrine and fluid bolus, administer 1:10,000 epinephrine 0.1 mg - 0.2 mg IV/IO



J. Patrick O'Neal,	MD,
State EMS Medical Dire	ctor:

Effective Date:

Jehick O Jack Min FAAEM

January 29, 2013

# **Altered Level of Consciousness**

Applies to patients who are disoriented, weak, dizzy, confused, agitated, exhibit bizarre behavior, have had a syncopal episode, or are unconscious.

- Primary Survey
  - Assess LOC AVPU
  - Assure airway Assure patency and proper positioning
    - Consider SMR if evidence of trauma
  - Assess breathing Assist with BVM if ineffective respiratory effort
    - Give supplemental O₂ if signs of compromise or SpO₂ < 94%</p>
  - Assess circulation Manage shock appropriately



Altered LOC and signs of poor perfusion could indicate shock and should be managed appropriately.



- Secondary Assessment and History
  - Monitor vital signs and oxygen saturation

ALS Cardiac monitor - record and evaluate 12 Lead ECG (if available)

- Physical exam and OPQRST/SAMPLE history
- Consider possible causes AEIOUTIPS; alcohol, electrolytes, insulin (hypoglycemia), opiates, uremia, trauma, infection, poison, psychogenic, seizure, and/or shock
- Advanced airway/ventilatory management as needed
- Initiate IV/IO normal saline administer 20ml/kg bolus if signs of shock
- Perform blood glucose analysis treat If BGA is less than 60mg/dl
  - If patient is able to protect and maintain own airway, administer oral glucose 15g PO
  - If patient is not able to protect own airway, give D50W 25g IV/IO
  - If IV/IO cannot be established: give Glucagon 1 mg IM or IN
- If overdose or toxic ingestion, treat see *Toxic Ingestion* guideline
- If patient requires restraint, apply soft restraints for crew and patient's protection

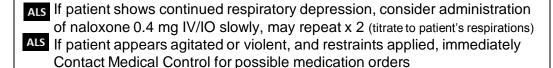


# **STOP**

Contact Medical Control or refer to local protocol. Orders may include:



- Vital signs
- OPQRST/SAMPLE
- Cardiac rhythm
- Treatment
- Communication with medical control





J. Pat State EMS I	rick Oʻ Medica	

Effective Date: Papiele O' your min) January 29, 2013

# **Chest Pain**

Applies to patients presenting with chest pain/discomfort suspected to be ischemic in nature. This may include classic presentations or anginal equivalents (i.e. epigastric pain, neck or jaw pain, and indigestion).



Contact Medical Control for all pediatric care under this guideline.

- **Primary Survey** 
  - Assess LOC AVPU
  - Assure airway Have suction ready 0
  - Assess breathing give supplemental O<sub>2</sub> if signs of compromise or  $SpO_2 < 94\%$
  - Assess circulation manage shock appropriately



- If patient is not allergic, administer aspirin 324 mg (4 baby ASA) by mouth
  - Instruct patient to chew before swallowing
  - Administer regardless of whether ASA was taken prior to EMS arrival
- Secondary Assessment and History
  - Place the patient in position of comfort and minimize patient exertion
    - If hypotensive, place supine, treat according to Shock guideline
  - Monitor vital signs and oxygen saturation
  - Initiate ETCO<sub>2</sub> monitoring (if available)

Cardiac monitor - record and evaluate 12-lead ECG (if available)

- Transmit 12-lead if capabilities are available
- Monitor continuously until patient is in care of ER/cath lab staff.
- Treat arrhythmias under the appropriate guideline
- OPQRST/SAMPLE history
- Physical Exam
- Consider possible causes; AMI, angina, aneurysm, PE, GI, etc.
- Initiate IV/IO normal saline KVO
  - 2<sup>nd</sup> IV line can be established, if time permits



Document:

- Vital signs
- OPQRST/SAMPLE
- Cardiac rhythm
- 12-lead ECG
- Treatment
- Communication with medical control

**CONTINUED ON NEXT PAGE** 



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date: Jil Mabley, MD, FAREM

January 29, 2013

**Chest Pain (Continued)** 

Notify Medical Control if the patient presents with an inferior AMI (ST elevation in leads II, III, and aVF). Both nitroglycerin and opiate administration may cause fatal hypotension in these patients.

ALS Administer nitroglycerin 0.4 mg SL; may repeat every 5 minutes x2 as long as SBP remains above 110mmHg

- o If the SBP falls below 110 mmHg in response to nitro therapy:
  - Position patient flat
  - Do not administer additional nitroglycerin
  - Administer 250mL fluid bolus IV, repeat up to a total of 1L (if no pulmonary edema), titrate to keep SBP above 110 mmHg
- DO NOT administer nitroglycerin to any patient who has taken an erectile dysfunction medication in the last 24 hours.
- ALS Administer morphine sulfate\* in 2 mg increments IV push slowly
  - Titrate morphine sulfate administration to pain relief and BP
  - Medical Control may authorize even when SBP is less than 110mmHg in certain circumstances
- ALS If nausea develops,
  - Ondansetron 4mg IV/IO slowly or IM/IN/ODT
  - Repeat in 15 minutes if no relief to max of 8mg
- Fluid resuscitation
  - Additional fluid boluses for inferior wall MI only (beyond the original 1 liter): 250mL IV reassess between each bolus
- ALS If patient presents with cardiogenic shock,
  - Assure rate and rhythm have been treated
  - If the systolic blood pressure is less than 90mmHg, consider a dopamine infusion at 2-10mcg/kg/min, titrating both to effect
- If the chest pain is thought to be stimulant-induced (cocaine, amphetamine, ecstasy) and pulse rate is >120
  - Midazolam\*\* 2.5mg slowly IV/IO or IN (contact medical control to repeat 2.5mg)
  - Cool patient passively but do not allow patient to shiver



J. Patrick O'Neal, MI	J,
State EMS Medical Director	r:

Effective Date:

Jili Mabley, MD, FAAEM

te: January 29, 2013

# Childbirth/Labor

Applies to women whose chief complaint is related to labor and /or impending delivery.

- Primary Survey
  - Assess LOC AVPU
  - Assure airway have suction ready
  - $\circ$  Assess breathing give supplemental O<sub>2</sub> if signs of compromise or SpO<sub>2</sub> <94%
  - Assess circulation manage shock appropriately



Altered LOC and signs of poor perfusion could indicate shock and should be managed appropriately.



If a patient is unstable, initial resuscitation/stabilization must precede any action specified in this protocol. Resuscitation of the mother is the key to survival of both mother and fetus.



- Secondary Assessment and History
  - Monitor vital signs and oxygen saturation
  - Perform blood glucose analysis treat hypoglycemia if present
     Consider cardiac monitoring
    - OPQRST/SAMPLE, LMP, obstetric, and gynecological history
- Determine: how many previous deliveries, due date, onset of contractions, if membranes have ruptured, if bleeding or vaginal discharge present, if patient has urge to push or move bowels, and if pregnancy is high risk.
  - Time contractions frequency and duration
  - Physical exam assess for signs of shock
- IV/IO access with normal saline initiate 20ml/kg normal saline bolus
- If active labor, inspect the perineum for crowning
  - If crowning, apply gentle pressure with your glove hand to the infant's head and prepare for delivery
  - If no crowning, monitor and reassess frequency and duration of contractions
- If feet or buttocks presentation **DO NOT** pull on Infant
  - Support head and trunk
  - Place your gloved hand inside the vagina and form V with first two fingers, place over infant's face -keep vagina wall away infant's face
- If prolapsed cord
  - Place mother in a knee chest position to relieve pressure on the cord
  - Place your gloved hand inside the vagina and push upward on the presenting part to further reduce pressure on the cord
  - Cover the cord with moist sterile dressings and avoid manipulating it
  - Priority symptoms: Crowning < 36 weeks gestation, prolapsed cord, abnormal presentation, severe vaginal bleeding, multiple gestation or seizure.

    If noted, expedite transport and notify Medical Control as early as possible.





Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date: Like Mabley, ND, FAREM

Date: January 29, 2013

# **Childbirth/Labor (Continued)**

- Delivery and Post Delivery Care of Mother
  - Maintain gentle pressure on the infant's head and allow it to deliver in a controlled gradual manner. Routine suctioning of the oropharynx and nasal pharynx as soon as the head is delivered is no longer recommended.
  - Check around the infant's neck for the umbilical cord
  - If the cord has looped around the baby's neck, use your finger to hook the cord and pull it over the baby's head
  - If unable to free the cord, clamp the cord in two places and cut the cord between the clamps
  - Gently direct the infant's head and body downward to deliver the anterior shoulder and support the rest of the body as it delivers
  - Keep the infant at the level of the vagina and use a gauze pad to wipe any secretions around the mouth and nose
  - Vigorously dry the infant and provide warmth (increasing ambient temperature, cover with blanket)
  - If needed, stimulate breathing by flicking the soles of the baby's feet or rubbing the baby's back
  - o Clamp the cord at 4 and 6 inches and cut the cord between the clamps.
  - Wrap the blankets in dry, clean towels or blankets
  - Note time of delivery. Obtain APGAR score at 1 and 5 minutes after delivery. Score ≤ 3: critical. Score ≥ 7: good to excellent
  - If excessive secretions AND signs of compromise are present, clear airway with bulb syringe
- If the newborn fails to respond to initial stimulation and are in need of resuscitation efforts, initiate resuscitation and refer to the Newborn Resuscitation guideline.
  - Once the placenta delivers, place it in a clean container and transport it to the hospital with the mother and infant
  - After delivery, keep mother warm and watch for signs of shock.
  - If excessive blood loss, > 500ml apply abd pad to external vaginal area
    - consider an additional fluid bolus
    - massage the uterus to promote uterine contraction
    - consider allowing mother to breastfeed infant

### **STOP**

Contact Medical Control or refer to local protocol. Orders may include:



- Vital signs
- Obstetric history
- Frequency/duration of contractions
- Treatment
- Communication with medical control





Effective Date: January 29, 2013

# **Cold Related Emergencies**

Applies to patient's having a body temperature below 95°F (35°C) secondary to environmental exposure.

- Primary Survey
  - Assess LOC AVPU
  - Assure airway use least invasive means possible to secure airway ALS Intubate only if necessary, as gently as possible
  - Assess breathing Assist with BVM if ineffective respiratory effort
    - Give supplemental  $O_2$  if signs of compromise or  $SpO_2 < 94\%$
  - Assess circulation check for pulse, if no pulse begin CPR



It may be necessary to assess pulse and respirations for up to 30-45 seconds to confirm arrest.

- If no pulse, initiate CPR and {AED/Defibrillator} using most current American Heart Association guidelines
  - If **severe** hypothermia (<86°F/30°C)is strongly suspected, limit defibrillation attempts to 1 and withhold medications
  - If body temperature is >86°F (30°C), treat in accordance with Pulseless Arrest guideline
  - Resuscitation efforts should continue until core temperature approaches normal
- If pulse present, **Do Not** initiate CPR if there is any pulse present, no matter how slow
  - Treat bradycardia only if patient is hypotensive



- **Carefully** move patient to warm environment, remove all wet clothing, dry the patient, and cover with blankets
- Avoid any rough movement that may cause cardiac dysrhythmias. It may be beneficial to immobilize the patient on the backboard
- Secondary Assessment and History
  - Monitor vital signs and oxygen saturation
  - Perform blood glucose analysis treat hypoglycemia if present **ALS** Initiate cardiac monitoring
  - Physical exam and OPQRST/SAMPLE history
- Initiate IV/IO normal saline administer 20ml/kg bolus if signs of shock
- Apply warm-packs to groin, axilla, neck and chest



**CONTINUED ON NEXT PAGE** 



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date: Jil Mabley, MD, FAAEM

January 29, 2013

# **Cold Related Emergencies (Continued)**

- Protect injured, frostbitten areas, do not rub or place on heated surface
  - Remove clothing and jewelry from injured parts
  - o Do not attempt to thaw injured part with local heat
  - Severe frostbite injuries should be transported to a trauma center



### **STOP**

Contact Medical Control or refer to local protocol. Orders may include:



## Document:

- Vital signs
- OPQRST/SAMPLE
- Cardiac rhythm
- Treatment
- Communication with medical control

Consider morphine **or** fentanyl for pain relief when the patient is conscious, alert, is not hypotensive, and is complaining of severe pain

See Pain Management guideline



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Lik Mabley, ND, FAAEM

January 29, 2013

# **Heat Related Emergencies**

Applies to patients with fatigue or altered level of consciousness secondary to environmental heat exposure.

- Primary Survey
  - o Assess LOC AVPU
  - Assure airway Have suction ready
  - Assess breathing Assist with BVM if ineffective respiratory effort
    - Give supplemental O<sub>2</sub> if signs of compromise or SpO<sub>2</sub> < 94%</p>
  - Assess circulation Manage shock appropriately
    - Remove the patient from the environment
  - \*

Altered LOC and signs of poor perfusion could indicate shock and should be managed appropriately



- Secondary Assessment and History
  - Monitor vital signs and oxygen saturation

ALS Cardiac monitor - record and evaluate 12 Lead ECG (if available)

- o Perform blood glucose analysis treat If BGA is less than 60mg/dl
- Physical exam and OPQRST/SAMPLE history
- Initiate IV/IO normal saline administer 20ml/kg bolus if signs of shock, dehydration, and/or hypotension
- If conscious and not vomiting or extremely nauseous provide oral fluids
- If heat stroke suspected, active cooling with cold packs, water, and fan
- \*

Signs/symptoms of heat stroke may include: hot, dry skin (25% of patients will still be moist), seizures, altered mental status, dilated pupils, rapid heart rate, or arrhythmia.



# **STOP**

Contact Medical Control or refer to local protocol.



### Document:

- Vital signs
- OPQRST/SAMPLE
- Cardiac rhythm
- Treatment
- Communication with medical control

Prepare for seizures, see Seizure guideline for management of seizures



J. Patrick O'Neal, MI	D,
State EMS Medical Director	or:

Effective Date:

Jil Mabley, MD, FAAEM

January 29, 2013

# **Acute Hypertensive Crisis**

Applies to patients demonstrating an acute, potentially life-threatening elevation of blood pressure with evidence of end-organ perfusion damage.

- Primary Survey
  - o Assess LOC AVPU
  - Assure airway have suction ready
  - $\circ$  Assess breathing give supplemental  $O_2$  if signs of compromise or  $SpO_2 < 94\%$
  - Assess circulation manage shock appropriately



- Secondary Assessment and History
  - Monitor vital signs and oxygen saturation
  - Perform blood glucose analysis treat hypoglycemia if present

ALS Cardiac monitor - record and evaluate 12 Lead ECG (if available)

- OPQRST/SAMPLE history
- Physical exam assess for evidence of end-organ perfusion damage (i.e. stroke, ACS/CHF, renal failure)
- Signs/symptoms may included: elevated BP, headache, dizziness, N/V, blurred vision, dyspnea, pulmonary/peripheral edema, etc.
- Consider possible causes; chest pain, CHF, overdose, increased ICP, tachycardia
- Initiate IV/IO normal saline KVO



### **STOP**

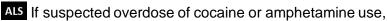
Contact Medical Control or refer to local protocol.

Orders may include:



# Document:

- Vital signs
- OPQRST/SAMPLE
- Cardiac rhythm
- Treatment
- Communication with medical control



 Midazolam\* 2.5mg slowly IV/IO or IN (contact medical control to repeat 2.5mg)

Otherwise, DO NOT attempt to lower BP without contact with medical control.

ALS Orders may include:

o Nitroglycerin 0.4mg SL



|--|

> Effective Date:

Jil Mabley, ND, FAREM

January 29, 2013

# Nausea/Vomiting

Applies to patients presenting with acute onset of nausea and/or vomiting.

- Primary Survey
  - Assess LOC AVPU
  - Assure airway have suction ready
  - Assess breathing give supplemental O<sub>2</sub> if signs of compromise or SpO<sub>2</sub> < 94%</li>
  - Assess circulation manage shock appropriately



Altered LOC and signs of poor perfusion could indicate shock and should be managed appropriately



- Secondary Assessment and History
  - Monitor vital signs and oxygen saturation
    - Perform blood glucose analysis treat hypoglycemia if present

ALS Cardiac monitor - record and evaluate 12 Lead ECG (if available)

- OPQRST/SAMPLE history
- Physical exam assess for signs of dehydration/shock
- Consider possible causes; GI, GU, cardiac, meds/toxic ingestion, pregnancy, etc.
- Save emesis for signs of GI bleed, etc.
- Keep the patient NPO
- Initiate IV/IO normal saline administer 20ml/kg bolus if signs of shock and or GI bleed are present
  - Titrate to >90 systolic BP



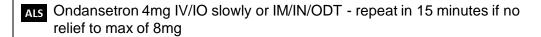
# **STOP**

Contact Medical Control or refer to local protocol.

Orders may include:



- Vital signs
- OPQRST/SAMPLE
- Cardiac rhythm
- Treatment
- Communication with medical control





Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

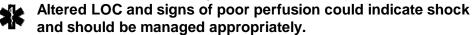
Lik Mabley, ND, FAAEM

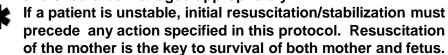
January 29, 2013

# **OB/GYN Emergencies**

Applies to women whose chief complaint is related to pregnancy, impending delivery, or 1st month postpartum, or whose chief complaint is gynecological.

- Primary Survey
  - o Assess LOC AVPU
  - Assure airway have suction ready
  - Assess breathing give supplemental O<sub>2</sub> if signs of compromise or SpO<sub>2</sub> < 94%</li>
  - Assess circulation manage shock appropriately







- Secondary Assessment and History
  - Monitor vital signs and oxygen saturation
  - Perform blood glucose analysis treat hypoglycemia if present
  - Cardiac monitor record and evaluate 12 Lead ECG (if available)
  - OPQRST/SAMPLE, LMP, obstetric, and gynecological history
  - Physical exam assess for signs of shock
- Consider possible causes; ruptured ectopic pregnancy, spontaneous abortion, placenta abruption, trauma, abnormal menstrual flow, etc.
- Place the pregnant patient in position of comfort, EXCEPT for a third trimester patient, who should be transported on her left side
- Keep the patient NPO
- Initiate IV/IO normal saline administer 20ml/kg bolus if signs of shock
  - Titrate to maintain BP > 90 systolic
- If bleeding, apply abd pad to external vaginal area
- Bring any products of conception to the hospital

# **STOP**

Contact Medical Control or refer to local protocol.



- Vital signs
- History
- Cardiac rhythm
- Treatment
- Communication with medical control
- If bleeding, seizure, or premature labor is present or pregnancy is high-risk, contact Medical Control as early as possible
- Transport to a facility capable of handling a complicated obstetrical emergency



J. Patrick O'Neal, MD,
State EMS Medical Director:

Effective Date:

Jil Mabley, MD, FAAEM

Date: January 29, 2013

# **Respiratory Distress**

Applies to patients presenting with difficulty in breathing with no history or signs of trauma.

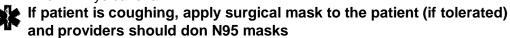
- Primary Survey
  - Assess LOC AVPU
  - Assure airway have suction ready
  - Assess breathing give supplemental O<sub>2</sub> 10-15lpm via nonrebreather. If known COPD, start 2-6 lpm via nasal cannula and increase as required - Be prepared to ventilate
  - Assess circulation manage shock appropriately



- Secondary Assessment and History
  - Record and monitor vital signs and oxygen saturation
  - Monitor capnography (if available)
  - Perform blood glucose analysis treat hypoglycemia if present

ALS Cardiac monitor - record and evaluate 12 Lead ECG (if available)

- OPQRST/SAMPLE history
- > Physical exam



 Consider possible causes; anaphylaxis, pulmonary edema, COPD, asthma, TB etc.







# Pulmonary Edema

- Reassure/calm patient
- Assist the patient in to a semi-sitting or sitting position
- IV NS KVO rate
- ALS Administer nitroglycerin 0.4mg SL if SBP ≥ 110
- Apply CPAP (if available)

### COPD

- Reassure/calm patient
- Allow patient to assume position of comfort
- Assist patient in taking their own bronchodilators
- IV NS KVO rate
- Nebulize albuterol\* 2.5-5mg
- Apply CPAP (if available)

### Asthma

- Reassure/calm patient
- Allow patient to assume position of comfort
- Assist patient in taking their own bronchodilators
- Consider humidified O<sub>2</sub>
- IV NS KVO rate
- Nebulize albuterol\* 2.5-5mg



**CONTINUED ON NEXT PAGE** 



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date: Jehick O'mal, Mil, FAREM

January 29, 2013

# **Respiratory Distress (Continued)**

If inadequate ventilatory effort, assist ventilations and consider advanced airway placement.

# STOP

Contact Medical Control or refer to local protocol. Orders may include:



- Vital signs
- OPQRST/SAMPLE
- Cardiac rhythm
- Treatment
- Communication with medical control

# **CHF**

 If wheezing, nebulize albuterol\* 2.5-5mg

### COPD

 Nebulize additional bronchodilators as per Medical Control

# **Asthma**

ALS If status asthmaticus, 1:1,000 epinephrine 0.3-0.5mg SQ

 Nebulize additional bronchodilators as per Medical Control

### **IMPORTANT**



Patients must be alert and able to maintain their own airway for CPAP.

- With CPAP, most patients will improve in 5-10 minutes. If no improvement within this time consider ventilation with a BVM.
- Indications for CPAP are constantly broadening. Local medical directors may authorize additional indications for CPAP.
- Local medical directors may also authorize the use of steroids, magnesium sulfate for the management of respiratory distress.



|--|

Effective Date:

Jil Mabley, MD, FAAEM

January 29, 2013

Seizure

Applies to patients actively seizing or those that have a history of seizures prior to EMS arrival.

- Primary Survey
  - Assess LOC AVPU
  - Assure airway have suction ready
  - $\circ$  Assess breathing give supplemental O<sub>2</sub> if signs of compromise or SpO<sub>2</sub> < 94%
  - Assess circulation manage shock appropriately
  - Altered LOC and signs of poor perfusion could indicate shock and should be managed appropriately



- Secondary Assessment and History
  - Monitor vital signs and oxygen saturation
  - Perform blood glucose analysis treat hypoglycemia if present
     Initiate cardiac monitoring
  - Record and evaluate 12-lead ECG (if available) don't delay therapy
  - Physical exam and OPQRST/SAMPLE history
    - Obtain description of seizure activity duration and severity
    - Note any history of illness or trauma
- Advanced airway/ventilatory management as needed
   Initiate IV/IO normal saline administer 20ml/kg bolus if signs of shock



### **STOP**

Contact Medical Control or refer to local protocol. Orders may include:



### Document:

- Vital signs/history
- Description of seizures
- Cardiac rhythm
- Treatment
- Communication with medical control

ALS If the patient is actively seizing

 If Midazolam\* 2.5mg IV/IO slowly or IM/IN (contact medical control to repeat 2.5mg)



J. Patrick O'Neal, MD	١,
State EMS Medical Director	:

Effective Date:

Lile Mabley, MD, FAAEM

January 29, 2013

# Stroke

Applies to patients presenting with full or one sided body weakness, facial droop, difficulty speaking, and altered mental status; occurring separately or in conjunction with each other.

- Primary Survey
  - Assess LOC AVPU
  - Assure airway have suction ready
  - Assess breathing give supplemental O<sub>2</sub> if signs of compromise or SpO<sub>2</sub> < 94%</li>
  - Assess circulation manage shock appropriately



- Secondary Assessment and History
  - Record and monitor vital signs and oxygen saturation
    - Do not attempt to lower BP
  - Perform blood glucose analysis treat hypoglycemia if present
     Cardiac monitor record and evaluate12 Lead ECG (if available)
  - OPQRST/SAMPLE history
    - If possible, determine the time patient was last seen normal
    - Obtain the name and contact information of witness
  - Physical exam



### Remember F.A.S.T.

- Face: Check for facial droop
- Arms: Assess for extremity weakness
- Speech: Assess for slurred speech
- Time: Note when the patient was last seen normal
- Rule out stroke mimics such as hypoglycemia, seizures, and head injury
  - Consult the appropriate guideline for treatment options
- Reassure and calm the patient
- If no trauma, place patient in a position of comfort or in left lateral position.
- Protect paralyzed extremities
- Limit on-scene times to < 15 minutes.</li>
- IV/IO KVO, avoid primary access in paralyzed extremities





### Document:

- GCS, vital signs, BGA
- OPQRST/SAMPLE
- Cincinnati Stroke Scale
- Treatment
- Communication with medical control
- Time last seen normal

Rapid transport to the closest Stroke Center
(If Stroke Center is not within a reasonable distance, consult Medical
Control for destination choice)



J. Pati	ick O'Neal, MD,
State EMS N	Medical Director:

Effective Date: Lile Mabley, MD, FAREM

January 29, 2013

# Toxemia

Applies to obstetrical patient experiencing hypertension and /or eclampsia (seizures, swelling/edema, visual hallucination, or coma) activity.

- Primary Survey
  - Assess LOC AVPU
  - Assure airway have suction ready
  - $\circ$  Assess breathing give supplemental O<sub>2</sub> if signs of compromise or SpO<sub>2</sub> < 94%
  - Assess circulation manage shock appropriately



- Secondary Assessment and History
  - Monitor vital signs and oxygen saturation
  - Perform blood glucose analysis treat hypoglycemia if present
     Cardiac monitor record and evaluate 12 Lead ECG (if available)
  - OPQRST/SAMPLE and obstetric history
  - Physical exam
- Signs/symptoms may included: elevated BP, severe headache, dizziness, N/V, blurred vision, dyspnea, edema, etc.
- ALS Advanced airway/ventilatory management as needed
  - Position patient on left side.
  - IV/IO access with normal saline KVO
  - Expedient transport (as gently as possible; no lights or siren)



### **STOP**

Contact Medical Control or refer to local protocol. Orders may include:



- Vital signs/history
- Description of seizures
- Cardiac rhythm
- Treatment
- Communication with medical control

- For active seizures,
  - ALS Magnesium sulfate 2-4g of 10% solution over 10 minutes IV slowly Midazolam\* 2.5mg IV/IO slowly (contact medical control to repeat 2.5mg)
- For SBP > 160 on two readings,
  - ALS Magnesium sulfate 4g over 10 minutes IV
- For SBP > 110 or SBP < 160 not responding to magnesium sulfate, contact medical control
- Monitor patient for hypotension, respiratory depression, and heart block when administering mag sulfate and/or benzodiazepines.



J. Patrick O'Neal,	MD,
State EMS Medical Dire	ector:

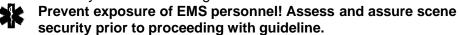
Effective Date: Lile Maloley, MD, FAAEM

January 29, 2013

# **Toxic Exposure**

Applies to patients with toxic exposure secondary to the ingestion, inhalation, contact or intravenous administration of a potentially toxic substance.

• Scene Safety and Initial Management



- If toxic environment, have patient moved to safety by appropriately trained personnel using proper level PPE.
- If signs of hazardous materials incident, call for HazMat team, keep patient(s) isolated in contaminated zone until HazMat team arrives
  - Coordinate efforts with HazMat personnel
- Identify agent and mechanism/route of exposure (inhaled, contact, etc.)
- Decontaminate as appropriate EMS personnel must be wearing PPE prior to helping with the decontamination process



- Primary Survey
  - Asses LOC AVPU
  - Assure airway have suction ready, keep the patient NPO
  - Assess breathing if signs of compromise, give O<sub>2</sub> as tolerated
    - Assist with BVM if ineffective respiratory effort
  - Assess circulation manage shock appropriately, take measures to prevent hypothermia, especially following decontamination
  - Assess disability assess LOC



- Secondary Assessment and History
  - Monitor vital signs and oxygen saturation
  - Pulse oximetry may not be accurate for toxic inhalation victims
  - Perform blood glucose analysis treat hypoglycemia if present
     Initiate cardiac monitoring
  - Physical exam and OPQRST/SAMPLE history
    - Identify substance/toxin and amount of exposure
    - Determine mechanism, time, and duration of exposure
    - If ingestion, see Toxic Ingestion guideline
- Initiate IV/IO normal saline administer 20ml/kg bolus if signs of shock



**CONTINUED ON NEXT PAGE** 



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Lile Mabley, MD, FAAEM

January 29, 2013

# **Toxic Exposure (Continued)**

- If known or suspected carbon monoxide poisoning
  - Provide 100% O<sub>2</sub> if not yet initiated
  - Monitor carbon monoxide saturation (if CO-oximetry is available)
  - Consult Medical Control for destination choice, including consideration of medical facilities equipped with a hyperbaric capability
- If organophosphate, carbamate, or nerve agent poisoning,

  ALS Administer atropine 2-5 mg/kg IV/IO or IM every 10-15 minutes, titrate to clinical symptoms (drying of secretions)
  - Contact Georgia Poison Control 1-800-222-1222 for consultation and/or Chempack deployment. See Chempack in resources
- If patient is asymptomatic, monitor for delayed affects



#### **STOP**

Contact Medical Control or refer to local protocol.
Orders may include:



#### Document:

- Vital signs
- Agent/mechanism of exposure
- Cardiac rhythm
- Treatment
- Communication with medical control

All suspected suicide attempts must be reported before leaving the scene.

EMS personnel may contact Poison Control directly. EMS personnel are directed to follow the advice offered by the Poison Control Center as if it came directly from Medical Control. Georgia Poison Control: 1-800-222-1222.

 Frequently reassess patient, manage any presenting respiratory distress, seizures, and/or dysrhythmia's in accordance with appropriate guideline



J. Pati	ick O'Neal, MD,
State EMS N	Medical Director:

Effective Date:

Lile Mabley, MD, FAREM

January 29, 2013

### **Toxic Ingestion**

Applies to patients with an acute overdose and/or toxic ingestion.

- Primary Survey
  - o Assess LOC AVPU
  - Assure airway have suction ready
  - Assess breathing give supplemental O<sub>2</sub> if signs of compromise or SpO<sub>2</sub> < 94%</li>
  - Assess circulation manage shock appropriately



- Secondary Assessment and History
  - Monitor vital signs and oxygen saturation
  - o Perform blood glucose analysis treat hypoglycemia if present
  - Initiate cardiac monitoring
  - Physical exam and OPQRST/SAMPLE history
    - Identify substance/toxin and amount of exposure
- Keep the patient NPO
- Initiate IV/IO normal saline administer 20ml/kg bolus if signs of shock



#### **STOP**

Contact Medical Control or refer to local protocol.
Orders may include:



- Vital signs
- OPQRST/SAMPLE
- Cardiac rhythm
- Treatment
- Communication with medical control
- If calcium-channel blocker or beta-blocker overdose
  - ALS Glucagon 1mg IV/IO slowly or IM/IN
- If <u>tricy</u>clic antidepressants overdose with wide complex tachycardia
  - ALS Sodium Bicarbonate 1mEq/kg IV/IO slowly
- If narcotic overdose
  - Naloxone 0.4 mg IV/IO slowly or IN, may repeat x 2 (titrated to patient's respirations)
- If a stimulant/hallucinogen overdose(cocaine, amphetamine, ecstasy, etc.)
  - Midazolam\* 2.5mg slowly IV/IO or IM/IN (contact medical control to repeat 2.5mg)
  - Cool patient passively but do not allow patient to shiver

All suspected suicide attempts must be reported before leaving the scene.

EMS personnel may contact Poison Control directly for advice on patient management. EMS personnel are directed to follow the advice offered by the Poison Control Center as if it came directly from Medical Control. Georgia Poison Control: 1-800-222-1222.



J. Patrick O'Neal, MD,
State EMS Medical Director:

Effective Date:

Jil Mabley, MD, FAAEM

January 29, 2013

## **Multiple System Trauma**

Applies to patients presenting with injury to more than one body system.

- Primary Survey
  - Assess LOC AVPU
  - Assure airway assure patency, manually stabilize C-spine
  - Assess breathing give O<sub>2</sub> as tolerated by mask or blow-by
    - Assist with BVM if ineffective respiratory effort
    - Manage any injuries impairing ventilation
  - Assess circulation assess pulses and perfusion status
    - Control major bleeding and manage shock appropriately
    - Take measures to prevent hypothermia



- Secondary Assessment and History
  - Physical exam and OPQRST/SAMPLE history
    - Expose and rapidly assess the head, chest, abdomen, pelvis and extremities for injury (evaluate patient's posterior when possible)
  - Monitor vital signs and oxygen saturation, determine GCS
  - Administer prehospital care and resuscitate as needed
  - Perform SMR, apply a rigid c-collar and secure to LSB
- Initiate patient transport as soon as possible

ALS Advanced airway/ventilatory management as needed

- Initiate IV/IO normal saline administer 20ml/kg bolus if signs of shock
- Revaluate ABCs and perform detailed/focused assessment of the head, neck, chest, abdomen, pelvis, and extremities x4 and repeat neuro exam
  - Perform blood glucose analysis treat hypoglycemia if present
     Consider cardiac monitoring
- Continue resuscitation and evaluation enroute

STOP Contact Medical Control or refer to local protocol.



#### Document:

- Vital signs
- OPQRST/SAMPLE
- Cardiac monitor
- Treatment
- · Communication with

medical control

- Manage any presenting respiratory distress, seizures, and/or dysrhythmia's in accordance with appropriate guideline
- Consider transport to a trauma center



	J. Patrick O'Neal, MD,
St	ate EMS Medical Director:

Effective Date: Jil Mabley, MD, FAAEM
January 29, 2013

# **Head and Spine Injuries**

Applies to patients presenting with injuries to the head or spine.

- Primary Survey
  - Assess LOC AVPU
  - Assure airway assure patency, manually stabilize C-spine
    - Have suction ready
  - Assess breathing give O₂, maintain SaO₂≥ 95%
    - Assist with BVM if ineffective respiratory effort



Maintain normal ventilation rate if providing PPV, hyperventilation should be avoided unless signs of cerebral herniation

- Assess circulation assess pulses and perfusion status
  - Control major bleeding and manage shock appropriately
- Assess disability assess LOC, note any disability
  - Take measures to prevent hypothermia



- Secondary Assessment and History
  - Physical exam and OPQRST/SAMPLE history
    - Perform rapid trauma exam
    - Determine GCS, assess pupillary size and reaction
  - Monitor vital signs and oxygen saturation
  - ALS Initiate cardiac monitoring
  - Evaluate and treat other trauma
  - Perform SMR, apply a rigid c-collar and secure to LSB
- Initiate patient transport as soon as possible

ALS Advanced airway/ventilatory management as needed

- o Initiate ETCO<sub>2</sub> monitoring (if available)
  - Maintain normal ventilation rate (ETCO<sub>2</sub> 35-40 mmHg)
- Initiate IV/IO normal saline administer 20ml/kg bolus if signs of shock
  - If TBI, titrate NS to maintain a SBP of at least 110-120mmHg
  - A single incident of hypotension in an adult with a brain injury may increase the mortality rate by 150%.
- Perform a detailed assessment of the patient
  - Revaluate ABCs, perform a detailed/focused physical assessment
  - o Repeat neuro exam
  - o Perform blood glucose analysis treat hypoglycemia if present





Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date: J'll Mabley, MD, FAAEM

January 29, 2013

# **Head and Spine Injuries (Continued)**

Frequently reassess for clinical signs of cerebral herniation: dilated and unreactive pupils, asymmetric pupils, extensor posturing or no motor response, decrease GCS > 2 points in patients with an initial GCS < 9.

- Hyperventilation therapy titrated to clinical effect may be necessary for brief periods in cases of cerebral herniation or acute neurologic deterioration
  - Hyperventilation is administered as:
    - 20 breaths per minute in an adult
    - Maintain ETCO of 30-35 mmHg (if ETCO<sub>2</sub> monitoring is available)
- Manage any presenting seizures in accordance with Seizure guideline



#### **STOP**

Contact Medical Control or refer to local protocol.



- Document:
  - Vital signsOPQRST/SAMPLE
  - Cardiac monitor
  - Treatment
- Communication with medical control
- If patient presents with bradycardia secondary to increased ICP or neurogenic shock, consult with Medical Control regarding management
- Consider transport to a trauma center (see CDC Field Triage in resources)



J. Patrick	O'Neal, MD,
State EMS Med	ical Director:

Effective Date: J. W. Mabley, MD, FAREM

January 29, 2013

# **Eye Trauma**

Applies to patients with blunt or penetrating trauma to the eye or who have chemical substances in the eye.

- Primary Survey
  - Assess LOC AVPU
  - Assure airway Assure patency and proper positioning
    - Initiate SMR if needed
  - Assess breathing Give supplemental O<sub>2</sub> if signs of compromise or SpO<sub>2</sub> < 94%</li>
  - Assess circulation Control bleeding and manage shock appropriately



- Secondary Assessment and History
  - Physical exam and OPQRST/SAMPLE history
    - Establish the mechanism and nature of injury

Assess vision, if possible, with injured eye: can the patient count the number of fingers you hold up; if not, can the patient perceive light

- Never apply pressure to the eyeball
- Monitor vital signs and oxygen saturation
- If the eye has been avulsed or if the globe has been ruptured,
  - o Carefully cover the injured eye to protect it
  - o Prevent conjugated eye movements also cover the uninjured eye
  - Do Not apply any pressure; Do Not apply absorbent dressing
- If a foreign body is embedded in the eye,
  - Do not attempt to remove the object
  - Do attempt to stabilize the object
  - Carefully cover both eyes
- If eyes are injured by chemical exposure, pepper spray or mace:
  - Responders should protect themselves with appropriate PPE
  - o Remove victim from source of exposure
  - o Remove contaminated clothing and sealed in plastic bags
  - o Irrigate eyes with copious amounts of water or normal saline



#### **STOP**

Contact Medical Control or refer to local protocol.
Orders may include:



#### Document:

- Vital signs
- OPQRST
- Cardiac monitor
- Treatment
- Communication with
- \_\_me<u>dical\_control</u>
- Transport patient with head elevated about 30 degrees, and BOTH eyes closed or loosely patched (unless irrigating)
  - For pain, contact medical control or see Pain Management guideline



	J. Patrick O'Neal, MD,
St	ate EMS Medical Director:

Effective Date:

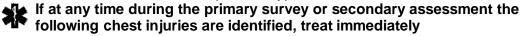
Lile Maloley, MD, FAREM

January 29, 2013

### **Chest Trauma**

Applies to patients presenting with chest trauma.

- Primary Survey
  - Assess LOC AVPU
  - Assure airway Assure patency and proper positioning
    - Initiate SMR if needed
  - Assess breathing Assist with BVM if ineffective respiratory effort
    - Give supplemental O<sub>2</sub> if signs of compromise or SpO<sub>2</sub> < 94</li>
    - Manage any injuries impairing ventilation
  - Assess circulation Assess pulses and perfusion status
    - Control bleeding and manage shock appropriately
    - Direct pressure is usually sufficient
    - Take measures to prevent hypothermia



- For penetrating trauma or sucking chest wound
  - Seal initially with a gloved hand
  - Apply occlusive dressing, tape on (3) sides
  - Monitor for tension pneumothorax
- For flail segment rare in children
  - Stabilize with bulky dressing
    - gentle pressure, Do Not impair ventilation
  - Provided positive pressure ventilation as needed
- Tension pneumothorax

ALS Perform needle decompression on affected side



- Secondary Assessment and History
  - Physical exam and OPQRST/SAMPLE history
    - Perform rapid trauma exam
    - Examine the chest for bruising, abrasions, instability, crepitus, and/or open wounds
    - Auscultate breath sounds and heart tones
  - Monitor vital signs and oxygen saturation, determine GCS
     Initiate cardiac monitoring treat dysrhythmia's in accordance with appropriate guideline.
    - o Administer prehospital care and resuscitate as needed
    - o Perform SMR, apply a rigid c-collar and secure to LSB
- Initiate patient transport as soon as possible



**CONTINUED ON NEXT PAGE** 



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

January 29, 2013

### **Chest Trauma**

- Advanced airway/ventilatory management as needed
- Initiate IV/IO normal saline administer 20ml/kg bolus if signs of shock
- Revaluate ABCs and perform detailed/focused assessment of the head, neck, chest, abdomen, pelvis, and extremities x4 and repeat neuro exam
  - Frequently reevaluate patients respiratory and perfusion status
  - Auscultate breath sounds
  - Apply capnography (if available) 0
  - Perform blood glucose analysis treat hypoglycemia if present
- Continue resuscitation and evaluation enroute



#### **STOP**

**Contact Medical Control** or refer to local protocol.



- Vital signs
- OPQRST/SAMPLE
- Cardiac monitor
- Treatment
- Communication with medical control

Consider transport to a trauma center (see CDC Field Triage in resources)

#### **IMPORTANT - NEEDLE CHEST DECOMPRESSION**



Indications: Peri-arrest or PEA; shock, with hypotension; and at least one of the following:

- Neck vein distention
- Tracheal deviation away from the injured side
- Increased resistance when ventilating
- Hyper-expanded chest with little movement with respiration

Needle chest decompression should never be utilized based solely on the presence of poor or absent breath sounds on one side of the chest. The procedure has complications, and should not be used lightly. However, when used appropriately, it can be life-saving.

CAUTION: Overly aggressive PPV may cause a pneumothorax or exacerbate an existing pneumothorax.



	J. Patrick O'Neal, MD,
State	<b>EMS Medical Director:</b>

Effective Date: Jil Mabley, MD, FAAEM
January 29, 2013

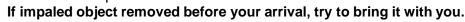
### **Abdominal and Pelvic Trauma**

Applies to patients presenting with injury to abdomen and/or pelvis.

- Primary Survey
  - Assess LOC AVPU
  - Assure airway Assure patency and proper positioning
    - Initiate SMR if needed
  - Assess breathing Assist with BVM if ineffective respiratory effort
    - Give supplemental O<sub>2</sub> if signs of compromise or SpO<sub>2</sub> < 94%
  - Assess circulation Control bleeding and manage shock appropriately
    - Direct pressure is usually sufficient



- Secondary Assessment and History
  - Physical exam and OPQRST/SAMPLE history
    - Perform rapid trauma exam.
    - Note any abdominal rigidity, distention, tenderness, etc
    - Note any pelvic instability
    - Monitor vital signs and oxygen saturation, determine GCS
  - For evisceration do not attempt to replace protruding organs
    - Apply a moistened sterile dressing directly to the site
    - Cover this dressing with an occlusive dressing
    - Place patient on their back, with legs flexed at the knees, to reduce pain by relaxing the strain on the abdominal muscles
  - For impaled objects do not remove an impaled object
    - Carefully cut away any clothing that is around the object
    - Manually stabilize object avoid applying pressure to the object
    - Use bulky dressings and cravats to stabilize object
    - Minimize patient movement



- Perform SMR, apply a rigid c-collar and secure to LSB
- Initiate patient transport as soon as possible

ALS Advanced airway/ventilatory management as needed

• Initiate IV/IO normal saline - administer 20ml/kg bolus if signs of shock



**CONTINUED ON NEXT PAGE** 



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date: Jil Mabley, MD, FAAEM

January 29, 2013

### **Abdominal and Pelvic Trauma**

- Revaluate ABCs and perform detailed/focused assessment of the head, neck, chest, abdomen, pelvis, and extremities x4 and repeat neuro exam
  - Perform blood glucose analysis treat hypoglycemia if present
     Consider cardiac monitoring
- Continue resuscitation and evaluation enroute



### <u>STOP</u>

Contact Medical Control or refer to local protocol.



#### Document:

- Vital signs
- OPQRST/SAMPLE
- Cardiac monitor
- Treatment
- Communication with medical control
- Consider transport to a trauma center (see CDC Field Triage in resources)



|--|

Effective Date: Jil Mabley, ND, FAAEM

ate: January 29, 2013

## **Extremity Trauma**

Applies to patients presenting with extremity trauma.

- Primary Survey
  - Assess LOC AVPU
  - Assure airway Assure patency and proper positioning
    - Initiate SMR if needed
  - Assess breathing Assist with BVM if ineffective respiratory effort
    - Give supplemental O<sub>2</sub> if signs of compromise or SpO<sub>2</sub> < 94%</li>
  - Assess circulation Control bleeding and manage shock appropriately
    - Direct pressure is usually sufficient
    - Tourniquet may applied as last resort



- Secondary Assessment and History
  - Physical exam and OPQRST/SAMPLE history
    - Establish the mechanism and nature of injury
  - Monitor vital signs and oxygen saturation
  - For fractures or dislocation
    - Assess distal, pulse, motor and sensation before/after splinting and during transport
    - If open fractures, control bleeding and cover with dry, sterile dressing.
    - If the extremity is severely angulated AND pulses are absent, apply gentle traction in an attempt to straighten it
    - Otherwise if pulses are present or if resistance is encountered, splint the extremity in the angulated position
    - Apply appropriate splinting device
    - To reduce swelling, elevate extremity and apply cold pack
  - For amputation if located initiate care for amputated part
    - Remove gross contaminants by rinsing with saline
    - Wrap in saline moistened gauze and place in plastic bag or container (sterile, if available)
    - Seal the bag or container tightly and place in solution of ice water, if available
    - Transport part to the hospital regardless of the condition
    - If the part cannot be immediately located, transport the patient and have other field providers search for and transport the part as soon as possible
- Initiate patient transport as soon as possible





Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Lile Mabley, MD, FAAEM

January 29, 2013

## **Extremity Trauma**

- Initiate IV/IO normal saline administer 20ml/kg bolus if signs of shock
- Revaluate patient's ABCs and perform a detailed/focused assessment
   Consider cardiac monitoring

1

### **STOP**

Contact Medical Control or refer to local protocol. Orders may include:



#### Document:

- Vital signs
- Neurovascular status of extremity before and after management
- · Cardiac monitor
- Treatment
- Communication with medical control

For pain, contact medical control or see *Pain Management* guideline
Consider transport to a trauma center (see *CDC Field Triage* in resources)



J. Patrick O'Nea	al, MD,
State EMS Medical Di	rector:

Effective Date:

Lile Mabley, MD, FAAEM

Date: January 29, 2013

### **Trauma Arrest**

Applies to trauma patients with absent vital signs. Patients with injuries incompatible with life are covered under the *Withholding or Termination of Resuscitation* Guideline.

- Primary Survey
  - Assess for signs of life
  - Initiate spinal motion restriction
  - Begin high quality CPR and restrict interruptions of compressions as much as possible
  - Assure airway/ventilatory support a blind insertion airway device (BIAD) or a supra-glottic airway (SGA) may be inserted early, otherwise ventilate with a BVM and 100% oxygen
  - Do not attempt insertion of a tracheal tube for the first five minutes of the resuscitation attempt, except in the presence of stridor
  - Ventilate with 100% oxygen only until the chest rises at a rate of 6-8 per minute (do not over-ventilate)
  - Control life-threatening bleeding
  - Airway Management, bleeding control and rapid transport are the most important interventions for victims of traumatic arrest.

    Minimize scene time to 10 minutes or less, barring extrication time), and perform only critical interventions before transport.



- Secondary Assessment and History
  - Attempt to obtain OPQRST/SAMPLE History, if relevant, prior to transport
  - o Begin transport as soon as possible. Minimize scene time
  - o Continue guideline en route
  - Move as rapidly and safely as possible toward an appropriate facility
  - Initiate cardiac monitoring
    - Manage dysrhythmias per appropriate guideline
    - Initiate ETCO<sub>2</sub> monitoring (if available)
- ALS Advanced airway/ventilatory management as needed
- Continue with compressions until return of adequate pulses
- Establish IV access using or normal saline with rapid infusion and monitor for the return of a palpable pulse. If a pulse is restored, titrate the infusion rate to a blood pressure of 80-90 systolic



**CONTINUED ON NEXT PAGE** 



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

January 29, 2013

# Trauma Arrest (Continued)

If mechanism of injury, symptoms, and physical exam suggests a tension pneumothorax, consider needle decompression on the affected side(s)

or refer to local protocol.

### **STOP Contact Medical Control**

#### Document:

- Mechanisms of injury
- ROSC/Vital sign changes if relevant
- Cardiac rhythm(s)
- Treatment
  - advanced airway procedures w/ ETCO<sub>2</sub> (if available)
  - o medications administrated
- Available History
  - Communication with medical control
- Transport decisions must be determined by the local EMS agency, due to many local and regional variations of resources
- Contact Medical Control with patient status and treatment as soon as possible



#### **IMPORTANT - NEEDLE CHEST DECOMPRESSION**

Indications: Peri-arrest or PEA; shock, with hypotension; and at least one of the following:

- Neck vein distention
- Tracheal deviation away from the injured side
- Increased resistance when ventilating
- Hyper-expanded chest with little movement with respiration

Needle chest decompression should never be utilized based solely on the presence of poor or absent breath sounds on one side of the chest. The procedure has complications, and should not be used lightly. However, when used appropriately, it can be life-saving.

CAUTION: Overly aggressive PPV may cause a pneumothorax or exacerbate an existing pneumothorax.



J. Patrick O'Nea	I, MD,
State EMS Medical Dir	ector:

Effective Date: Jil Mabley, MD, FAREM
January 29, 2013

### **Burns**

Applies to patients who have sustained thermal, chemical or electrical bums and/or have sustained inhalation injuries. Hypotension is not normally seen with prehospital burn patients. Hypotension suggests other trauma. Refer to the trauma guidelines as needed.

- Assure scene safety
- Remove from burning process if possible (only if properly trained)



- Primary Survey
  - Assess LOC AVPU
  - Assure airway be prepared to aggressively manage the airway
  - Assess breathing give supplemental  $O_2$ , maintain  $SpO_2 \ge 94\%$ .
  - Assess circulation manage bleeding and shock appropriately



Look closely for evidence of inhalation injury (hoarseness, stridor, sooty sputum, facial burns, or singed nasal or facial hair). Aggressive airway management may be warranted.



Burn victims may have suffered carbon monoxide poisoning and may show a false reading on the pulse oximeter.



- Initial Burn Management
  - Initiate spinal movement restrictions, as needed.
    - If no suspicion of spinal injury, place the patient in position of comfort
    - If evidence of shock, place the patient supine and monitor airway closely. Treat shock according to the Shock guideline.
  - o Remove and secure any jewelry, belts, shoes, etc. from burned areas.
  - Remove burned or singed clothing not stuck to the skin.
  - o Prevent hypothermia
  - Initiate care for burn wounds
    - Chemical injury brush off chemical, flush with water to remove any residual chemical
    - ALS Electrical injury treat dysrhythmias per appropriate cardiac dysrhythmia guideline
    - Thermal injury dry sterile dressings
  - o Begin transport as soon as possible
    - If no other trauma mechanism, consider transport to burn center
    - If trauma mechanism exists, consider transport to a trauma center
    - Transport patients with an unmanageable airway, uncontrolled hemorrhage, and/or hemodynamic instability to the closest hospital emergency department





Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Jehick O part Mil) Lile Mabley, MD, FAAEM

January 29, 2013

**Burns (Continued)** 

ALS Advanced airway/ventilatory management as needed

- Secondary Assessment and History
  - Record and monitor vital signs, oxygen saturation, and CO-
  - Monitor carbon monoxide saturation (if CO-oximetry is available)

ALS Cardiac monitor - record and evaluate 12 Lead ECG (if available)

- Assess
  - Possible carbon monoxide poisoning
  - Heat inhalation injury/airway
  - Approximate burn size, depth, and location
  - Other injuries and illnesses
- Initiate IV/IO normal saline see below
  - Do not delay transport for IV access



#### STOP

Contact Medical Control or refer to local protocol. Orders may include:



For pain management, see Pain Management guideline

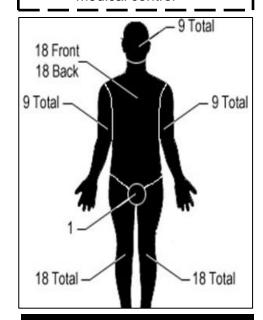
#### **Initial Fluid Resuscitation**

- If patient presents with shock
  - o Initiate IV/IO of NS 20ml/kg bolus
- Otherwise, administer fluid infusion utilizing USAISR Rule of Ten
  - Estimate burn size to the nearest 10
  - For adult patients weighing 40–80 kg, %TBSA × 10 = Initial fluid rate in mL/hr
  - For every 10 kg above 80 kg, increase the rate by 100 mL/h
- Do not exceed 1 liter of IV fluids unless authorized by Medical Control.
- Contact Medical Control for fluid orders in patients with CHF or cardiac disease.



#### Document:

- Vital signs
- Burn type, location, size, and depth
- Cardiac rhythm
- Treatment
- Communication with medical control



To calculate body surface area involved, use Rule of Nines or estimate using the patient's palm size as approximately 1% of BSA



J. Patrick O'Neal, MD, State EMS Medical Director:
lill Mahley MD

Effective Date: Jil Mabley, MD, FAREM
January 29, 2013

**Snakebite** 

Special Note: Safety of rescue personnel is top priority! Assure scene safety and determine location of snake. Do not transport snake. (A picture will suffice.) DEAD SNAKES ARE STILL DANGEROUS!

- Primary Survey
  - Assess LOC AVPU
  - Assure airway assure patency and proper positioning
  - Assess breathing assist with BVM if ineffective respiratory effort
    - Give supplemental O<sub>2</sub> if signs of compromise or SpO<sub>2</sub> < 94%</p>
  - Assess circulation manage shock appropriately



- Secondary Assessment and History
  - Monitor vital signs and oxygen saturation
  - Perform blood glucose analysis treat hypoglycemia if present
     Consider cardiac monitoring
  - Physical exam and OPQRST/SAMPLE history
    - Assess for swelling, skin color changes, shock
  - Mark on skin the leading edge of swelling and erythema and record time, repeat if leading edge progression
    - If able, safely determine type, size, and length of snake
- ALS Advanced airway/ventilatory management as needed
- Place patient in position of comfort. Minimize movement and exertion
- Do not place bitten extremity in an elevated or lowered position.
- Clean wound apply light dressing, unless wound is bleeding profusely
  - No ice, no constricting bands, no cutting
- Initiate IV/IO normal saline administer 20ml/kg bolus if signs of shock





- Vital signs
- OPQRST
- Cardiac monitor
- Treatment
- Communication with medical control
- Frequently reassess patient, manage any presenting respiratory distress, seizures, and/or dysrhythmia's in accordance with appropriate guideline
- Contact Medical Control for Pain Management



Sta	J. Par ate EMS	trick C Medic		

> Effective Date:

Lile Mabley, MD, FAAEM

January 29, 2013

### **Submersion Event**

Applies to any patient that has been submerged under water for any period of time.

Special Note: Safety of rescue personnel is top priority! Enter water only if trained and as a last resort.

- Primary Survey
  - Assess LOC AVPU
  - Assure airway assure patency and proper positioning
    - Consider SMR if evidence of trauma
  - Assess breathing assist with BVM if ineffective respiratory effort
    - Give supplemental O<sub>2</sub> if signs of compromise or SpO<sub>2</sub> < 94%</p>
  - Assess circulation manage shock appropriately
    - Take measures to prevent hypothermia remove wet clothes, cover and warm the patient



- Secondary Assessment and History
  - Monitor vital signs and oxygen saturation
  - o Perform blood glucose analysis treat hypoglycemia if present
  - ALS Initiate cardiac monitoring
  - ALS Record and evaluate 12-lead ECG (if available) don't delay therapy
    - Physical exam and OPQRST/SAMPLE history

ALS Advanced airway/ventilatory management as needed

- Initiate IV/IO normal saline administer 20ml/kg bolus if signs of shock
- If patient is hypothermic, refer to *Cold Related Emergencies* guideline



#### STOP

Contact Medical Control or refer to local protocol.



#### Document:

- Vital signs
- OPQRST
- Cardiac monitor
- Treatment
- Communication with
  - medical control

ALL SUBMERSION VICTIMS SHOULD BE TRANSPORTED EVEN IF THEY APPEAR UNINJURED OR APPEAR TO HAVE RECOVERED.

# **Medications**



J. Patrick O'Neal, MD,
State EMS Medical Director:

Effective Date:

J. Pakick O pack Min) Lile Mabley, MD, FAAEM

Date: January 29, 2013

# **EMS Drug Formulary**

#### **Medications**

Page 129
Page 130
Page 131
Page 132
Page 133
Page 134
Page 135
Page 136
Page 137
Page 138-139
Page 140-141
Page 142
Page 143
Page 144
Page 145
Page 146
Page 147
Page 148
Page 149
Page 150
Page 151
Page 152
Page 153
Page 154
Page 155
Page 156
Page 157

Medications listed here, and described in this section, include all medications referenced in these clinical guidelines. Each local EMS medical director has the responsibility of approving a formulary 1) consistent with the State scope of practice and 2) appropriate for local EMS resources and needs. Please note that the current scope of practice prohibits use of paralytics to initiate advanced airway management/endotracheal intubation.

Link to scope of practice: http://ems.ga.gov/programs/ems/Procedures/PRO%20P-01%20Scope%20of%20Practice%20for%20EMS%20Personnel/Georgia%20Scope%20of%20Practice%20-%20Effective%207-1-2011%20-%20Updated%207-1-2011%20-%20ALL%20LEVELS%20(no%20EMR).pdf

or go to http://www.ems.ga.gov, click on "Procedures, Forms, Applications & Resource Documents", scroll down to "Practice".



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date: J. Pahick ( youl min) Lile Mabley, MD, FAAEM

January 29, 2013

# **Acetaminophen (Tylenol®)**

Indication: Fever, pain

Adult dose range: 15 mg/kg every 4 hours; max 4g a day

Pediatric dose range: 15 mg/kg every 4 hours

Time to onset: 20 to 30 minutes

**Contraindications:** Allergy to acetaminophen

How is it given?

PO/oral

What should be monitored?

General patient monitoring

Major drug interactions:

No acute drug interactions

What side effects/potential complications are expected?

No acute side effects or complications in the emergency setting

- Liver infection or liver failure will slow metabolism of acetaminophen
- No acute special considerations



J. Pa	atrick O'N	Neal, MD,
State EMS	Medical	Director:

Effective Date: Mabley, MD, FAREN

Pakick O Jack mi)

January 29, 2013

# Adenosine (Adenocard®)

Indication: PSVT & undifferentiated regular wide complex tachycardia

**Adult dose range:** 6 mg; if not effective within 1-2 minutes, 12 mg may be given; may repeat 12 mg bolus if needed

repeat 12 mg bolds if needed

**Pediatric dose range: (Given only after orders from Medical Control)** 0.1 mg/kg; if not effective administer 0.2 mg/kg. Maximum initial dose: 6mg / Maximum additional single dose: 12 mg

Time to onset: Rapid

#### Contraindications:

- 2<sup>nd</sup> or 3<sup>rd</sup> degree AV block, or sick sinus syndrome, or any bradycardic rhythm (except in patients with pacemaker)
- Known hypersensitivity

#### How is it given?

Rapid IV push over 1-2 seconds via peripheral line with at least 20mL NS flush

#### What should be monitored?

- ECG
- Heart rate
- Blood pressure

#### Major drug interactions:

- Theophylline and caffeine (may require increased dose of adenosine)
- Dipyridamole (may require reduced dose of adenosine)
- Carbamazepine (may increase heart block)

### What side effects/potential complications are expected?

- Facial flushing
- Palpitations
- Chėst pain
- Hypotension
- Headache
- Shortness of breath/dyspnea
- Sweating

- Use large, proximal vein
- Follow medication immediately with syringe flush of normal saline (not just open line; not fast enough)
- Use two syringe technique if possible
- Consider other arrhythmias such as Atrial Flutter, Atrial Fibrillation, or Ventricular Tachycardia before administering



	J. Patrick O'Neal, MD,
State	<b>EMS Medical Director:</b>

Effective Date: Jehick ( parl, M.) Lile Mabley, MD, FAAEM

January 29, 2013

# Albuterol (Proventil®, ProAir®, Xopenex®)

**Indication:** Bronchodilator in reversible airway obstruction due to reactive airway disease, asthma, COPD, CHF, anaphylaxis or other respiratory conditions causing bronchospasm.

**Adult dose range:** 2.5-5 mg as needed. Pre-hospital personnel may assist a patient with self-administration of their MDI.

Pediatric dose range: If less than 15kg- 2.5 mg; if > 15 kg- up to 5mg

**Time to onset:** 5 to 15 minutes (if inhaled)

#### Contraindications:

Hypersensitivity to albuterol

Adult heart raté above 180 bpm w/o contacting Med Control

Pediatric heart rate above 220 bpm w/o contacting Med Control

#### How is it given?

Via nebulization

#### What should be monitored?

- Heart rate
- CNS stimulation
- Respiratory status

#### Major drug interactions:

- Beta blockers (decrease effect)
- MAO inhibitors and TCA's (may increase cardiovascular effects)
- Other sympathomimetic aerosol bronchodilators or epinephrine should not be used concomitantly with Albuterol, including over-the-counter-aerosols.

#### What side effects/potential complications are expected?

- Tachycardia, palpitations, pounding heartbeat
- Gl upset, nausea
- CNS stimulation
- Tremor

#### Are there any special instructions/considerations?

Patient may need assistance and coaching with the treatment



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Jehick ( makey, M.), FAAEM

January 29, 2013

# Amiodarone (Cordarone®)

**Indication:** Recurring ventricular fibrillation, pulseless ventricular tachycardia, unstable ventricular tachycardia

Adult dose range:

- V-Fib/pulseless VT: 300 mg rapid IV bolus or IO, repeat dose of 150 mg can be given in 3-5 minutes.
- <u>VTach w/ Pulse</u>: 150mg slow IV/IO over 10 minutes
- Infusion: 150 mg amiodarone in 150 ml of D5W infuse at 1 mg/min

Pediatric dose range:

- Treatment of pulseless VF or VT: 5 mg/kg rapid IV bolus or IO can repeat ↑2 times
- Treatment of perfusing tachycardias: Loading dose: 5 mg/kg IV over 20-60 minutes or IO

Time to onset: Immediate

#### **Contraindications:**

- Hypersensitivity
- Severe sinus node dysfunction
- 2<sup>nd</sup> and 3<sup>rd</sup> degree AV block
- Cardiogenic shock
- Relative- Asthma- contact Medical Control
- Sinus bradycardia, except if pacemaker is placed
- Pregnancy

#### How is it given?

IV. IO

#### What should be monitored?

- ECG
- Heart rate

### Major drug interactions:

- Beta blockers
- Calcium channel blockers
- Digoxin

### What side effects/potential complications are expected?

- Hypotension
- CNS effects
- Myocardial depression
- Nausea/vomiting
- Arrhythmias
- Flushing
- Visual disturbances

### Are there any special instructions/considerations?

Do not give rapid IV push to a patient with a pulse



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

J. Pakick O' your Min) Lile Mabley, MD, FAAEM

January 29, 2013

# **Aspirin**

**Indication:** Onset chest pain suggestive of MI signs/symptoms

Adult dose range: 160mg-325mg chewable tablets

Pediatric dose range: Not recommended

Time to onset: 15 to 30 minutes

#### **Contraindications:**

Hypersensitivity to aspirin

Stomach ulcers

GI Bleeding

#### How is it given?

Orally

#### What should be monitored?

Heart rate

Respiratory Rate

### Major drug interactions:

Blood thinners

#### What side effects/potential complications are expected?

- Gl upset, nausea
- Vomiting
- Wheezing

- Do not give large amounts of water to drink, as vomiting may occur
- Relatively contraindicated in persons with asthma



J. Pa	atrick O'Ne	al, MD,
State EMS	Medical D	irector:

Effective Date:

Mabley, ND, FAAEM

January 29, 2013

Pahicle O Jack mis

## **Atropine**

Indication: 1) Bradycardia, per cardiac protocol

2) Symptomatic organophosphate exposure: nerve gas (terrorism) or

pesticides (industrial, farming).

Adult dose range:

 Bradycardia: 0.5mg IV/IO bolus every 3-5 minutes as needed, not to exceed total dose of 3 mg

 Organophosphate Poisoning/Nerve Agents: 1-2 mg IV/IO bolus every 5 minutes, until bronchial secretions and bradycardia are controlled.

Pediatric dose range:

- Bradycardia: IV/IO: 0.02 mg/kg bolus; minimum dose is 0.1 mg, maximum single dose is 0.5 mg maximum total dose is 1 mg; for ET dosing: 0.04-0.06mg/kg followed by 5mL flush and 5 ventilations.
- <u>Órganophosphate Poisoning/Nerve Agents</u>: 0.02mg/kg IV/IO bolus every 5 minutes until bronchial secretions and bradycardia are controlled.

Time to onset: Immediate

#### Contraindications:

- Absence of bradycardia
- Absence of signs of organophosphate poisoning

#### How is it given?

- IV, IO: administer undiluted by IV bolus
- IM: Only if IV is not established
- ET dose at 2-2.5 normal dosing followed by flush and ventilations
- Auto-injector, eg. Mark I kits

#### What should be monitored?

- Airway secretions
- Heart rate
- Mental status

#### Major drug interactions:

- Phenothiazines (Promethazine, prochlorperazine)
- Antihistamines

#### What side effects/potential complications are expected?

- Dry, hot skin and mouth
- Tachycardia
- Urinary retention
- Decreased GI motility

- For large-scale exposures to organophosphates/nerve agents, access ChemPack caches - see ChemPack Fact Sheet in the Resources section of Guidelines, or call Georgia Poison Center directly at 1-800-222-1222.
- ET dosing should only be performed if IV/IO attempts have been made and are unsuccessful.



Jill Mabley, MD, Deputy EMS Medical Director:

> Effective Date:

Mabley, MD, FAA,

Pahick O' youl min)

January 29, 2013

### **Dextrose in Water**

10%, 25%, 50%

Indication: Hypoglycemia, Hyperkalemia

Adult dose range: D<sub>50</sub>W - 25-50g IV as needed

Pediatric dose range:

■ D<sub>10</sub>W <6 months- 0.5g/kg (5mL/kg);

D<sub>25</sub>W 6 months-2 years- 0.5g/kg (2mL/kg)

D<sub>50</sub>W >2 years- 0.5g/kg (1mL/kg)

Time to onset: Immediate

#### **Contraindications:**

None in the emergency setting for hypoglycemic events

#### How is it given?

- Slow IV bolus
- For pediatric use:
  - Dilute dose with NS in a 1:1 ratio to create 25% (D<sub>25</sub>W)
  - Dilute 2mL D<sub>50</sub>W in 8mL of NS to create D<sub>10</sub>W

#### What should be monitored?

- Blood glucose
- Level of consciousness
- IV Site

#### Major drug interactions:

No major drug interactions

#### What side effects/potential complications are expected?

- Hyperglycemia
- Vein irritation
- Cerebral edema in stroke patients

- For concentrations above 25%, give by patent peripheral vein, or IO route.
- May cause tissue necrosis
- May precipitate neurologic symptoms in thiamine deficient patients; consider administration of 100mg thiamine IV in malnourished patients
- Use caution in the setting of the following:
  - Acute stroke
  - Diabetic coma and hyperglycemia
  - Delirium tremens in dehydrated patients



Jill Mabley, MD, Deputy EMS Medical Director:

> Effective Date:

J. Pakick O'mal, M.) Lile Mabley, MD, FAREM

January 29, 2013

# Diazepam (Valium®)

**Indication:** Seizure activity; excited delirium; acute agitation

Adult dose range: 2.5-5 mg slow IV/IO, up to a max dose of 10mg.

Contact Medical Control for further doses.

**Pediatric dose range:** 0.1-0.3mg/kg, slow IV/IO to a max of no more than 5mg for peds <5yrs, and 10mg max for >5yrs. *Contact Medical Control for advisement on use.* 

Time to onset: 1 to 5 minutes, IV

#### Contraindications:

- Hypersensitivity to diazepam
- Pre-existing CNS depression
- Respiratory depression

#### How is it given?

Slow IV push; do not exceed 1-2 mg/minute in children, 5 mg/minute in adults.

#### What should be monitored?

- Airway
- Level of consciousness
- Heart rate
- Respiratory rate
- Blood pressure

### Major drug interactions:

- Ånv opiates
- Any medication for mood disorder
- Seizure medications
- Antihistamines

#### What side effects/potential complications are expected?

- Decreased level of consciousness
- Inability to maintain airway
- Respiratory depression/apnea
- Hypotension

- Contact Medical Control for patients with:
  - Neurologic disorders
  - Geriatric
  - Pregnancy or lactating patients
- Respiratory depression lasts longer than seizure activity be prepared to support respirations



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date: J. Pakick ( pack, M.) Lile Mabley, MD, FAAEM

January 29, 2013

# Diphenhydramine (Benadryl®)

Indications: Allergic reaction, anaphylaxis, dystonic reactions

Adult dose range: 25-50 mg/dose PO/IM/IV/IO with max dose of 50mg

Pediatric dose range: 1 mg/kg with max dose of 25mg

Time to onset: 15 to 30 minutes

#### **Contraindications:**

- Hypersensitivity to diphenhydramine
- Newborns or infants
- Nursing mothers

#### How is it given?

PO, IV, IO, IM; Can be given undiluted at a rate of 25 mg per 1 minute

#### What should be monitored?

- Pulse Oximetry
- Blood Pressure
- Improvement of symptoms being treated
- Sedation level

#### Major drug interactions:

Additive CNS depression with alcohol, sedatives, narcotics

#### What side effects/potential complications are expected?

- Sedation, dizziness, lightheadedness, altered mental status
- Hypotension, tachycardia
- Blurred vision

#### Are there any special instructions/considerations?

 For respiratory depressions and signs of shock secondary to anaphylaxis, epinephrine should be administered early and often



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date: J. Pakick ( pack, M.) Lile Maboley, MD, FAAEM

January 29, 2013

# **Dopamine (Inotropin)**

**Indications:** Cardiogenic shock; hemodynamically significant hypotension not resulting from hypovolemia; symptomatic bradycardia

Adult dose range: 2-20mcg/kg/min titrated to desired response

2-4 mcg/kg/min: Renal Dose
5-10 mcg/kg/min: Inotropic Dose
10-20 mcg/kg/min: Pressor Dose

Pediatric dose range: 2-20 mcg/kg/min titrated to desired response

Time to onset: Less than 5 minutes

#### **Contraindications:**

- Hypersensitivity to sulfites
- Hýpovolemic shock
- Táchyarrhythmias
- Ventricular fibrillation

#### How is it given?

- Administer as a continuous infusion, titrating to effect. Gradually increase dosage until optimum response occurs.
- Direct intravenous push is not recommended.
- See infusion charts on next page

#### What should be monitored?

- Blood pressure
- Heart rate
- Peripheral pulses
- IV Site

#### Major drug interactions:

- Deactivated by sodium bicarbonate
- Hypotension and/or bradycardia occurs with phenytoin
- Reduced effects with Beta-adrenergic blocker
- Potentiated effects with MAO inhibitors

#### What side effects/potential complications are expected?

- Hypertension
- Táchycardia, palpitations, arrhythmias

- Tissue necrosis is associated with extravasation.
- Medical Control should be consulted before initiating dopamine on any patient taking MAO inhibitors.

Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Liu Mabley, MD, FAREM

January 29, 2013

# **Dopamine (Continued)**

### **Adult Dopamine Infusion Chart:**

		Do	pamin	e Infus	ion: S	tandar	1600	mcg/m	l Conce	entratio	on	
We	Weight Milliliters hour or drops per minute with micro drip tubing (60gtt/ml)											
lbs	kg	2 mcg/kg/hr	3 mcg/kg/hr	4 mcg/kg/hr	5 mcg/kg/hr	6 mcg/kg/hr	7 mcg/kg/hr	8 mcg/kg/hr	9 mcg/kg/hr	10 mcg/kg/hr	15 mcg/kg/hr	20 mcg/kg/hr
77	35	3	4	5	7	8	9	10	11	13	20	26
88	40	3	5	6	8	9	11	12	14	15	23	30
99	45	3	5	7	8	10	12	14	15	17	25	34
110	50	4	6	8	9	11	13	15	17	19	28	38
121	55	4	6	8	10	12	14	17	19	21	31	41
132	60	5	7	9	11	14	16	18	20	23	34	45
143	65	5	7	10	12	15	17	20	22	24	37	49
154	70	5	8	11	13	16	18	21	24	26	39	53
165	75	6	8	11	14	17	20	23	25	28	42	56
176	80	6	9	12	15	18	21	24	27	30	45	60
187	85	6	10	13	16	19	22	26	29	32	48	64
198	90	7	10	14	17	20	24	27	30	34	51	68
209	95	7	11	14	18	21	25	29	32	36	53	71
220	100	8	11	15	19	23	26	30	34	38	56	75
231	105	8	12	16	20	24	28	32	35	39	59	79
242	110	8	12	17	21	25	29	33	37	41	62	83
253	115	9	13	17	22	26	30	35	39	43	65	86

### **Pediatric Dopamine Infusion Charts:**

Do	pamine	Infusion:	Standard 1	600mcg/ml	Concentra	ntion
Broselow Color	Weight (kg)		ur or drops pe 7.5 mcg/kg/hr			
Gray	3	0.6*	0.8*	1.1	1.7	2.3
Gray	4	0.8*	1.1	1.5	2.3	3.0
Gray	5	0.9*	1.4	1.9	2.8	3.8
Pink	6-7	1.2	1.9	2.4	3.7	4.9
Red	8-9	1.6	2.4	3.2	4.8	6.4
Purple	10-11	2	3	3.9	5.9	7.9
Yellow	12-14	2.4	3.7	4.9	7.3	9.8
White	15-18	3.1	4.7	6.2	9.3	12.4
Blue	19-23	3.9	5.9	7.9	11.8	15.8
Orange	24-29	5	7.5	9.9	14.9	19.9
Green	30-36	6.2	9.3	12.4	18.6	24.8
	*For ra	tes <1 ml /hour	consider using	800 mcg/ml c	concentration	

Dopamine Infusion: 800mcg/ml Concentration									
Broselow Weight (kg)  Milliliters hour or drops per minute with micro drip tubing (60gtt/r									
Color	weight (kg)	5 mcg/kg/hr	7.5 mcg/kg/hr	10 mcg/kg/hr	15 mcg/kg/hr	20 mcg/kg/hr			
Gray	3	1.1	1.7	2.3	3.4	4.5			
Gray	4	1.5	2.3	3.0	4.5	6.0			
Gray	5	1.9	2.8	2.8	5.6	7.5			



J. Patrick O	'Neal, MD,
State EMS Medica	al Director:

Effective Date: Pahick O' youl min)

January 29, 2013

# Epinephrine (Adrenalin®)

**Indication:** Anaphylaxis, cardiac arrest, croup, severe bronchospasm, symptomatic bradycardia

See note under special instructions/considerations on the following page in reference to different concentrations of epinephrine.

Adult dose range:

Cardiac Arrest: 1 mg (1:10,000) every 3 - 5 minutes IV or IO; ET 2-2.5 times normal dosing followed by flush and ventilations

Symptomatic Bradycardia not relieved by atropine or TCP: 1 mg (1:1,000) in 250 cc NS or D5W administered at 2 - 10 mcg/min

Epinephrine Infusion: 4mcg/ml Concentration									
mcg/min	2	3	4	5	6	7	8	9	10
microdrops/min	30	45	60	75	90	105	120	135	150

Bronchospasm/Anaphylaxis:

0.3 mg (1:1,000) SQ or IM using an auto-injector.
 0.3 mg (1:10,000) IV (IF SEVERE OR NO RESPONSE TO SQ/IM)

Repeat every 5-10 minutes as needed for respiratory and hemodynamic support

Pediatric dose range:

- Cardiac Arrest: 0.01mg/kg (1:10,000) every 3 5 minutes IV or IO; ET dosing: 0.1mg/kg (1:1000) followed by 5mL flush and 5 ventilations.
- Symptomatic Bradycardia: 0.01mg/kg (1:10,000) every 3 5 minutes IV or IO
- Bronchospasm/Anaphylaxis: 0.01 mg/kg (1:1000) SQ to a maximum dose of 0.3 mg/dose
  - Patient >30kg 0.3 mg IM using an auto-injector
  - Patient 10-30kg 0.15mg IM using junior auto-injector
- Croup:
  - Patient < 15kg 2.5ml (1:1000) in 3ml NS nebulized
  - Patient > 15kg 5ml (1:1000) nebulized

Time to onset: < 1 minute IV, 3-10 IM,SQ

**Duration of effect:** 3-5 minutes IV

#### **Contraindications:**

- None in cardiac arrest
- Hypersensitivity to epinephrine
- Hypertension or tachyarrhythmias

#### How is it given?

IV, IO, ET, IM, SQ, Auto-injector

#### What should be monitored?

- Blood pressure
- Heart rate
- Pulmonary function



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date: Jil Mabley, MD, FAAEM

January 29, 2013

# **Epinephrine (Continued)**

#### **Major drug interactions:**

- Deactivated by sodium bicarbonate
- Reduced effects with Beta-adrenergic blocker
- Potentiated effects with MAO inhibitors
- Increased arrhythmias with sympathomimetics (eg. caffeine, cocaine) and phosphodiesterase inhibitors (Viagra®, Cialis®, Levitra®)

#### What side effects/potential complications are expected?

- Tachycardia, palpitations, angina
- Flushing, hypertension

- Do not confuse concentration strengths of epinephrine 1:1000 and 1:10000
- 1:1000 is not for IV/IO use
- Do not mix with sodium bicarbonate
- For anaphylaxis, give epinephrine early and often
- ET dosing should not be administered until attempts have been made at IV/IO insertions without success



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Mabley, MD, FAAEA

Pahick O' youl, m.

January 29, 2013

# Fentanyl (Sublimaze®)

**Indications:** Moderate to severe pain

Adult dose range: 25-100 mcg

Pediatric dose range: 2-12 years: 1 mcg/kg - Contact Medical Control for

advisement on use

Time to onset: Rapid

#### **Contraindications:**

- Severe hemorrhage
- Shock
- Respiratory depression

#### How is it given?

Slow IV, IO, IN

#### What should be monitored?

- Level of conscious
- Airway
- Respirations
- Watch for dysrhythmias (bradycardia)

#### Major drug interactions:

- Other CNS depressants may potentiate the effects of fentanyl (narcotics, barbiturates, tranquilizers)
- MAO Inhibitor use within previous 14 days contact Medical Control for advisement

### What side effects/potential complications are expected?

- Inability to maintain airway
- Decreased level of consciousness
- Respiratory depression
- Bradycardía

- Use caution to patients with liver and kidney dysfunction
- Narcotic antagonist such as naloxone should be readily available to manage apnea
- Reduced dosages may be necessary for high-risk or geriatric patients



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date: Jehick O'mal, M. FAAEM

January 29, 2013

# Glucagon

Indications: Hypoglycemia; Beta blocker overdose

Adult dose range: 1 mg IM, IN

Pediatric dose range: 0.1 mg/kg IM, IN

Time to onset: 5 to 20 minutes

**Contraindications:** 

Known hypersensitivity to glucagon

How is it given?

IM, SC, IN

#### What should be monitored?

- Level of consciousness
- Blood pressure
- Pulse rates
- Blood sugar

Major drug interactions:

No acute interactions in the emergency setting

What side effects/potential complications are expected?

Rare side effects may include: hypotension, dizziness, headache, nausea/vomiting

- Glucagon will only work if there are sufficient glucose stores in the liver and may be ineffective for poorly nourished patients
- Effects are slower than dextrose IV administration and should be considered only if an IV line cannot be established
- Positive inotropic effects may be seen with administration
- Glucagon for parenteral administration is derived from pork or beef pancreas



J. Patrick O'Neal, ML	),
State EMS Medical Director	r:

Effective Date:

Papick O'yack, Min.) U Mabley, MD, FAAEM

January 29, 2013

# Haloperidol (Haldol®)

**Indications:** Acute psychotic episodes, severe agitation

**Adult dose range:** 2-5 mg IM. Contact Medical Control for additional dosing.

#### Pediatric dose range: Contact Medical Control for advisement on use

Not recommended for pediatrics under the age of 5.

6-12 years old: 1-3 mg/kg with max dose of 0.15mg/kg/day.

Time to onset: 30 to 45 minutes

#### **Contraindications:**

Ventricular arrhythmia, or known prolonged QT interval

- Caution and/or contact Medical Control if patient is already taking any sedative or psychoactive drugs (including lithium), or appears intoxicated
- Decreased level of consciousness

Hypotension

#### How is it given?

IM, IV, IO

#### What should be monitored?

- Decreased level of consciousness
- Airway
- Respirations
- Blood pressure
- Pulse

#### **Major drug interactions:**

Used along with antihypertensives may lead to hypotension

### What side effects/potential complications are expected?

- Altered level of consciousness
- Inability to maintain airway
- Respiratory depression
- Hypotensión
- Tachycardia
- Extrapyramidal symptoms (EPS)

#### Are there any special instructions/considerations?

Watch for cardiovascular effects such as prolonged QT or torsades de pointes



J. Patrick O'Neal, M	ID,
State EMS Medical Direct	

Effective Date: Je hick ( ) park min)

Jil Mabley, MD, FAAEM

January 29, 2013

## **Ipratropium (Atrovent®)**

Indications: Bronchial asthma and reversible bronchospasm associated with COPD

Adult dose range: 0.5 mg

#### Pediatric dose range: Contact Medical Control for advisement on use

Not recommended for use in pediatrics under the age of 12 years.

Over 12 years, may administer 0.5mg adult dosage.

**Time to onset:** 30 minutes to 1 hour

#### **Contraindications:**

Hypersensitivity to ipratropium

Not indicated for acute treatment of bronchospasms

#### How is it given?

Nebulized; may also assist patient with MDI

#### What should be monitored?

- General patient assessment
- Respiratory effort

#### Major drug interactions:

No acute interactions in the emergency setting

#### What side effects/potential complications are expected?

- Palpitations
- Anxiety, dizziness
- Nausea/Vomiting

- May be administered with Beta agonist in same nebulizer unit
- Caution should be used when administering to elderly patients and those with cardiovascular disease or hypertension



Jill Mabley, MD, Deputy EMS Medical Director:

> Effective Date:

il Mabley, MD, FAAEN

Papiele O' your min)

January 29, 2013

## Lidocaine (Xylocaine®)

**Indications:** Used as an antiarrhythmic for: ventricular tachycardia; ventricular fibrillation; and malignant PVCs

**Adult dose range:** 1-1.5mg/kg for first dose, 0.50-0.75 for subsequent doses up to a max of 3mg/kg

For pulseless rhythms, repeat dosing every 3-5 minutes

For pulse rhythms, doses may be repeated every 5-10 minutes.

If conversion, begin infusion at 2-4mg/min.

If no pre-mixed bags available, place 1g of lidocaine in 250mL bag (or 2g in 500mL) of D<sub>5</sub>W or NS for a 4:1 ratio of drug per milliliter.

Lidocaine Infusion: 4mg/ml Concentration			
mg/min	2	3	4
microdrops/min	30	45	60

**Pediatric dose range:** 1 mg/kg IV/IO; infusions at 20-50mcg/kg/min

Time to onset: 1 to 3 minutes

#### Contraindications:

Second-degree Mobitz II and Third-degree AV blocks

Not to be given in bradycardic rhythms as first line treatment

#### How is it given?

IV, IO

#### What should be monitored?

- Level of consciousness
- Blood pressure
- Pulse
- Cardiac monitor

#### Major drug interactions:

 Use with caution when administering concomitantly with: procainamide, phenytoin, quinidine and beta-blockers

#### What side effects/potential complications are expected?

- Altered level of consciousness/drowsiness
- Seizures
- Hypotension
- Bradycardia/heart blocks
- Nausea/vomiting

- Dosage of lidocaine should be reduced by 50% in patients over the age of 70, patients with liver disease, and heart failure
- Lidocaine 2% can be used to reduce discomfort of IO insertions on conscious patients. Dosage given through IO line after insertion: Adults - 20-40mg; pediatrics-0.5mg/kg



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Pahick O'mal mi)

January 29, 2013

## Lorazepam (Ativan®)

**Indication:** Seizure activity; excited delirium; acute agitation

Adult dose range: 1-4 mg; not to exceed 4 mg

**Pediatric dose range:** 0.05mg/kg- max 2mg dose (0.02-0.1mg/kg range)

Contact Medical Control for advisement on use

Time to onset: 1 to 5 minutes, IV

#### Contraindications:

- Hypersensitivity to lorazepam
- Pre-existing CNS depression
- Respiratory depression

## How is it given? ■ Slow IV, IM

#### What should be monitored?

- Airway
- Level of consciousness
- Heart rate
- Respiratory rate
- Blood pressure

#### **Major drug interactions:**

- Any opiates
- Seizure medications
- Antihistamines
- Any medication for mood disorder

#### What side effects/potential complications are expected?

- Inability to maintain airway
- Decreased level of consciousness
- Respiratory depression/apnea
- Hypotensión

- Contact Medical Control for patients with:
  - Neurologic disorders
  - Geriatric 0
  - Pregnancy or lactating patients



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

J. Pahick ( youl, M.) Lile Mabley, MD, FAAEM

January 29, 2013

## **Magnesium Sulfate**

**Indication:** Torsades de pointes, treatment of cardiac arrhythmias caused by hypomagnesia; seizure activity associated with toxemia/eclampsia of pregnancy

Adult dose range:

1-2 grams IV push for abnormal ventricular rhythms;

2-4 grams for seizure activity related to toxemia- if no IV available, give 2 grams IM

Pediatric dose range: 25-50 mg/kg; max single dose of 2g

Time to onset: Immediate when given IV

#### Contraindications

Heart block

#### How is it given?

Slow IV

#### What should be monitored

- Blood pressure
- Respiratory and CNS depression during rapid IV administration
- Magnesium levels
- Monitor for arrhythmias

#### **Major drug interactions**

No major drug interactions

#### What side effects/potential complications are expected?

- CNS depression
- Respiratory depression
- Complete heart block

#### Are there any special instructions/considerations?

Hypotension and asystole may occur with rapid administration



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date: J. Papick ( ) pack M.) Lile Mabley, MD, FAAEM

January 29, 2013

## Methylprednisolone (Solu-Medrol®)

Indication: Anti-inflammatory medication; asthma, exacerbation of COPD, anaphylaxis

Adult dosage range: 125 mg

Pediatric dosage range: 1.0-2.0mg/kg Contact Medical Control for advisement on use

Time to onset: Rapid

#### **Contraindications:**

Known hypersensitivity to methylprednisolone

#### How is it given?

Slow IV, IM

#### What should be monitored?

Blood pressure, blood glucose, electrolytes

#### **Major drug interactions:**

Decreased by phenytoin, phenobarbital, and rifampin (anti-TB)

#### What side effects/potential complications are expected?

- Rare, but possible side effects:
- Fluid retention
- CHF
- Hypertension
- Vertigo
- Headache
- Projectile Vomiting if pushed too fast
- Hiccups

- Dosing should be based on the lesser of ideal body weight or actual body weight
- Long-term use may cause GI bleeding, prolonged wound healing watch for possible problems if patient is on home therapies - consider lower dosing (80mg)
- Recent administration of live vaccines may cause reduced effects



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

J. Pahick O pack Min) Lile Mabley, MD, FAAEM

January 29, 2013

## Midazolam (Versed®)

Indication: Seizure activity; excited delirium; acute agitation

**Adult dose range:** 1-2.5 mg titrate to effect and respiratory effort; contact Medical

Control for repeat doses.

Pediatric dose range: 0.2 mg/kg to a max of 10mg; Contact Medical Control for

advisement on use

Time to onset: 1 to 3 minutes, IV

#### **Contraindications:**

- Hypersensitivity to midazolam
- Pre-existing CNS depression
- Respiratory depression

#### How it is given?

Slow IV. IO: IN. IM

#### What should be monitored?

- Airway
- Level of consciousness
- Heart rate
- Respiratory rate
- Blood pressure

#### Major drug interactions:

- Anv opiates
- Seizure medications
- Antihistamines
- Any medication for mood disorder

#### What side effects/potential complications are expected?

- Inability to maintain airway
- Decreased level of consciousness
- Respiratory depression/apnea
- Hypotension

- Lower doses are recommended when administered for sedation prior to cardioversion or transcutaneous pacing- 1-2.5mg, titrating to desired effect
- Contact Medical Control for patients with:
  - Neurologic disorders
  - Geriatric
  - Pregnancy or lactating patients



J. Patrick O'Neal, ML	),
State EMS Medical Director	r:

Effective Date: Jehick O'mal, M. FAAEM

January 29, 2013

## **Morphine Sulfate**

**Indications:** Moderate to severe pain control

**Adult dose range:** 2mg increments - titrate to pain relief

Pediatric dose range: 0.1mg/kg - titrate to pain relief; Not recommended in

pediatrics under the age of 2 years

Time to onset: 1 to 3 minutes

#### **Contraindications:**

- Head injury
- Volume depletion
- Respiratory depression
- Hypotension
- Caution in patient with acute interior MI

#### How is it given?

■ IV, IO, ĬM

#### What should be monitored?

- Level of consciousness
- Respirations
- Blood pressure

#### Major drug interactions:

Use caution with other vasodilators or CSN depressants

#### What side effects/potential complications are expected?

- Altered level of consciousness
- Inability of patient to maintain airway
- Respiratory depression
- Hypotension
- Nausea/vomiting

#### Are there any special instructions/considerations?

 Have airway management equipment and naloxone ready and available for respiratory depression



Jill Mabley, MD, Deputy EMS Medical Director:

> Effective Date:

Mabley, MD, FAAEA

Pakick O mal mi)

January 29, 2013

## Naloxone (Narcan®)

Indication: Antidote for narcotic agonists

Adult Dosage Range: 0.4-2 mg, may repeat at 2-3 minute intervals

Pediatric Dosage Range: Initial dose of 0.01mg/kg IV/IO, if no clinical improvement:

administer 0.1mg/kg IV/IO. Maximum dose of 2mg

Time to onset: Within 2 minutes

#### **Contraindications:**

Hypersensitivity to naloxone

Caution in patient known to be narcotic dependent

#### How is it given?

IV, IO, ET, IM

#### What should be monitored?

- Blood pressure
- Respiratory rate
- Heart rate

#### **Major Drug Interactions:**

Decreased effect of narcotic analgesia

May precipitate acute narcotic withdrawal in patient who is narcotic dependent

#### What side effects/potential complications are expected?

- Rare, but sometimes seen side effects:
  - Hypertension
  - Hypotension
  - Tachycardia
  - Ventricular arrhythmias
  - Cardiac arrest
  - Nausea/vomiting
  - Dyspnea
  - o Pulmonary edema
  - Sneezing
  - Diaphoresis

#### Are there any special instructions?

Effectiveness is due to narcotic reversal, not to an effect on opiate receptors.
 Therefore, adverse events occur secondary to reversal (withdrawal) of narcotic analgesia and sedation, which can cause severe reactions.



J. Patrick O'Neal, ML	ر,
State EMS Medical Directo	r:

Effective Date:

J. Pakick ( pack M.) Lile Mabley, MD, FAAEM

January 29, 2013

## Nitroglycerin (Nitroquick®, Nitrostat®)

Indication: Angina pectoris; pulmonary/systemic hypertension

**Adult Dosage Range:** Sublingual: 0.4mg tab, 0.4 mg spray- may repeat once every 5 minutes to a max of 3 doses; ½-1 inch paste for transdermal administration.

Pediatric Dosage Range: Contraindicated

**Time to onset:** Sublingual - 1 to 3 minutes; 30 minutes with topical administration with longer lasting effects.

#### **Contraindications:**

- Withhold from any patient taking erectile dysfunction drugs within last 72 hours; consult Medical Control
- Caution and contact Medical Control for patient with ECG signs of acute inferior MI or right ventricular MI
- Hypersensitivity to nitroglycerin
- Increased ICP
- Systolic blood pressure less than 110 mmHg

#### How is it given?

SL, Topical

#### What should be monitored?

- Level of consciousness
- Blood pressure
- Heart rate

#### **Major Drug Interactions:**

- Alcohol, beta-blockers, calcium channel blockers may enhance nitroglycerin's hypotensive effect
- Sildenafil and other drugs for erectile dysfunction may increase vasodilatory effects and result in severe irreversible hypotension

#### What side effects/potential complications are expected?

- Headache
- Dizziness
- Hypotension/orthostasis
- Postural syncope
- Tachycardia

#### Are there any special instructions?

- Do not chew or swallow sublingual dosage forms
- Keep patient supine when possible and monitor blood pressure frequently
- Use with caution in hypovolemia, hypotension, and right ventricular infarctions



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

J. Pakick ( pack m.) Liu mabley, MD, FAREM

January 29, 2013

## **Ondansetron (Zofran®)**

Indication: Antiemetic for vomiting or severe nausea

Adult dosage range: 4 mg IV/IM - slow IV push over 2-3 min undiluted

Pediatric dosage range: After order from Med Control: 0.15 mg/kg

Time to onset: 3 to 5 minutes

#### **Contraindications:**

Hypersensitivity to drug

Hypotension

#### How is it given?

Slow IV, IO; IM, PO, ODT

#### What should be monitored?

- Blood Pressure
- Heart Rate
- Sedation
- ECG prolonged QT

#### Major drug interactions: Contact Medical Control for advisement

- Phenytoin (Dilantin)
- Phenobarbital (Luminal)
- Carbamazepinè (Carbatrol)
- Rifampin (Rifadin, Rimactane, Rifater)
- Apomorphine (Apokyn, Uprima, Spontane)

#### What side effects/potential complications are expected?

- Blurring of vision
- Dizziness
- Headache
- Constipation
- Chest pain
- Hypotension

- As with other antiemetics, routine prophylaxis is not recommended for patients in whom there is little expectation of nausea and/or vomiting
- Hepatic Impairment: Maximum dose of 8mg/IV



Jill Mabley, MD, Deputy EMS Medical Director:

> Effective Date:

Pahick O' your min)

January 29, 2013

## Oral Glucose (Glutose®, Insta-Glucose®)

Indications: Conscious patient with suspected hypoglycemia

Adult dose range: 15g PO

Pediatric dose range: 7.5g PO

Time to onset: 5 to 10 minutes

#### **Contraindications:**

Decreased level of consciousness

Inability to swallow

Nausea/vomiting

#### How is it given?

PO

#### What should be monitored?

- Level of consciousness
- Blood glucose

#### **Major drug interactions:**

None in the emergency setting

#### What side effects/potential complications are expected?

- Nausea/vomiting
- Improvement in blood sugar levels

- Must be swallowed.
- Check glucose readings before and at least 10 minutes after administration
- With altered level of consciousness, start IV/IO and administer dextrose solution; in the event an IV cannot be established, administer glucagon IM/IN



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

U Mabley, ND, FAAEN

Pahick O' your min)

January 29, 2013

## Oxygen

Indications: Hypoxia, carbon monoxide toxicity

Adult dose range: 24-100 percent (FiO<sub>2</sub>) as required

**Pediatric dose range:** 24-100 percent (FiO<sub>2</sub>) as required

Time to onset: rapid

#### **Contraindications:**

None in the emergency setting

#### How is it given?

Inhalation, positive pressure assist

#### What should be monitored?

- Level of consciousness
- Pulse oximetry

#### **Major drug interactions:**

None in the emergency setting

#### What side effects/potential complications are expected?

Drying of mucus membranes without humidification

 Improvement of hypoxic event as indicated by patient presentations, pulse rates, and SpO<sub>2</sub> readings

- In most situations, oxygen is administered to maintain an SpO₂ reading of ≥ 95%
- Pulse rates are good indicators of oxygen administration's effectiveness.
   Bradycardia, especially in the pediatric patient, indicates severe hypoxic conditions
- Closely monitor COPD patients treated with oxygen; these patients may rapidly become sedated from loss of hypoxic drive.
- Humidify whenever possible when providing high flow volumes
- Cold oxygen may worsen asthma or create hypothermic conditions in some patients.



J. Patrick O'Neal, M	ID,
State EMS Medical Direct	or:

Effective Date: L'U Mabley, MD, FAAEM

January 29, 2013

## **Pralidoxime (2-PAM)**

**Indications:** Severe organophosphate poisoning (OPP)

Adult dose range: 2 grams in 100mL NS - infuse over 30 minutes

Pediatric dose range: 20-40mg/kg to a max of 1 gram, slow (over 30 minutes) IV

Time to onset: 5 to 20 minutes

#### **Contraindications:**

Should not be given in cases of poisoning from inorganic phosphates

Not to be used with the carbamate class of insecticides

#### How is it given?

Slow IV, IO; IM

#### What should be monitored?

- Mental status
- Heart rate
- Respiratory distress (laryngospasm)
- Musculoskeletal reactions

#### Major drug interactions:

- Respiratory depressants (potentiates effects of OPP):
  - o Narcotics, antiemetics, antihistamines, phenothiazines, alcohol
- Theophylline preparations

#### What side effects/potential complications are expected?

- Tachycardia
- Increased salivation
- Headache
- Blurred vision
- Altered mental status
- Nausea/vomiting

- For large-scale exposures to organophosphates/nerve agents, access ChemPack caches - see ChemPack Fact Sheet in the Resources section of Guidelines, or call Georgia Poison Center directly at 1-800-222-1222.
- Always protect self and others from exposure to poisons
- When used with Atropine, the effects of Atropine may be seen much earlier than expected
- Excitement and manic behavior has been noted in some cases immediately following recovery from unconsciousness



Jill Mabley, MD, Deputy EMS Medical Director:

> Effective Date:

J. Pakick ( pack min) Lile Mabley, MD, FAAEM

January 29, 2013

## **Sodium Bicarbonate**

**Indication:** Metabolic acidosis; hyperkalemia; tricyclic antidepressant overdose with wide QRS

**Adult Dosage Range:** 1 mEq/kg (8.4%) when appropriate, may repeat with 0.5 mEq/kg

#### **Pediatric Dosage Range:**

- Age <2 years: 1mEq/kg (4.2%) may repeat with 0.5 mEq/kg in 10 minutes x 1 or as indicated by patient's acid-base status</li>
- Age >2 years: 1mEq/kg (8.4%) may repeat with 0.5 mEq/kg in 10 minutes x 1 or as indicated by patient's acid-base status

Time to onset: Rapid

#### **Contraindications:**

- Alkalosis
- Hypocalcemia/hypernatremia
- Inadequate ventilation during cardiopulmonary resuscitation

#### How is it given?

IV, IO

#### What should be monitored?

- Vein patency
- Blood pH
- PO2
- PCO2
- Cardiac arrhythmias

#### **Major Drug Interactions:**

- Ínhibits
  - Tetracyclines
  - Chlorpropamide
  - Lithium carbonate
  - Methotrexate
  - Salicylates
- Potentiates
  - Anorexiants
  - Sympathomimetics
  - Quinidine

#### What side effects/potential complications are expected?

- Rare when used with caution
  - Alkalosis
  - Hypernatremia
  - Hypokalemia
  - Local site irritation

#### Are there any special instructions?

- Extravasation causes tissue necrosis
- Patients should be adequately ventilated before administration during cardiac arrest

## Resources



J. Patrick O'Neal, ML	۷,
State EMS Medical Directo	r:

Effective Date:

J. Pakick O' mal M. D. FAAEM

January 29, 2013

## Resources

#### **Contents**

Abbreviations and Definitions Important Numbers 12 Lead ECG Medication Administration Spinal Motion Restriction Standard Precautions APGAR Scoring/Neonatal Resuscitation Burns: Fluid Resuscitation Burns: Rule of Nines Canadian C-Spine Rule CDC Field Triage of Injured Patients CHEMPACK Fact Sheet Critical Incident Stress Foundation EMTALA Fact Sheet Glasgow Coma Score HIPPA Fact Sheet Firefighter Scene Assessment MCI Triage: SALT Triage MCI Triage: START Triage MCI Triage: START Triage MCI Triage: START/JumpSTART Pediatric Assessment Triangle Pediatric Vital Signs Scope of Practice Search and Rescue Activation Sedation Assisted Intubation Stroke Assessment Form Stroke Thrombolytic Checklist Trauma Center Directory Trauma Center Map Trauma Communications Center AHA Adult Cardiac Arrest Algorithm AHA Adult Tachycardia Algorithm AHA (Simplified) BLS Algorithm	Pages 161-163 Page 164 Page 165 Page 166 Page 167 Page 168 Page 169 Pages 170-171 Page 172 Page 173 Page 174 Page 175 Page 176 Page 177 Page 178 Pages 181-182 Pages 181-182 Pages 184 Page 185 Page 186 Page 187 Pages 188-192 Page 189 Pages 194-195 Page 196 Page 197 Page 198 Page 199 Page 200 Page 201 Page 202 Page 203 Page 203
AHA Adult Cardiac Arrest Algorithm AHA Adult Bradycardia Algorithm	Page 201 Page 202
AHA PALS Tachycardia Algorithm	Page 209



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date: Lile Mabley, MD, FAAEM

January 29, 2013

## **Abbreviations and Definitions**

AC power	Alternating Current Power
ACS	Acute Coronary Syndrome
	Automated External Defibrillator
AEIOUTIPS	Alcohol, Electrolytes, Insulin, Opiates, Uremia, Trauma, Infection, Poison, Psychogenic, Seizure, Shock
AHA	
AIDS	Acquired Immune Deficiency Syndrome
ALS	Advanced Life Support
ALTE	
AMI	Acute Myocardial Infarction
AMS	Altered Mental Status
APGAR	Appearance, Pulse Rate, Grimace, Activity, Respiration
ASA	Aspirin
AVPU	
	Blood Glucose Analysis
BIAD	Blind Insertion Airway Device
BLS	Basic Life Support
BP	Blood Pressure
BSA	Body Surface Isolation
BSA	Body Surface Area
BVM	Bag Valve Mask
°C	Degrees Celsius
Cardiac monitori	ngUsing electrodes to identify rhythm with continuous readout
CDC	
CHF	
cm	
CO2	Carbon Dioxide
COPD	
CPAP	
CRT	Capillary Refill Time
D5W	5% Dextrose in water
D10W	10% Dextrose in water
D25W	25% Dextrose in water
D50W	50% Dextrose in water
DIB	Difficulty in Breathing
dL	Deciliter
DNR	
DPH	Department of Public Health
ECG	Electrocardiogram
ET	Endotracheal Intubation

Effective Date: Lik Mabley, MD, FAREN

January 29, 2013

## **Abbreviations and Definitions (Continued)**

ETA	Estimated Time of Arrival
ETCO2	End-Tidal CO2
°F	Degrees Fahrenheit
FAST	Stroke Assessment; Facial droop, Arm drift, Speech, Time
FBAO	Foreign Body Airway Obstruction
g	Gram
GCS	Glascow Coma Scale
GI	Gastrointestinal
gtt/mindrops	per minute (with <b>micro drip</b> tubing, equivalent to milliliters per hour)
gtt	Drop
GU	Gastrourinary
HEPA	High Efficiency Particulate Air (HEPA mask)
HR	Heart Rate
ICP	Intracranial Pressure
IM	Intramuscular
IN	Intranasal
IV	Intravenous
J	Joules
KG	Kilogram
KVO	Keep vein open
L	Liter
LMP	Last Menstrual Period
LOC	Level of Consciousness
	Liter Per Minute
LSB	Long Spine Board
LVAD	Left Ventricular Assess Device
mcg	Microgram
MDI	Metered Dose Inhaler
mEq	Milliequivalent
mg	Milligram
ml	Milliliter
mmHg	Millimeters of Mercury
MVC	Motor Vehicle Collision
NPA	Nasopharyngeal Airway
NPO	Nothing by mouth
NS	Normal saline
NV	Nausea and Vomiting
O2	Oxygen
ODT	Oral Dissolving Tablet
OCGA	Official Code of Georgia

Effective Date:

Liu Mabley, MID FAAFA

January 29, 2013

## **Abbreviations and Definitions (Continued)**

OPA	Oropharyngeal Airway
OPQRST	listory of present illness; Onset, Provocation, Quality, Region and Radiation, Severity, Time
Pallor	Pale skin
PE	Pulmonary Embolism
PEA	Pulseless Electrical Activity
PO	Per Oral; by mouth
PPE	Personal Protective Equipment
	Past Pertinent Medical History
PPV	
PR Interval	The period from the beginning of the P wave to the beginning of the QRS complex
·	Each, every
	Ventricular depolarization complex
	Return of Spontaneous Circulation
SAI	
SAMPLE	Symptoms, Allergies, Medications, Past medical history, Last oral intake, Events
SBP	Systolic Blood Pressure
SGA	Supraglottic Airway
SL	Sublingual; under tongue
	Spinal Motion Restriction
•	Oxygen Saturation (Ideally greater than or equal to 94%)
	Subcutaneous (beneath skin)
SVT	Supraventricular Tachycardia
TB	Tuberculosis
	Traumatic Brain Injury
	Total Body Surface Area
	Transcutaneous Pacing
Tourniquet	Device used to control venous/arterial bleeding to and extremity
	Upper Respiratory Infection
	United States Army Institute of Surgical Research
	Ventricular Fibrillation
VT	Ventricular Tachycardia



J. Patrick O'Neal, MD,
State EMS Medical Director:

Effective Date:

Lile Mabley, MD, FAREM

January 29, 2013

## **Important Numbers**

State and National Resources	
Adult Protective Services1-8	888-774-0152
CHEMPACK Request1-8	
CHEMTREC	
Georgia Child Protective Services1-404-657-3400 or 1-8	
Georgia Critica and Association (Mantal Haalth)	000 745 4005
Georgia Crisis and Access Line (Mental Health)1-8	500-715-4225
Georgia Critical Incident Stress Foundation Crisis Hotline1-4	
Georgia Division of Aging Services1-8	866-552-4464
Georgia Office of Emergency Medical Services1-4	404-679-0547
Georgia Poison Control1-8 Mental Health Hotline1-8	800-222-1222
Mental Health Hotline1-8	800-715-4225
National Domestic Violence Hotline1-8	800-799-7233
Trauma Communications Center1-866-556-3314 or FREE mobile to mobile 1-4	404-229-6405
Office of Emergency Medical Services and Trauma	
Georgia Office of EMS1-4	404-670-0547
Northwest Georgia Region I EMS1-7	706 205 6176
North Georgia Region II EMS1-7	
Metro Atlanta Region III EMS1-4	
West Georgia Region IV EMS1-7	
Central Georgia Region V EMS1-4	478-993-4990
East Central Georgia Region VI EMS1-7	706-667-4336
West Central Georgia Region VII EMS1-7	
Southwest Georgia Region VIII EMS1-4	
Southeast Georgia Region IX EMS1-9	912-262-3035
Northeast Georgia Region X EMS1-7	
Georgia Air Ambulance Providers	
Air Evac Lifeteam1-8	Q00 247 2022
Carrolton, Cordele, Dublin, Jesup, Lagrange, Statesboro, Vidalia, Waycross	300-247-3022
Air Methods Georgia1-8	888-763-1010
Augusta, Carrolton, Conyers, Griffin, Gainesville, Jasper, Kennesaw, Newnan, (Air Life Georgia); Springfield and Vic	dalia (Life Star)
Children's Healthcare (Children's 1)1-4	
Atlanta	
Gold Cross (AirMed)1-8	888-792-9245
Augusta	
Med Trans (Life Force)1-800-523-6723 or 1-4	423-778-5433
Blue Ridge, Calhoun	



J. Patrick O'Neal, MD, State EMS Medical Director:
III Mobley MD

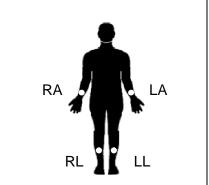
Effective Date: J. Papick ( parl m.) Lil Mabley, MD, FAREM

January 29, 2013

## 12 Lead ECG

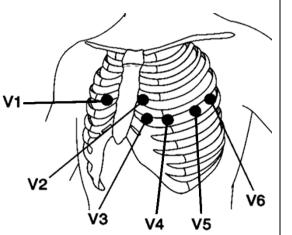
#### **Limb Lead Placement**

- LA Left arm, any where below the shoulder
- LL Left leg, anywhere below the torso
- RA Right arm, any where below the shoulder
- RL Right leg, anywhere below the torso



#### **Precordial Lead Placement**

- V1 Right side of sternum,4<sup>th</sup> Intercostal space
- V2 Left side of sternum, 4<sup>th</sup> intercostal space
- V3 Directly between V2 and V4
- V4 5<sup>th</sup> intercostal space, left mid clavicular line
- V5 5th intercostal space, anterior axillary line, directly between V4 and V6
- V6 5th intercostal space, left midaxillary line



#### **Continuous Leads**

- II, III, aVF Inferior Leads
- V1-V2 Septal Leads
- V3-V4 Anterior Leads
- V5-V6, I, aVL Lateral Leads

Lateral left ventricle	aVR	<b>V1</b> Septal	V4 Anterior
Inferior portion of the left ventricle	<b>aVL</b> Lateral left ventricle	<b>V2</b> Antero-Septal	V5 Lateral left ventricle
Inferior portion of the left ventricle	aVF Inferior portion of the left ventricle	V3 Antero-Septal	V6 Lateral left ventricle



Jill Mabley, MD, Deputy EMS Medical Director:

> Effective Date:

Pakick O' your nui)

January 29, 2013

## **Medication Administration**

Assisting Patient with Taking OTC and/or Own Prescription Medications

Georgia Scope of Practice allows all levels of EMT to assist patients in taking their own prescribed medications and/or over-the-counter medications. Medications must be approved by local medical director.

**Auto Injector Drug Delivery** 

All levels of EMS licensure are allowed to administer epinephrine parentally to patients experiencing anaphylaxis. EMT and EMT-I may administer by auto-injector only.

All levels of licensure are allowed to administer unit dose commercially pre-filled containers or auto injectors for the administration of life saving medications intended for self, peer, or patient rescue in hazardous materials situations

Nasal Drug Delivery

- Medications administered via the IN route require a higher concentration of drug in a smaller volume of fluid than typically used in the IV route. In general, administer no more than 1 mL of volume per nostril.
- Do not administer medications via the IN route if the patient's nose is bleeding or if nasal congestion or nasal discharge is present. Nasal administration does not always work for every patient and is less likely to be effective if the patient has been abusing vasoconstrictors, such as cocaine.
- Medications commonly delivered IN are:
  - fentanyl 0
  - midazólam 0
  - naloxone 0
  - glucagon
  - ondansetron

**Nebulized Drug Delivery** 

- All levels of EMS licensure are allowed to deliver inhaled medications through a nebulizer or through use of metered-dose-inhaler to patients with difficulty breathing.
- Treatment should continue until medication in reservoir is depleted.
- Nebulized medications may be used with CPAP.
- Patient monitoring should include pulse, respiratory rate, and breath sounds

Intra-osseous Drug Delivery

- IO placement or removal is approved for EMT-I, AEMT, CT, and paramedic. This includes placement in both adults and children.
- Local medical directors should specify approved anatomic site of insertion and indications for insertion (e.g. if peripheral IV access should be attempted first, how many peripheral attempts)
- All fluids and medications that can be administered via IV may be given IO, unless specified by local medical director
  - If the patient experiences pain during infusion, inject lidocaine into the marrow cavity. Adult: 2 5ml (20 50mg) 1% or 2% lidocaine (Paramedic only). Pediatric: 0.5mg/kg 1% or 2% lidocaine (Paramedic only).
- Contraindications include
  - Placement in or distal to a fractured bone
  - Placement through area with infection or burn.

<u>Pre-existing Indwelling Catheters or Other Implanted Ports</u>

- Scope of practice allows CT and paramedic to access these ports, if approved by local medical director
- Implanted access ports and devices in children should not be accessed without contact with medical control.

**AEMT Scope** 

- Medications allowed for AEMT, in addition to those allowed for EMT-I are

  - Glucagon for hypoglycemia, via IM, SC, IV, IO, or IN Nitroglycerine, SL, for chest pain of suspected cardiac origin 0
  - Naloxone to patient with suspected narcotic overdose, via IM, SC, IV, IO, or IN 0
  - Administration of nitrous oxide (50/50 mix) for pain relief
  - Epinephrine for anaphylaxis, prepared by AEMT, via IM or SC.



J. Patrick O'Neal, MI	Э,
State EMS Medical Director	r:

Effective Date:

Jehick O'rack Min) Lile Mabley, MD, FAREM

January 29, 2013

## **Spinal Motion Restriction**

Spinal Motion Restriction (SMR) is a term that includes C-Spine immobilization. The primary goal of a Pre-Hospital Provider, in patients with a potential spinal injury, is to "do no harm", stabilize and transport. However, some patients with trauma can be considered for selective immobilization, to avoid morbidity associated with immobilization (skin pressure, respiratory difficulty).

The traditional method of performing "C-Spine immobilization" is still used and widely accepted. The patient is advised not to move and manual control of their neck is maintained with two hands by a provider. A cervical collar is then placed on the patient's neck. They are then carefully manipulated, minimizing motion of the spinal column, to a long spine board.

Two validated and commonly used criteria to determine need for field immobilization are the NEXUS criteria and the Canadian C-Spine Rule. These screening criteria may be used in stable, alert trauma patients, with no communication barrier.

#### **NEXUS Low-Risk Criteria**

Stable, conscious trauma patients with no communication barriers may be transported without spinal immobilization if they meet **ALL FIVE** of these criteria:

- No posterior midline cervical-spine tenderness.
- No evidence of intoxication.
- No altered mental status.
- No focal neurologic deficit.
- No painful distracting injuries.

#### Canadian C-Spine Rule

- Any high risk factor? (any one mandates immobilization)
  - Age over 65 years
  - Dangerous mechanism
  - Numbness or tingling in extremities
- Any low-risk factor? (if any are no, immobilize)
  - Simple rear end MVC
  - Ambulatory at any time at scene
  - No neck pain at scene
  - No midline c-spine tenderness
- Ability to voluntarily rotate the neck?
  - Patient voluntarily able to actively rotate neck 45 degrees to right and left
  - If unable, immobilize



Jill Mabley, MD, Deputy EMS Medical Director:

> Effective Date:

Jehick ( parl, M.) Liu Mabley, MD, FAAEM

January 29, 2013

## **Standard Precautions**

**Indications** 

 Standard precautions are guidelines for reducing the risk of transmission of blood-borne and other pathogens that apply all patients receiving care regardless of their diagnosis or presumed infection status.

Type and Use of Personal Protective Equipment

- Gloves for any patient contact, and when cleaning/disinfecting contaminated equipment.
   Puncture resistant gloves will be worn in situations where sharp or rough edges are likely to be encountered, i.e., auto extrication.
- Face mask & eye protection facial protection will be used in any situation where splash contact with the face is possible. This protection may be afforded by using both a face mask and eye protection, or by using a full-face shield. When treating a patient with a suspected or known airborne transmissible disease, particulate facemasks should be used. For respiratory illnesses (TB, SARS) it is beneficial to mask the patient.
- Coverall/fluid resistant gowns designed to protect clothing from splashes, gowns may interfere with, or present a hazard to, the member in some circumstances. The decision to use gowns to protect clothing will be left to the member. Structural fire fighting gear also protects clothing from splashes and is preferable in fire, rescue, or vehicle extrication activities.
- Shoe/Head Coverings fluid barrier protection will be used if suspected contamination is possible.

#### **General Precautions Against Disease**

- If it's wet, it's infectious use gloves
- If it could splash onto your face, use eye shields and mask or full face shield.
- If it's airborne, mask yourself or patient.
- If it can splash on your clothes, use a gown or structural fire fighting gear.
- If it could splash on your head or feet, use appropriate barrier protection.

#### **Post Exposure Management**

- Provide first aid
  - Secure area to prevent further contamination. (Stop bleeding with direct pressure.)
  - Remove contaminated clothing and flush.
  - Wash the contaminated area well with soap and water, or waterless hand cleanser.
  - o If the eyes, nose, or mouth are involved, flush them well with large amounts of water.
- Notification and relief of duty the worker's supervisor should be immediately notified if a worker experiences an exposure involving potentially infectious source material. The supervisor should determine if the worker needs to be relieved of duty.
- Report the exposure the worker or immediate supervisor should promptly complete an exposure report, appropriate for the agency, and submit it to the designated Infection Control Officer.
- Seek medical attention, counseling, consent and testing per protocol



J. Patrick O'Neal, MD,
State EMS Medical Director:

Effective Date: Jehick O'yard, MI) Lile Mabley, MD, FAAEM

January 29, 2013

## **APGAR Scoring**

The **APGAR score** was devised in 1952 by the eponymous Dr. Virginia Apgar as a simple and repeatable method to quickly and summarily assess the health of newborn children immediately after birth. The APGAR score is determined by evaluating the newborn baby on five simple criteria on a scale from zero to two, then summing up the five values thus obtained. The resulting Apgar score ranges from zero to 10. The APGAR score should be calculated at 1 and 5 minutes after delivery. A score  $\leq$  3 is considered critical. A score  $\geq$  7 is good to excellent.

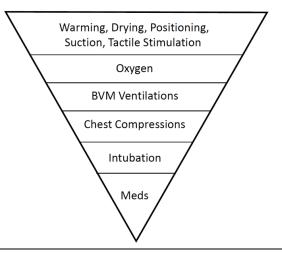


Dr. Virginia Apgar

Criteria	0 points	1 point	2 points
Appearance (skin color)	Body and extremities cyanotic	Body pink, extremities cyanotic	No cyanosis;
Pulse rate	Absent	< 100 beats/minute	>100 beats/minute
Grimace (irritability)	No response to stimulation	Grimace, feeble cry when stimulated	Cry or pull away when stimulated
Activity (muscle tone)	None or limp	Some flexion	Active motion; arms and legs flexed
Respiration	Absent	Weak, gasping	Strong cry, good respiratory effort

## **Inverted Pyramid of Neonatal Resuscitation**

The Neonatal Resuscitation Pyramid is a approach for stepwise treatment newborn. Ťhe American Academy **Pediatrics** and the American Association have developed standards and guidelines for neonatal resuscitation. The care that may be required is depicted as an inverted pyramid. The interventions, which are most commonly required, are at the top of this pyramid. As you progress down the pyramid the interventions indicated become less commonly required. Most neonates transition to post-natal life without difficulty. 10% of infants require some assistance to begin breathing at birth. Less than 1% Require extensive resuscitative measures.





Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date: Lik Mabley, MD, FAAEM

January 29, 2013

## **Burns: Fluid Resuscitation**

#### 1- Parkland Formula

The formula for fluid resuscitation of the burn patient, the Parkland Formula, is used to calculate the amount of fluid to be administered to burn patient's over the first 24 hours. The Parkland formula is patient's weight in kilograms (PW) × percent of body surface area burned (TBSA) x 4ml. The first half of this amount is delivered in the first 8 hours and the remaining fluid is delivered in the next 16 hours. EMS focuses on the care given during the 1st hour or several hours following the event. Thus the formula as adapted for EMS and the first 8 hours is: PW x TBSA x 4ml, divide by 2. To determine the hourly rate, divide that solution by 8 and the equation becomes: PW x TBSA x 4ml  $\div$  2 $\div$  8 = total to be infused for each of the first 8 hours. Another way to state the equation is to use: PW x TBSA x 0.25ml or PW x TBSA.

Example: 80 kg (198 lb) patient with 50 %TBSA  $\times$  0.25 ml = 1000ml/hr.

Two IV's are started, thus each are running at 500 ml/hr per IV

Reminder: If two IV's are running, divide total amount to be infused each hr. by 2

Also, this is based on a timely response following the burn event. If there is a delay between the time of the burn event and the initiation of fluid therapy, the patient should be bolused to compensate for the delay.

Example: If a delay of two hours occurs before fluid therapy can start for the patient in the first example. The patient would receives a fluid bolus of 2000 ml and a maintenance infusion of 1000 ml/hr should be initiated.

### **Parkland Formula:**

PW x TBSA x 4ml = amount to be infused over 1st 24 hours

## **EMS Modification:**

PW x TBSA x 0.25ml or PW x TBSA = amount to be infused each hour of the 1st 8 hours

\*

Do not exceed 1 liter of IV fluids unless authorized by Medical Control.



Contact Medical Control for fluid orders in patients with CHF or cardiac disease.



J. Patrick	O'Neal, MD,
State EMS Medi	cal Director:

Effective Date:

J. Pakick ( your Min) Lile Mabley, MD, FAAEM

January 29, 2013

## **Burns: Fluid Resuscitation (continued)**

#### 2- Rule of Ten (Adults 40-80kg)

Rule of Ten: initial pre-hospital IV/IO fluid management for adults (wt 40 to 80 kg); normal saline may be used pre-hospital; LR is preferred if available. This is an infusion (mL/hr) not a bolus, unless the patient requires fluid resuscitation from hemorrhagic trauma.

- Estimate the burn size to the nearest 10% BSA (this can be done with palm method or using the Rule of Nines burn chart).
- Multiply this number by 10: this is the initial fluid rate in ml/hr for adults up to 80 kg.
- For every 10 kg above 80 kg, increase the rate by 100 ml/hr.

After fluid infusion has been initiated, further fluid management guidance should be obtained from destination or medical control.

This method was developed by the US Army Institute of Surgical Research.

Reference: Bacomo FK, Chung KK. A primer on burn resuscitation. J Emerg Trauma Shock 2011;4:109-13.

#### 3- Advanced Burn Life Support Recommendation (Children < 40kg)

In the pre-hospital and early hospital settings, prior to calculating the Total Body Surface Area (TBSA) burned, the following guidelines are recommended as starting points for fluid resuscitation rates:

5 years old and younger: 125 ml/hour

6 – 13 years old: 250 ml/hour

■ 14 years and older: 500 ml/hour

More definitive calculation of hourly fluid rates is performed during the secondary survey.

\*Note: These recommendations are for fluid infusions (ml/hour) and are not to be given as an IV bolus administration

3/2

Do not exceed 1 liter of IV fluids unless authorized by Medical Control.

\*

Contact Medical Control for fluid orders in patients with CHF or cardiac disease.



J. Patrick O'Neal, MD, State EMS Medical Director:

Effective Date:

Jehick O park Min)

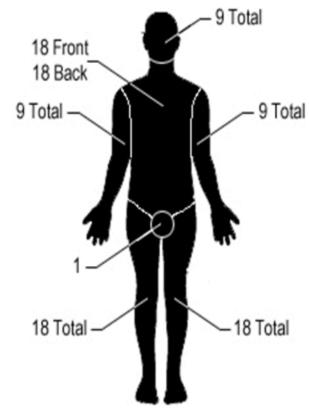
L'U Mabley, MD, FAREM

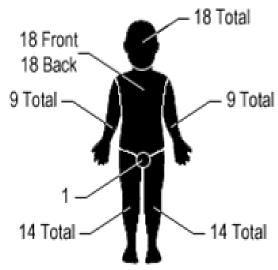
January 29, 2013

## **Burns: Rule of Nines**

Total body surface area (TBSA) is an assessment measure of burns of the skin. In adults, the "Rule of Nines" is used to determine the total percentage of area burned for each major section of the body. In some cases, the burns may cover more than one body part, or may not fully cover such a part; in these cases, burns are measured by using the casualty's palm as a Resource point for 1% of the body.

Adult		
Anatomic structure	Surface area	
Anterior head	4.5%	
Posterior head	4.5%	
Anterior torso	18%	
Posterior torso	18%	
Anterior leg, each	9%	
Posterior leg, each	9%	
Anterior arm, each	4.5%	
Posterior arm,	4.5%	
each	4.5%	
Genitalia/perineum	1%	





Child			
Anatomic structure	Surface area		
Anterior head	9%		
Posterior head	9%		
Anterior torso	18%		
Posterior torso	18%		
Anterior leg, each	7%		
Posterior leg, each	7%		
Anterior arm, each	4.5%		
Posterior arm, each	4.5%		
Genitalia/perineum	1%		



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date: Papiele ( ) part nui)

January 29, 2013

## **Canadian C-Spine Rule**

#### 1. Any One High-Risk Factor Which Mandates Immobilization?

- Age over 65 years
- Dangerous mechanism\*
- Numbness or tingling in extremities



#### 2. Any One Low-Risk Factor Which Allows Safe Assessment of Range of Motion?

- Simple rear end MVC\* OR
- Ambulatory at any time at scene
- No neck pain at scene when asked OR (answer "yes" if no pain)
- No pain during midline c-spine palpation (answer "yes" if no pain)



#### 3. Patient Voluntarily Able to Actively Rotate Neck 45° Left and Right When Requested, Regardless of Pain?

- Patient voluntarily able to actively rotate neck 45 degrees to right and left
- If unable, immobilize



No C-Spine **Immobilization** 

C-Spine **Immobilization** 

#### \*Dangerous Mechanism:

- fall from elevation ≥ 3feet or 5 stairs
- axial load to head, e.g. diving
- MVC high speed, rollover, ejection
- motorized recreational vehicles e.g. ATV
- bicycle collision with object e.g. post, car \*\*Simple Rear-end MVC Excludes
- pushed into oncoming
- hit by bus/large truck
- rollover
- hit by high speed vehicle

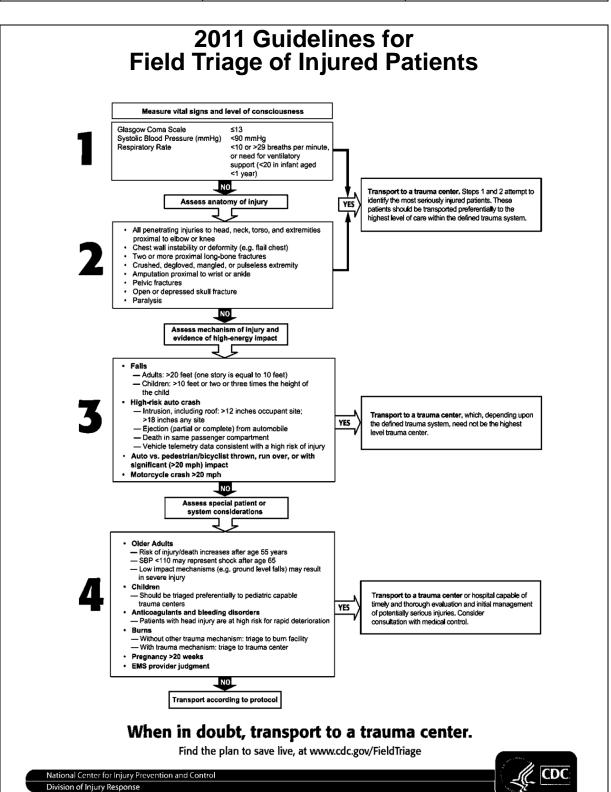


Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Jehick O'mel Mil) Lik Mabley, MD, FAREM

January 29, 2013





Jill Mabley, MD, Deputy EMS Medical Director:

> Effective Date:

J. W. Mabley, MD, FAAEM

January 29, 2013

## **CHEMPACK - FACT SHEET**

#### What is the CHEMPACK?

The CHEMPACK is a cache of antidotes for nerve agent or organophosphate exposure/toxicity.

#### What is CISM?

The Centers for Disease Control and Prevention's (CDC) CHEMPACK Program is a nationwide initiative for the placement of CHEMPACK caches in local communities.

The CHEMPACK program fills a void in emergency preparedness by placing timely, critical, and life-saving antidotes in communities where they will be readily available to EMS, Hospitals, Fire, Law Enforcement and other CHEMPACK response partners.

#### Georgia's CHEMPACK Program

Georgia's CHEMPACK program consists of more than 40 CHEMPACK sites pre-positioned throughout the state.

CHEMPACK assets can be requested and received quickly to support emergency response. Training and additional support materials are available for EMS, Hospitals, Fire, Law Enforcement, and other CHEMPACK response system partners.

#### Georgia's Poison Center

The center provides clinical guidance for potential nerve agent or organophosphate exposure/toxicity.

The center also receives all requests for CHEMPACK assets and coordinates delivery.

#### **CHEMPACK Container**

CHEMPACK requests are scalable and will be configured based upon need.

The CHEMPACK is for use by first responders and hospital staff.

#### **CHEMPACK Container Formulary Components**

Mark I Nerve Agent Antidote Kit Diazepam Auto-Injectors Atropine, Pralidoxime, Diazepam Multi-Dose Vials Atropen Pediatric Doses

CHEMPACK REQUESTS?
CALL
1-800-222-1222



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Jehick O'mel, M.) Lik Mabley, M.D. FAAEM

January 29, 2013

# Georgia Critical Incident Stress Foundation Crisis Hotline: 404-419-6506

#### What is a Critical Incident?

A critical incident or traumatic event is defined as an event so stressful that it overwhelms the existing coping skills of the individual or group. After being exposed to the critical incident, an individual may experience a range of reactions, which are manifested physically, cognitively, behaviorally, and/or emotionally, and may interfere with one's ability to function at work and at home. The stress reaction may include, but is not limited to: fatigue, muscle tremors, rapid heart rate, confusion, poor attention, poor problem solving, nightmares, anxiety, grief, fear, depression, inappropriate emotional responses, withdrawal, changes in activity, etc. A critical incident often leads to increased absenteeism and poor work performance.

#### Critical Incidents:

- Suicide
- Violent crimes
- Homicide
- Death or violence to child
- Traffic accidents
- Mass casualty incidents
- Unexpected death
- School-related crisis
- Robbery
- Life threatening injury
- Natural disasters
- Workplace violence

#### What is the CHEMPACK Program?

Critical Incident Stress Management, or CISM, is a comprehensive, multi-component crisis intervention approach. CISM is considered to be comprehensive because it consists of multiple crisis intervention components, which functionally span the entire temporal spectrum of a crisis. CISM interventions range from the pre-crisis phase through the acute crisis phase, and into the post-crisis phase. CISM consists of interventions which may be applied to individuals, small functional groups, large groups, families, organizations, and communities.

#### The seven core components include:

- 1. Pre-crisis preparation
- 2. Disaster or large-scale incident
- 3. Defusing
- 4. Critical Incident Stress Debriefing (CISD)
- 5. One-on-one crisis intervention/counseling
- 6. Family crisis intervention and organizational consultation
- 7. Follow-up and referral mechanisms for assessment and treatment

**Georgia Critical Incident Stress Foundation** 

GCISF is dedicated to the prevention and mitigation of disabling stress through the provision of education, training, crisis response support services and coordination for all at risk populations. They provide and promote consistent crisis response training relevant to the needs of Emergency Services, Law Enforcement, Critical Healthcare professionals, School systems, Mental Health professionals, and lay persons who are referred to as peer support providers. GCISF offers consultation and direction in the establishment of comprehensive crisis response programs to organizations and communities throughout the State of Georgia. Local GCISF networked CISM teams actively pursue the concept that no one should ever face the harmful effects of critical incident stress without appropriately trained, well-qualified assistance. GCISF maintains a 24/7/365 hotline for the coordination of crisis response activities.



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

L'U Mabley, ND, FAAEM

January 29, 2013

# **Emergency Medical Treatment** and Active Labor Act (EMTALA)

**EMTALA** is a U.S. Act of Congress passed in 1986 as part of the Consolidated Omnibus Budget Reconciliation ACT (COBRA). It requires hospitals and ambulance services to provide care to anyone needing emergency healthcare treatment regardless of citizenship, legal status, or ability to pay. There are no reimbursement provisions. As a result of the act, patients needing emergency treatment can be discharged only under their own informed consent or when their condition requires transfer to a hospital that is better equipped to administer the treatment they need.

EMTALA was passed to combat the practice of "patient dumping", i.e. refusal to treat people because of their inability to pay or having insufficient insurance, or transferring or discharging emergency patients on the basis of high anticipated diagnosis and treatment costs. The law applies when an individual with a medical emergency "comes to the emergency department", regardless of whether the condition is visible to others, or is simply stated by the patient with no external evidence.

- Unstable patients may occasionally be transferred if essential services are not available at the sending hospital "a higher level of care transfer".
- Patients being transferred from one acute care facility to another MUST have been accepted by the receiving facility. Ambulance crews should ensure that the appropriate arrangements have been made prior to the loading of the patient
- The ambulance crew should ensure that ALL transfer paperwork accompanies the patient
- If paramedics suspect that a transfer has the risk of being a possible EMTALA violation they should attempt to tactfully discuss the matter with the hospital personnel. The On-Duty Field Supervisor or Operations Manager should be a resource if the crew is in doubt about the appropriateness of the transfer.



J. Patrick O'Neal, MI State EMS Medical Directo	

Effective Date:

Lile Maloley, MD, FAREM

January 29, 2013

## **Glasgow Coma Score**

The Glasgow Coma Score (GCS) is the most widely used scoring system used in quantifying level of consciousness following traumatic brain injury. It is used primarily because it is simple, has a relatively high degree of interobserver reliability and because it correlates well with outcome following severe brain injury.

To obtain a GCS, first determines the best eye opening response, the best verbal response, and the best motor response using the chart below. The GCS represents the sum of the numeric scores of each of the categories.

#### Total = E+V+M = GCS

Glasgow Coma Score – Adults & Children			
Eye Opening	Verbal Response	Motor Response	
4-Spontaneous	5-Oriented & converses	6-Obeys verbal	
		commands	
3-To verbal Commands	4-Disoriented &	5-Localizes pain	
	converses		
2-To pain	3-Inappropriate words	4-Withdraws from pain	
1-No response	2-Inconprehensible	3-Flexion	
	sounds		

#### **Modified Glasgow Coma Score – Infants** Eye Opening Verbal Response Motor Response 4-Spontaneous 5-Coos, babbles 6-Spontaneous 3-To verbal Commands 4-Irritable cries 5-Localizes pain 2-To pain 3-Cries to pain 4-Withdraws from pain 1-No response 2-Moans, grunts 3-Flexion 1-No response 2-Extension 1-No response

#### Values

- A Score between 13 and 15 may indicate a mild head injury
- A score between 9 and 12 may indicate a moderate head injury
- A score of 8 or less indicate a severe head injury



J. Patrick O'Neal, MD	,
State EMS Medical Director	:

> Effective Date:

Papick ( youl M.)

January 29, 2013

## **HIPPA Fact Sheet: Emergency Medical Services**

#### Public Health Activities Protected by HIPAA

The comments to the preamble of the Privacy Rule explicitly protect state public health laws by making it clear that "nothing in this [Rule] shall be construed to invalidate or limit the authority, power, or procedures established under any law providing for the reporting of disease or injury, child abuse, birth or death, public health surveillance, or public health investigation or intervention."

#### **HIPAA Does Not Preempt State Public Health Laws**

The Privacy Rule specifically states that it does not preempt contrary state public health laws, including state procedures established under such laws that provide for the reporting of disease or injury, child abuse, birth or death, or for the conduct of public health surveillance, investigation, or intervention. [45 CFR 160.203 (a)(1)(iv)&(c)]

#### **Public Health Authorities Defined**

Public health authorities include state public health agencies (e.g., state public health departments, divisions, districts or regions); local public health agencies; and anyone performing public health functions under a grant of authority from a public health agency. [45 CFR 164.501]

#### **Disclosures Required by Law**

The Privacy Rule permits covered entities to disclose protected health information, without authorization, to public health authorities who are authorized by law to receive such reports for the purpose of preventing or controlling disease, injury, or disability and for conducting public health surveillance, investigations, or interventions. This includes federal, tribal, local or state laws (or state procedures established under such law) that provide for receiving reporting of disease, injury or conducting public health surveillance, investigation, or intervention. [45 CFR 164.512 (a)&(b)]

#### Public Health Authorities are Not Business Associates of Covered Entities

Public health authorities receiving information from covered entities as required or authorized by law [See 45 CFR 164.512 (a)&(b)] are not business associates of the covered entities and therefore are not required to enter into business associate agreements. [CDC MMWR, Vol. 52, page 8 (May 2003)]

#### **Minimum Necessary Rule**

Generally, a covered entity must make reasonable efforts to limit protected health information to the minimum necessary to accomplish the intended purpose of the use, disclosure, or request. [45 CFR 164.502 (b)]. However, covered entities are not required to make a minimum necessary determination for public health disclosures that are required by law. [45 CFR 164.502 (b)]. For disclosures to a public health authority, covered entities may reasonably rely on a requested disclosure, as the minimum necessary if the public health authority represents that the information requested is the minimum necessary for the stated purpose. [45 CFR 164.514 (d)(3)(iii)]

#### **Accounting for Public Health Disclosures**

The Privacy Rule provides for a simplified means of accounting because the vast amount of data exchanged between covered entities and public health authorities is made through ongoing regular reporting. For example, ambulance service providers are required by law regularly submit copies of prehospital care reports to regional offices that are part of the state



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Papick O'mal mi)

January 29, 2013

## **HIPPA Fact Sheet (Continued)**

public health authority. In such cases, the covered entity need only identify the recipient of such repetitive disclosures (regional public health authority), the purpose of the disclosure (required for injury control and prevention), and describe the protected health information routinely disclosed. The date of each disclosure need not be tracked. Rather, the accounting may include the date of the first and last such disclosure during the accounting period (June 1, 2003 to July 1, 2003), and a description of the frequency or periodicity (monthly) of such disclosures. Therefore, the covered entity would not need to annotate each patient's medical record whenever a routine public health disclosure was made. [CDC MMWR, Vol. 52, page 9 (May 2003)]

**Relevant State Laws:** 

O.C.G.A. § 31-11-5; Rules and Regulations for Ambulance Services O.C.G.A. § 31-12-6; Records of Ambulance Services DHR Rules and Regulations, Chapter 290-5-30; Emergency Medical Services

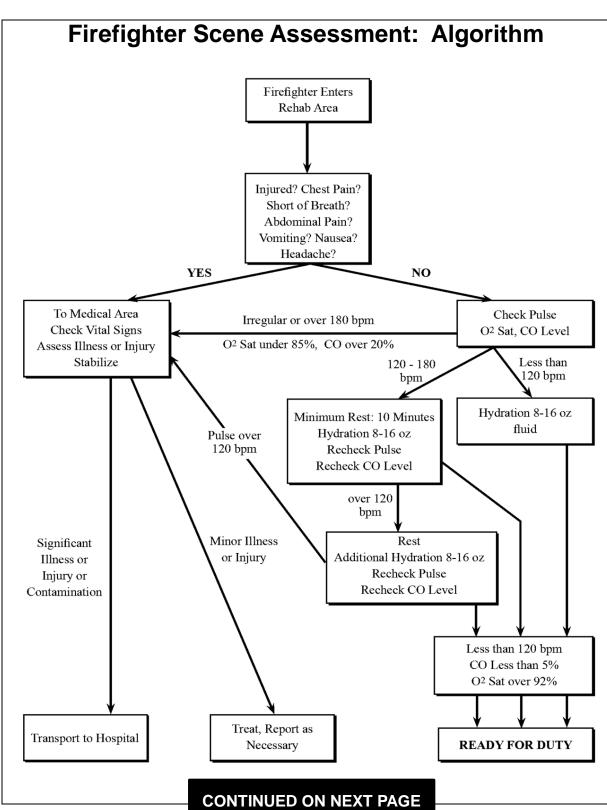
<u>Sources</u>: U.S. Department of Health and Human Services Office of Civil Rights HIPAA Privacy - Disclosure for Public Health Activities (Revised April 3, 2003) Summary of the HIPAA Privacy Rule (May 2003) http://www.hhs.gov/ocr/hipaa/privacy.html

U.S. Department of Health and Human Services Centers for Disease Control and Prevention Morbidity and Mortality Weekly Report Vol. 52 Supplement (May 2, 2003) http://www.cdc.gov/mmwr/preview/ind2003 su.html



J. Patrick O'Neal, MD, State EMS Medical Director: Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date: Jehick O'maken M. FAAEM
January 29, 2013





Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

J. Pakick O pack Min) Lile Mabley, MD, FAREM

January 29, 2013

## Firefighter Scene Assessment: Documentation

	95											
Fire Site	:	Name &										
Date:		Unit:										
Evaluati	on Time											
	Pulse Rat	e										
u	O2 Sat											
Initial Evaluation	CO Level											
Init 'alu	Injuries?		Υ	N	Υ	N	Υ	N	Υ	N	Υ	N
ы	III?		Υ	N	Υ	N	Υ	N	Υ	N	Υ	N
	Other											
			De	ny Ret	urn to [	Outy if:						
		a, Heat Exhau		ast 72	hours				Conge			
		Wounds or Ra							20 or Ir	regulai	•	
• Insulin	n-using diabetic has not eaten in past 4 hours • CO level over 5-8%  All Workers Hydrated 8-16 oz Water or Electrolyte Solution											
Evamina	ation Time	All Workers Hy	urateo	10-100	oz wate	ei Oi Ei	ectron	/te 50i	ulion			
LXamine		_										
ے	Pulse Rat	e										
Second Evaluation	O2 Sat											
enla alua	CO Level											
Se	Injuries?		Υ	N	Y	N	Υ	N	Υ	N	Υ	N
	III?		Υ	Ν	Υ	N	Υ	N	Υ	N	Υ	Ν
		All workers Hv	drated	8-16 c	y Wate	r or Fl	ectroly	te Sol	ution			

## To Hospital if:

Υ

Ν

Ν

Υ

Ν

Ν

• Symptoms of Heat Stroke

Pulse Rate

O2 Sat CO Level Injuries?

· Short of Breath

**Examination Time** 

Third Evaluation

- Abnormal Lung Sounds
- Altered Mental Status

**III?** 

• Irregular Pulse

Υ

• Persistent Pulse over 180

Ν

Ν

- Significant Injury
- Chest Pain or Severe Headache

Υ

Ν

Ν

Υ

Ν

Ν



J. Patrick O'Neal, MD, State EMS Medical Director: Jill Mabley, MD,

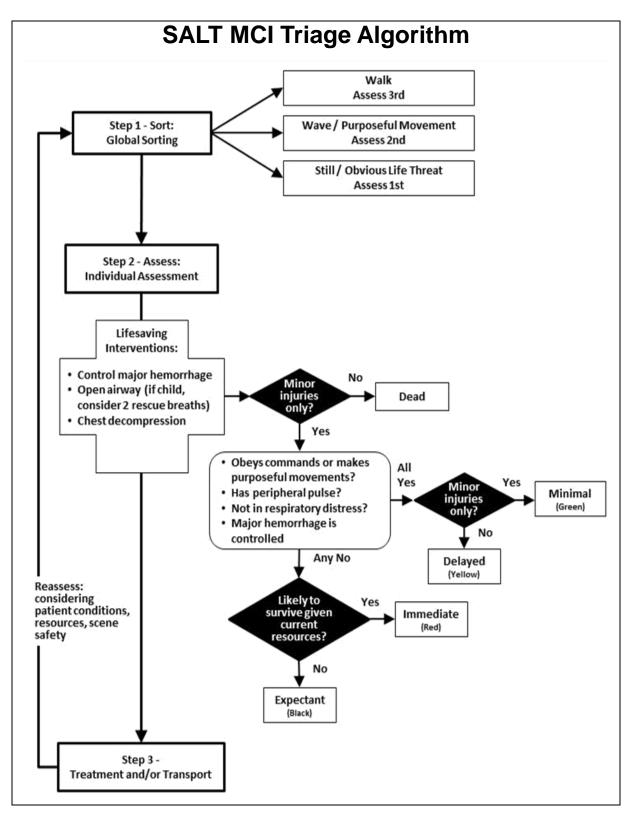
Deputy EMS Medical Director:

Effective
Date:

Jehick O pack Min)

Lik Mabley, MD, FAAEM

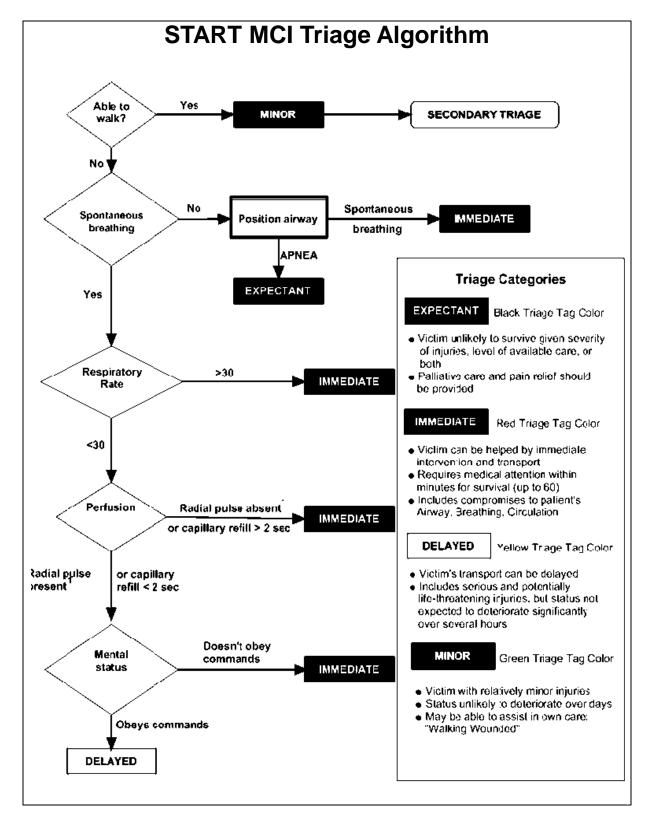
January 29, 2013





Jill Mabley, MD, Deputy EMS Medical Director:

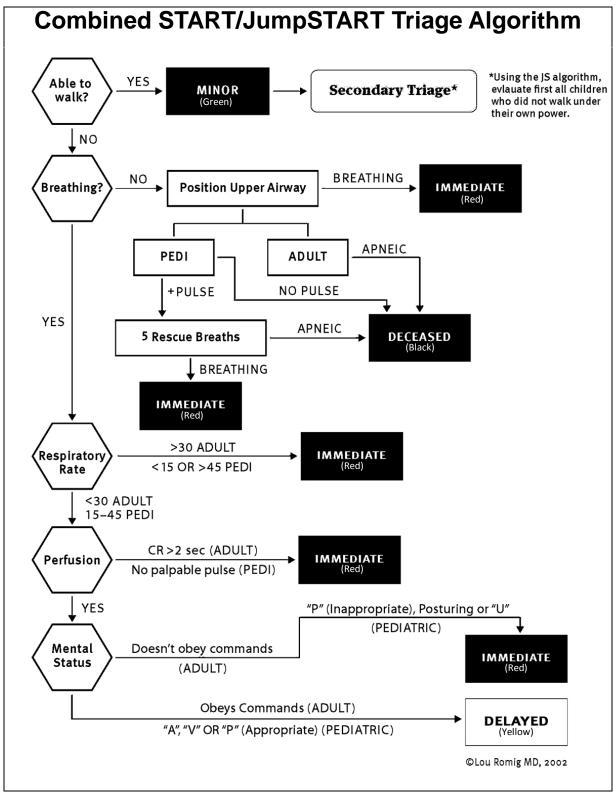
Effective Date: J. Pakick ( park M.) Lile Mabley, MD, FAAEM



J. Patrick O'Neal, MD, State EMS Medical Director: Jill Mabley, MD,

Deputy EMS Medical Director:

Effective Date: Papiele ( ) part nui)





J. Patrick O'Neal, M State EMS Medical Direct	
	•
lill Mahlov, M	$\Box$

Deputy EMS Medical Director:

Effective

Date:

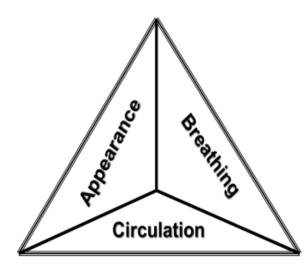
Jil Mabley, ND, FAREM
January 29, 2013

## **Pediatric Assessment Triangle (PAT)**

The Pediatric Assessment Triangle (PAT) is a tool for medical professionals to rapidly assess a pediatric patient on sight and obtain a "first impression" of the child's condition. Using the PAT, an EMS provider can determine if a child is in immediate need of rapid transport or emergency treatment before a full assessment.

Below are the parameters to be assessed using the PAT.

Appearance						
Characteristic:	Features to Look For:					
Tone	Good muscle tone OR limp, listless, flaccid					
Interactivity	Alert, will reach for toy, light, OR is uninterested in playing or interacting					
Consolability	Can be consoled OR crying or agitation is unrelieved					
Look/Gaze	Fixes on face, object OR glassy eyed stare					
Speech/Cry	Cry strong and spontaneous OR weak or high pitched. Is Speech age appropriate OR confused, garbled?					



Breathing						
Characteristic:	Features to Look For:					
Abnormal	Snoring, muffled or					
Airway Sounds	hoarse speech, stridor,					
	grunting, wheezing					
Abnormal	Sniffing position,					
Positioning	tripoding, refusing to lie					
	down					
Retractions	Supraclavicular,					
	intercostal, sternal,					
	retractions of the chest					
	wall; head bobbing in					
	infants					
Flaring	Flaring of the nares on					
	inspiration					

Circulation/Skin Color							
Characteristic:	Features to Look For:						
Pallor	White or pale skin or						
	mucous membranes						
Mottling	Patchy/lacey skin						
	discoloration due to						
	vasoconstriction/						
	vasodilation						
Cyanosis	Bluish discoloration of						
	skin/mucous membranes						
Flaring	Flaring of the nares on						
	inspiration						



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Jil Mabley, MD, FAAEM

January 29, 2013

## **Normal Pediatric Vital Signs by Age and Weight:**

Age	Weight (kilograms)	Pulse	Respirations	Systolic BP	Diastolic BP
Premature	1	145	< 60	42 +/- 10	21 +/- 8
Premature	1-2	135	< 60	50 +/- 10	28 +/- 8
Newborn	2-3	125	< 60	60 +/- 10	37 +/- 8
1 month	4	120	24-35	80 +/- 16	46 +/- 16
6 month	7	120	24-35	89 +/- 29	60 +/- 10
1 year	10	120	20-30	96 +/- 30	66 +/- 25
2-3 years	12-14	115	20-30	99 +/- 25	64 +/- 25
4-5 years	16-18	100	20-30	99 +/- 20	65 +/- 20
6-9 years	20-26	100	12-25	100 +/- 20	65 +/- 15
10-12 years	32-42	75	12-25	112 +/- 20	68 +/- 15
Over 14 years	> 50	70	12-18	120 +/- 20	75 +/- 15

## **Abnormal Vital Signs by Age:**

Age	Pulse	Respirations	Systolic BP	Temperature
0 days - <1mo	<80 > 205	<30 > 60	<60	<36 >38
≥ 1 mo - < 3 mos	<80 > 205	<30 > 60	<70	<36 >38
≥ 3 mos – < 1 yr	<75 > 190	<30 > 60	<70	<36 >38.5
≥ 1 yr – < 2 yrs	<75 > 190	<24 >40	<70 + (age x 2)	<36 >38.5
≥ 2 yrs – < 4 yrs	<60 >140	<24 >40	<70 + (age x 2)	<36 >38.5
≥ 4 yrs – < 6 yrs	<60 >140	<22 >34	<70 + (age x 2)	<36 >38.5
≥ 6 yrs – < 10 yrs	<60 >140	<18 > 30	<70 + (age x 2)	<36 >38.5
≥ 10 yrs – < 13 yrs	<60 >100	<18 > 30	<90	<36 >38.5
≥ 13 yrs – < 18 yrs	<60 >100	<12 >18	<90	<36 >38.5



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Lile Mabley, MD, FAREM

January 29, 2013



Scope of Practice for EMS Personnel - Grayscale - PORTRAIT Version

Emergency Medical Personnel are permitted to perform only those skills listed under their licensure level, and only once they have been trained on those skills, and credentialed to perform those skills by the agency Medical Director. Emergency Medical Personnel are permitted to administer only medications listed under their licensure level, and only once they are trained in the pharmacology of that medication, and credentialed to administer that medication by the EMS agency Medical Director.

	Key to Provider Levels
EMT	E Emergency Medical Technician
EMT-I	1 Emergency Medical Technician-Intermediate/1985
AEMT	A Advanced Emergency Medical Technician
СТ	C Cardiac Technician
PMDC	P Paramedic

NOTE: If a provider code (the single letter code from the table above) is listed for a skill, then that level of EMS Provider is permitted to perform the skill. Interpretive guidelines serve to clarify and/or modify the skill listed. If an asterisk (\*) appears with the letter code for a specific provider level, then the interpretive guidelines may modify

Air	way and Breathing Skills			.eve	ls		Interpretive Guidelines
1.	Supplemental oxygen therapy						
	a. Oxygen delivery devices	Ε	I	Α	С	P	This would include any type of cannula or mass designed for the delivery of supplemental oxygen.
	b. Humidified oxygen	Ε		Α	C	Ρ	
2.	Basic airway management						
	a. Manual maneuvers to open and control the airway	Ε		Α	С	Р	This would include procedures such as: head- tilt, chin-lift; tongue-jaw lift; modified chin lift; jaw thrust; Sellick's maneuver.
	b. Manual maneuvers to remove an airway obstruction	Ε	Т	Α	С	Р	
	c. Insertion of airway adjuncts intended to go into the oropharynx	Ε	ı	Α	С	Р	
	d. Insertion of airway adjuncts intended to go into the nasopharynx	Ε	ı	Α	С	P	
3.	Ventilation management						
	a. mouth to barrier devices	Ε		Α	С	Р	
	b. bag-valve-mask	Ε		Α	C	Ρ	
	c. manually triggered ventilators	Ε		Α	C	Ρ	
	d. automatic transport ventilators	E*	1*	A*	С	P	EMTs, EMT-Is and AEMTs are limited to the initiation during resuscitative efforts of ventilators that only adjust rate and tidal volume.
	e. chronic-use home ventilators	Ε	I	Α	С	Р	

EMT E EMT-I I AEMT A CT C PMDC P

R-P11A (2011-Grayscale - PORTRAIT): Scope of Practice - Becomes Effective on 7/1/2011

Page 1 of 5



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Lile Mabley, MD FAREN

way and Breathing Skills		L	eve	IS		Interpretive Guidelines
Suctioning						
a. Upper airway suctioning	Е	I	Α	С	Ρ	
b. Tracheobronchial suctioning			A*	С	Р	AEMTs are limited to tracheobronchial suctioning of patients with pre-established airways.
Advanced airway management						
a. CPAP/BiPAP administration and management		П	Α	C	Ρ	
b. BIAD (Blind Insertion Airway Device) Insertion		*	A*	С	P	This would also permit the removal of a BIAD under medically appropriate circumstances for the specified levels. EMT-Is are limited to insertion of devices not intended to be placed into the trachea. AEMTs are limited to insertior of devices not intended to be placed into the trachea.
c. Endotracheal intubation				С	Р	This includes nasal and oral endotracheal
						intubation. This would also allow the CT or Paramedic to extubate the patient for medically necessary reasons. This would include the use of PEEP and EtCO2/Capnography as necessary.
d. Airway obstruction removal by direct laryngoscopy				С	Ρ	
e. Percutaneous Cricothyrotomy					P*	This would include retrograde intubation techniques. Paramedics are not permitted to make a surgical incision of the cricothyroid membrane; paramedics may perform skin incision with a surgical blade for the purpose of the percutaneous cricothyrotomy.
f. Gastric decompression					Р	
g. Pleural decompression via needle thoracostomy					Ρ	
h. Chest tube monitoring					Ρ	
sessment Skills			eve	ls		Interpretive Guidelines
Basic assessment skills						·
a. Perform simple patient assessments	E	П	Α	С	Р	
b. Perform comprehensive patient assessments	Е		Α	С	Р	
c. Obtaining vital signs manually	Е		Α	C	Р	Includes the use of a manual BP cuff.
Advanced assessment skills						
a. Obtaining vital signs with electronic devices	E	ı	Α	С	Р	This would include the use of non-Invasive blood pressure monitoring devices, as well as pulse oximetry measurement and blood glucose monitoring.
b. Blood Chemistry Analysis					Р	
armacological Intervention Skills		L	eve	ls		Interpretive Guidelines
			Α	С	Р	
Fundamental pharmacological skills  a. Use of unit dose commercially pre-filled containers or auto-injectors for the administration of life saving medications intended for self, peer, or patient rescue in hazardous materials situations	Ε					
Fundamental pharmacological skills  a. Use of unit dose commercially pre-filled containers or auto- injectors for the administration of life saving medications  intended for self, peer, or patient rescue in hazardous		ı	Α	c	Р	
Fundamental pharmacological skills     Use of unit dose commercially pre-filled containers or auto-injectors for the administration of life saving medications intended for self, peer, or patient rescue in hazardous materials situations     Assist patients in taking their own prescribed medications as:		1	A A	С	P P	Includes oral glucose for hypoglycemia and aspirin for chest pain of suspected ischemic origin.



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

L'U Mabley, MD FAREN

January 29, 2013

armacological Intervention Skills		.eve	ls		Interpretive Guidelines				
2. Advanced pharmacological skills: venipuncture/vascular access									
a. Obtaining peripheral venous blood specimens		Α	С	Р	This is either through direct venipuncture or through an existing peripheral IV catheter.				
<ul> <li>Peripheral IV insertion and maintenance (includes removal as needed)</li> </ul>	1	Α	С	Р	This includes placement of an INT/Saline lock Peripheral lines include external jugular veins but does not include placement of umbilical catheters.				
c. Intraosseus device insertion (includes removal as needed)		Α	С	Р	This includes placement in both adult and pediatric patients. This also includes both manual and mechanically assisted devices as approved by the local EMS medical director.				
<ul> <li>d. Access indwelling catheters and implanted central IV ports for fluid and medication administration.</li> </ul>			С	Р					
e. Central line monitoring			С	Р					

EMT E EMT-I I AEMT A CT C PMDC P

R-P11A (2011-Grayscale - PORTRAIT): Scope of Practice - Becomes Effective on 7/1/2011

Page 3 of 5



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Lile Mabley, MD, FAREM

January 29, 2013

-	nacological Intervention Skills	Levels	Interpretive Guidelines
Α	dministration of medications/fluids		
a.	Crystalloid IV solutions	I* A* C P	This includes hypotonic, isotonic, and hypertonic solutions as approved by medical direction. This also includes combination solutions (i.e. D5LR, D5NS, etc.). EMT-Is are limited to the initiation of crystalloid solutions that do not have added pharmacological agents. AEMTs are limited to the initiation of crystalloid solutions that do not have added pharmacological agents.
b.	Administration of hypertonic dextrose solutions for hypoglycemia	I A C P	Hypertonic dextrose solutions may be given IV/IO.
C.	Administration of glucagon for hypoglycemia	A C P	Glucagon may be administered via IM, SC, IV, IO or intranasal routes as approved by the loc EMS medical director.
d.	Administration of SL nitroglycerine to a patient experiencing chest pain of suspected ischemic origin	A C P	
e.	Parenteral administration of epinephrine for anaphylaxis	E* I* A* C P	EMTs may only administer epinephrine via an auto-injector. EMT-Is may only administer epinephrine via an auto-injector. AEMTs may prepare and administer epinephrine only via the IM and SC routes.
f.	Inhaled (nebulized) medications to patients with difficulty breathing and/or wheezing	E* I* A C P	Inhaled (nebulized) means atomization of the medication through an oxygen/air delivery device with a medication chamber, or through use of a metered-dose inhaler. EMTs may only administer pre-measured unit doses of nebulized medications. EMT-Is may only administer pre-measured unit doses of nebulized medications.
g.	Administration of a narcotic antagonist to a patient suspected of narcotic overdose	АСР	Administration may be via IM, SC, IV, IO, or Intranasal routes as approved by the local EN medical director.
h.	Administration of nitrous oxide (50% nitrous oxide, 50% oxygen mix) for pain relief	A C P	
i.	Vaccine administration	I* A* C* P	EMT-Is, AEMTs and CTs are allowed to administer vaccinations only during designate events such as mass vaccination clinics or in the event of a declared public health emergency, and only after training through a OEMST training course.
j.	Paralytic administration	p*	
k.	Administration of other physician approved medications	C* P*	

R-P11A (2011-Grayscale - PORTRAIT): Scope of Practice - Becomes Effective on 7/1/2011

Page 4 of 5



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Liu Mabley, MD FAREN

January 29, 2013

	armacological Intervention Skills	Skills Levels				Interpretive Guidelines		
3.	Administration of medications/fluids							
	Maintain an infusion of blood or blood products				Р			
a	diac/Medical Skills		Le	vels		Interpretive Guidelines		
1.	Fundamental cardiac skills							
	a. Manual external CPR	Ε	ı	Α (	Р			
	b. Use of an automated external defibrillator	Ε		Α (	Р			
2.	Advanced cardiac skills							
	a. Use of mechanical CPR assist devices	Ε	ı	Α (	P			
	b. ECG monitoring and interpretation			0	P	This includes obtaining and interpreting 12- Lead ECGs.		
	c. Manual cardiac defibrillation			С	* Р	CTs may only defibrillate a pulseless and apne patient.		
	d. Emergency cardioversion, including vagal maneuvers			(	Р			
Т	e. Transcutaneous cardiac pacing				Р			
3.	Emergency childbirth management							
	a. Assist in the normal delivery of a newborn	Ε	I	Α (	Р			
	b. Assist in the complicated delivery of a newborn	Е	I	Α (	P	This includes external fundal massage for pos partum bleeding, but does NOT include internal fundal massage.		
1.	Behavioral emergency skills					-		
	a. Manual and mechanical patient restraints for behavioral emergencies	Е	ı	A C	P	Includes soft disposable restraints and leather restraints, as approved by the local EMS medical director, and with appropriate patien monitoring.		
	b. Chemical restraint of combative patients				Р	See pharmacological skills.		
ī	uma Care Skills		Le	vels		Interpretive Guidelines		
1.	Managing injuries, including, but not limited to:							
	a. Manual cervical stabilization and cervical collar use	Ε	I	Α (	P			
	b. Manual stabilization of orthopedic trauma	Ε		Α (	Р			
	c. Spinal motion restriction	Ε	I	Α (	P	Includes the use of commercial spinal motion restriction devices such as the KED®.		
	d. Splinting	Ε	I	Α (	P	This includes the use of traction splints.		
_	d. Splinting e. MAST/PASG Use (no longer approved for use in Georgia)	E	I	A (	P	This includes the use of traction splints.		
2.	, ,			A (	P	This includes the use of traction splints.		
2.	e. MAST/PASG Use (no longer approved for use in Georgia)		:	A (		This includes the use of traction splints.  Includes direct pressure and bandaging.		
2.	e. MAST/PASG Use (no longer approved for use in Georgia)  Managing other traumatic injuries, including, but not lim	ited to	:	Α (				
2.	e. MAST/PASG Use (no longer approved for use in Georgia)  Managing other traumatic injuries, including, but not lim a. Fundamental bleeding control	ited to	:     	A (	P P	Includes direct pressure and bandaging. Includes the use of tourniquets and hemostat agents as approved by the local EMS medical		
2.	e. MAST/PASG Use (no longer approved for use in Georgia)  Managing other traumatic injuries, including, but not lim a. Fundamental bleeding control b. Progressive bleeding control	ited to	:     	A C	P P	Includes direct pressure and bandaging. Includes the use of tourniquets and hemostat agents as approved by the local EMS medical		
2.	e. MAST/PASG Use (no longer approved for use in Georgia)  Managing other traumatic injuries, including, but not lim a. Fundamental bleeding control b. Progressive bleeding control  c. Fundamental eye irrigation	ited to	: I I	A C	P P	Includes direct pressure and bandaging. Includes the use of tourniquets and hemostat agents as approved by the local EMS medical		
2.	e. MAST/PASG Use (no longer approved for use in Georgia)  Managing other traumatic injuries, including, but not lim a. Fundamental bleeding control b. Progressive bleeding control c. Fundamental eye irrigation d. Complex eye irrigation with the Morgan® lens	ited to E E		A (	P P P	Includes direct pressure and bandaging. Includes the use of tourniquets and hemostat agents as approved by the local EMS medical		
	e. MAST/PASG Use (no longer approved for use in Georgia)  Managing other traumatic injuries, including, but not lim a. Fundamental bleeding control b. Progressive bleeding control c. Fundamental eye irrigation d. Complex eye irrigation with the Morgan® lens e. Fundamental management of soft-tissue injuries	E E E		A (	P P P	Includes direct pressure and bandaging. Includes the use of tourniquets and hemostat agents as approved by the local EMS medical		
3.	e. MAST/PASG Use {no longer approved for use in Georgia}  Managing other traumatic injuries, including, but not lim a. Fundamental bleeding control b. Progressive bleeding control  c. Fundamental eye irrigation d. Complex eye irrigation with the Morgan® lens e. Fundamental management of soft-tissue injuries f. Complex management of soft-tissue injuries	E E E		A (	P P P	Includes direct pressure and bandaging. Includes the use of tourniquets and hemostat agents as approved by the local EMS medical		

R-P11A (2011-Grayscale - PORTRAIT): Scope of Practice - Becomes Effective on 7/1/2011

E EMT-I I AEMT

EMT

Page 5 of 5

A CT

C PMDC P



J. Patrick O'Neal, MD,
State EMS Medical Director:

Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date: J. Pakick O' your Min) Lile Mabley, MD, FAAEM

Date: January 29, 2013

## **Search and Rescue Activation**

## Georgia Search and Rescue

Georgia Search and Rescue (GSAR) Teams provide the knowledge and resources to safely and effectively implement technical rescue services. GSAR is one of the few state-initiated heavy search and rescue programs in the nation and receives funding through the U.S. Department of Homeland Security Office of Domestic Preparedness. The state's eight teams, made up of local firefighters, law enforcement and other emergency management personnel can respond to incidents anywhere in Georgia within two hours. Each GSAR team member undergoes approximately 400 hours of search and rescue training to receive certification.

### **Search and Rescue Activation**

To request a search and rescue resource, the on-scene commander should contact their local 911 and have the county EMA Director contact GEMA to request the resource.



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date: Jehick O'mal Mil) Lile Mabley, MD, FAAEM

January 29, 2013

## Sedation Assisted Intubation Best Practices Guidelines

In response to frequent requests to EMSMDAC and the State Office of EMS and Trauma for clarification regarding use of paralytics and/or induction agents in the field to facilitate endotracheal intubation, a subcommittee of EMSMDAC has developed a best-practices guideline. This guideline was unanimously accepted by EMSMDAC on October 23, 2012.

The guideline document follows. Please direct comments or questions to Dr. Robert Cox, EMSMDAC Chair (rjcox@aol.com) or Dr. Jill Mabley, deputy medical director, Office of EMS and Trauma (jamabley@dhr.state.ga.us).

Georgia EMS Medical Directors Advisory Council

## Sedation Assisted Intubation Best Practices Guidelines October 2012

#### Introduction:

Airway management by prehospital providers is currently an area of active research and many important questions remain unanswered. This statement is particularly true regarding the safety and efficacy of paralytics and sedatives during endotracheal intubation (ETI) by paramedics. Because of the concerns of increased morbidity and mortality demonstrated in several studies, rapid sequence intubation (RSI) by paramedics remains prohibited in Georgia, however, sedation assisted intubation (SAI) is an allowable procedure. Although the research evaluating SAI is not as robust as RSI, it has not been proven to be superior to ETI without pharmacologic assistance. In light of these findings, the Georgia EMS Medical Directors Advisory Council (EMSMDAC) recommends developing and following a rigorous training and quality assurance system if the service and local medical director choose to perform SAI in the field. To assist in the process, EMSMDAC has developed some best practices recommendations which are detailed below.

## Best Practices for SAI:

- 1. SAI should only be attempted if other less invasive airway management procedures have failed.
- 2. The procedure should be limited to those paramedics that the local medical director has personally evaluated and documented as capable of performing SAI. Credentialing of paramedics for SAI should be done on an annual basis.
- 3. SAI medications should be issued only to those paramedics credentialed by the local medical director to perform SAI.
- 4. Paramedics must have a mandatory minimum number of successful intubations per year to continue to perform SAI, as determined by the local medical director.
- 5. Continuous pulse oximetry throughout the event and waveform capnography post intubation must be used. Paramedics should fully understand the association between hypoxia and hyper / hypocapnia and poor outcomes, especially in patients with traumatic brain injury. Diligent efforts should be taken to prevent and manage hypoxia and hyper / hypocapnia.
- 6. If SAI is attempted, a backup airway device (e.g. a supra-glottic device) must be immediately available.
- The local medical director should frequently review the quality assurance data to identify and address problems that could affect the health and safety of patients undergoing this procedure.
- 8. The medical director should culture a collaborative relationship between him/herself and the facilities that are receiving their patients so that outcome data can be utilized to improve and/or modify SAI practices. Such outcome measures should include data such as malposition airways, evidence of aspiration, hospital acquired pneumonia, prolonged mechanical ventilation and death.



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Lile Mabley, MD, FAAEM

Date: January 29, 2013

# Sedation Assisted Intubation Best Practices Guidelines (Continued)

Additionally, we recommend the collection of these specific data for each event of SAI:

- 1. Indication for intubation
- 2. Reason for use of sedative/induction agent
- 3. Outcome of attempt (i.e. successful, number of attempts, complications, etc.)
- 4. Pre and post vital signs including SpO2
- 5. Highest and lowest SpO2 during the event
- 6. Continuous waveform capnography
- 7. Any complications surrounding the procedure
- 8. Documented confirmation of endotracheal tube placement by receiving physician

Finally, for more in depth and specific guidance in the development and maintenance of an SAI program, we recommend the National Association of EMS Physicians (NAEMSP) position paper on Drug Assisted Intubation in the Prehospital Setting:

http://www.naemsp.org/Documents/Drug%20Assisted%20Intubation%20New.pdf



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

J. Pakick O park M.) Lile Mabley, MD, FAAEM

January 29, 2013



## CINCINNATI PREHOSPITAL STROKE SCALE



#### UNIFORM DOCUMENT FOR GEORGIA EMS PROVIDERS

DATE:	TE:		TIME OF	<b>ASSESSME</b>		
ASSESS	ED BY:			SERVICE:		

## NAME OF PATIENT:

## **FACIAL DROOP**

NORMAL: BOTH SIDES OF FACE MOVE EQUALLY

ABNORMAL: ONE SIDE OF FACE DOES NOT MOVE AT ALL

## **ARM DRIFT**

NORMAL: BOTH ARMS MOVE EQUALLY OR NOT AT ALL
ABNORMAL: ONE ARM DRIFTS COMPARED TO THE OTHER

## SPEECH: HAVE THE PATIENT STATE THE FOLLOWING SENTENCE YOU CAN'T TEACH AN OLD DOG NEW TRICKS.

NORMAL: PATIENT USES CORRECT WORD WITH NO SLURRING ABNORMAL: SLURRED OR INAPPROPRIATE WORDS OR MUTE

## TIME: LAST SEEN NORMAL

ACTUAL TIME IF KNOWN UNKNOWN

WITNESS	
	NAME OF WITNESS IF KNOWN
	CONTACT TELEPHONE NUMBER OF WITNESS

Form Revised 11/14/2011 Version 4



J. Patrick O'Neal, MD, State EMS Medical Director:
---

Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date: Lik Mabley, MD, FAAEM

January 29, 2013

## Stroke Thrombolytic Checklist

Date:	Time:	Unit:		PSS:		
Patient Name:		Age:			lbs/kg	
Time of symptom ons	seline:set:set:seported by:					
Symptoms (circle abr	normal findings)					
ANY ONE FINDING :	= POSSIBLE STROK	(E				
FACIAL DROOP:	R	L				
ARM DRIFT:	R	L				
SPEECH:	slurred	wrong wor	do	muto		
_	Giarroa	widing woi	us	mute	;	
	ations (check all that a	_	us	mute	•	
Possible Contraindica		apply)	us	Yes	No	?
Current use of antic	ations (check all that	apply) rin sodium)	as			?
Current use of antic	ations (check all that a coagulants (e.g., warfa consistently over 180)	apply) rin sodium)	as	Yes	No	
ossible Contraindica Current use of antic Has blood pressure	coagulants (e.g., warfa consistently over 180/ ct symptom onset	apply) rin sodium)	us	Yes Yes	No No	?
Current use of antic Has blood pressure Witnessed seizure a History of intracrani	coagulants (e.g., warfa consistently over 180/ ct symptom onset	apply) rin sodium) /110 mm Hg	us	Yes Yes Yes	No No No	; ;
Current use of antic Has blood pressure Witnessed seizure a	etions (check all that a coagulants (e.g., warfar consistently over 180/ at symptom onset ial hemorrhage bleeding, ulcer, varice	apply) rin sodium) /110 mm Hg	us	Yes Yes Yes Yes	No No No	; ; ;
Current use of antic Has blood pressure Witnessed seizure a History of intracran History of GI or GU	etions (check all that a coagulants (e.g., warfar consistently over 180/ at symptom onset ial hemorrhage bleeding, ulcer, varice	apply) rin sodium) /110 mm Hg	us	Yes Yes Yes Yes Yes Yes	No No No No	; ; ;
Current use of antic Has blood pressure Witnessed seizure a History of intracrani History of GI or GU Is within 3 months of	coagulants (e.g., warfa consistently over 180/ it symptom onset ial hemorrhage bleeding, ulcer, varice	apply) rin sodium) /110 mm Hg	us	Yes Yes Yes Yes Yes Yes Yes	No No No No No	; ; ;
Current use of antic Has blood pressure Witnessed seizure a History of intracrani History of GI or GU Is within 3 months of	coagulants (e.g., warfar consistently over 180/ it symptom onset ial hemorrhage bleeding, ulcer, varice of prior stroke of serious head trauman	apply) rin sodium) /110 mm Hg	us	Yes Yes Yes Yes Yes Yes Yes Yes Yes	No No No No No No	; ; ; ;
Current use of antice Has blood pressure Witnessed seizure a History of intracrani History of GI or GU Is within 3 months of Is within 21 days of Is within 21 days of	coagulants (e.g., warfar consistently over 180/ it symptom onset ial hemorrhage bleeding, ulcer, varice of prior stroke of serious head trauman	apply) rin sodium) /110 mm Hg	us	Yes	No No No No No No No	; ; ; ; ;
Current use of antice Has blood pressure Witnessed seizure a History of intracrani History of GI or GU Is within 3 months of Is within 21 days of Is within 21 days of	eations (check all that a coagulants (e.g., warfar consistently over 180/ at symptom onset ial hemorrhage bleeding, ulcer, varice of prior stroke of serious head trauma acute myocardial infar lumbar puncture	apply) rin sodium) /110 mm Hg	us	Yes	No No No No No No No	; ; ; ; ; ;
Current use of antice Has blood pressure Witnessed seizure a History of intracrani History of GI or GU Is within 3 months of Is within 21 days of Is within 21 days of Is within 14 days of Is pregnant	eations (check all that a coagulants (e.g., warfar consistently over 180/ at symptom onset ial hemorrhage bleeding, ulcer, varice of prior stroke of serious head trauma acute myocardial infar lumbar puncture	apply) rin sodium) /110 mm Hg s rction ous trauma		Yes	No No No No No No No No	; ; ; ;
Current use of antice Has blood pressure Witnessed seizure a History of intracrant History of GI or GU Is within 3 months of Is within 21 days of Is within 21 days of Is within 14 days of Is pregnant	coagulants (e.g., warfar consistently over 180) it symptom onset ial hemorrhage bleeding, ulcer, varice of prior stroke of serious head trauma acute myocardial infar lumbar puncture major surgery or serio	apply) rin sodium) /110 mm Hg s rction rus trauma	rapy?	Yes	No N	, , , , , , ,



J. Patrick O'Neal, MD	,
State EMS Medical Director	:

Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Lile Mabley, MD, FAAEM

January 29, 2013

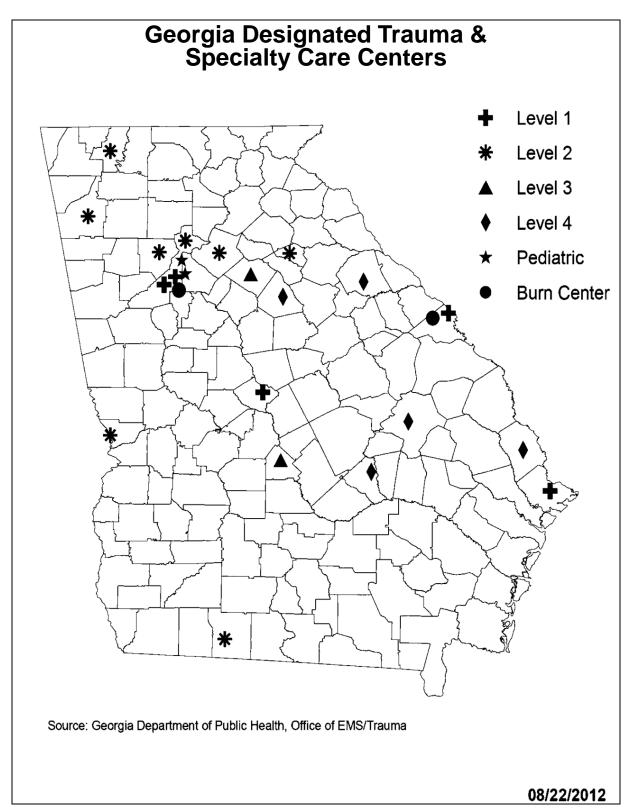
# Georgia Designated Trauma & Specialty Care Centers

FACILITY LEVEL I	CITY	COUNTY	<u>NUMBER</u>
Atlanta Medical Center	Atlanta	FULTON	404-265-6577
Grady Memorial Hospital	Atlanta	FULTON	404-616-6200
Medical Center of Central Ga. Inc.*	Macon	BIBB	478-633-1584
GA Health Sciences Medical Center*		RICHMOND	707-721-3153
Memorial Health Univ. Medical	Savannah	CHATHAM	912-350-8861
Center*			
LEVEL II			
Athens Regional Medical Center	Athens	CLARKE	706-475-3020
Floyd Medical Center	Rome	FLOYD	706-509-5000
Gwinnett Medical Center	Lawrenceville	GWINNETT	678-312-4321
Hamilton Medical Center	Dalton	WHITFIELD	706-272-6150
John D. Archbold Memorial Hospital	Thomasville	THOMAS	229-228-2834
Medical Center-Columbus	Columbus	MUSCOGEE	706-571-1901
North Fulton Hospital	Roswell Marietta	FULTON COBB	770-751-2559
Wellstar Kennestone Hospital LEVEL III	Manella	CODD	770-793-5000
Clearview Regional Medical Center	Monroe	WALTON	770-267-1781
Taylor Regional Hospital	Hawkinsville	PULASKI	478-783-0369
LEVEL IV	Tiawkiiioviiio	1 02/10/11	170 700 0000
Effingham Health System	Springfield	<b>EFFINGHAM</b>	912-754-6451
Emanuel Medical Center	Swainsboro	<b>EMANUEL</b>	478-289-1100
Lower Oconee Community Hospital	Glenwood	WHEELER	912-523-5113
Morgan Memorial Hospital	Madison	MORGAN	706-752-2261
Wills Memorial Hospital	Washington	WILKES	706-678-2151
<del></del>	cialty Care Cente	<u>ers</u>	
Pediatric Trauma Centers	A.1	DELCALD	10.1.705.0405
Childrens Healthcare of Atlanta	Atlanta	DEKALB	404-785-6405
Egleston (Level I)     Childrens Healthcare of Atlanta	Atlanta	FULTON	404-785-2275
Scottish Rite (Level II)	Alialila	FULTUN	404-700-2275
Designated Burn Centers			
*Joseign Mestald Blutte Od rite Trauma Cet	ntersowithaPediatri	c Pelon-mondonent	706-651-6399
Grady Burn Center	Atlanta	FULTON	404-616-6178
<b>,</b>		-	



J. Patrick O'Neal, MD, State EMS Medical Director: Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date: Jehick O'mel, MI, FAAEM
January 29, 2013





J. Patrick O'Neal, MD,
State EMS Medical Director:

Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

J Pakick O'mal Min) Lile Mabley, MD, FAAEM

January 29, 2013

## **Trauma Communications Center**

Toll Free: 866.556.3314 Free Mobile to Mobile: 478.993.4478

The Georgia Trauma Communications Center coordinates Trauma System activities by maintaining and providing information on designated trauma center status and, when appropriate, on pre-hospital capabilities. This information is used to ensure that patients meeting Trauma System Entry Criteria (same as CDC field triage criteria) have access to definitive trauma care at an appropriate level of designated trauma center. The Georgia Trauma Communications Center is continually staffed by personnel with specific and indepth knowledge of trauma system design, function, and protocols.

The Georgia Trauma Communications Center operates through statewide guidelines and region-specific protocols established by the Georgia Trauma Commission, and Regional Trauma Advisory Committees. The Georgia Trauma Communications Center ONLY provides information and recommendations about patient destination as per preestablished regional protocols for System function. The Georgia Trauma Communications Center serves as an information resource for EMS providers, Trauma Centers and non-designated participating hospitals. The general functions of the Georgia Trauma Communications Center are:

- Provide destination <u>recommendations</u> to EMS and hospital providers for trauma patients meeting Trauma System Entry Criteria.
- Provide Trauma Center and non-designated participating hospital resource availability information when requested by EMS and hospital providers.
- Provide information on System entry criteria based on statewide guidelines as requested by EMS and hospital providers;
- Assign a unique System I.D. number for each patient meeting Trauma System Entry Criteria;
- Collect brief pre-hospital database information;
- Maintain available resource information and the functional status of all System Trauma Centers and non-designated participating hospitals at all times and, when appropriate, knowledge of System's pre-hospital capabilities;
- Provide information regarding secondary triage status of the patient based on statewide guidelines and approved regional protocols;
- Establish dependable communication link between field EMS provider and receiving facility:
- Record and enter pre-hospital data for the Trauma System Communications Database;
- Arrange inter-facility transfers of Trauma System patients between Trauma Centers and non-designated participating hospitals; and,
- Coordinate communication for optimal resource utilization using pre-established statewide guidelines and regional protocols for medical surge during mass casualty incidents or public health emergencies.
- To access the Georgia Trauma Communications Resource Center:

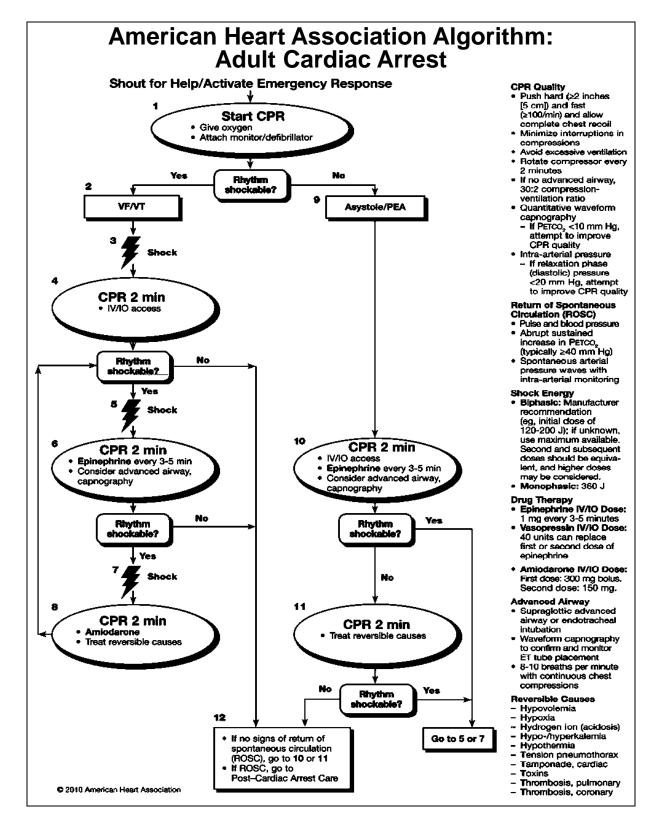
Toll Free: 866.556.3314 Free Mobile to Mobile: 478.993.4478



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

J. Pakick ( Jack M.) Lile Mabley, MD, FAAEM





Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

J. Pakick O' youl, MI) Lile Mabley, MD, FAAEM

January 29, 2013

**American Heart Association Algorithm: Adult Bradycardia** Assess appropriateness for clinical condition. Heart rate typically <50/min if bradyamhythmia. 2 Identify and treat underlying cause · Maintain patent airway; assist breathing as necessary Oxvgen (if hypoxemic) · Cardiac monitor to identify rhythm; monitor blood pressure and oximetry IV access 12-Lead ECG if available; don't delay therapy 3 Persistent bradyantlythmia causing: No Hypotension? Monitor and observe Acutely altered mental status? Signs of shock? Ischemic chest discomfort? Acute heart failure? Yes Atropine If atropine ineffective: Transcutaneous pacing OR **Dopamine** infusion **Doses/Details** OR Atropine IV Dose: Epinephrine infusion First dose: 0.5 mg bolus Repeat every 3-5 minutes Maximum: 3 mg Dopamine IV Infusion: Consider: 2-10 mcg/kg per minute Expert consultation Epinephrine IV Infusion: Transvenous pacing 2-10 mcg per minute 2010 American Heart Association



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Jil Mabley, MD, FAAEM

January 29, 2013



Assess appropriateness for clinical condition. Heart rate typically ≥150/min if tachyarrhythmia.

## Identify and treat underlying cause

- · Maintain patent airway; assist breathing as necessary
- Oxygen (if hypoxemic)

2

Cardiac monitor to identify rhythm; monitor blood pressure and oximetry

## Persistent tachyarrhythmia causing:

- Hypotension?
- Acutely altered mental status?
- · Signs of shock?
- Ischemic chest discomfort?
- Acute heart failure?

# Wide QR\$? ≥0.12 second

- IV access and 12-lead ECG if available
- Vagal maneuvers

7

- · Adenosine (if regular)
- β-Blocker or calcium channel blocker
- Consider expert consultation

Synchronized cardioversion

Consider sedation

Yes

- If regular narrow complex, consider adenosine
- IV access and 12-lead ECG if available
- Consider adenosine only if regular and monomorphic
- · Consider antiarrhythmic infusion
- Consider expert consultation

© 2010 American Heart Association

#### Doses/Details

## Synchronized Cardioversion

Initial recommended doses:

- Narrow regular: 50-100 J
- Narrow irregular: 120-200 J biphasic or 200 J monophasic
- Wide regular: 100 J
- Wide irregular: defibrillation dose (NOT synchronized)

#### Adenosine IV Dose:

First dose: 6 mg rapid IV push; follow with NS flush.

Second dose: 12 mg if required.

#### Antiamhythmic Infusions for Stable Wide-QRS Tachycardia

#### Procainamide IV Dose:

20-50 mg/min until arrhythmia suppressed, hypotension ensues, QRS duration increases >50%, or maximum dose 17 mg/kg given. Maintenance infusion: 1-4 mg/min. Avoid if protonged QT or CHF.

## Amiodarone IV Dose:

First dose: 150 mg over 10 minutes. Repeat as needed if VT recurs. Follow by maintenance infusion of 1 mg/min for first 6 hours.

#### Sotalol IV Dose:

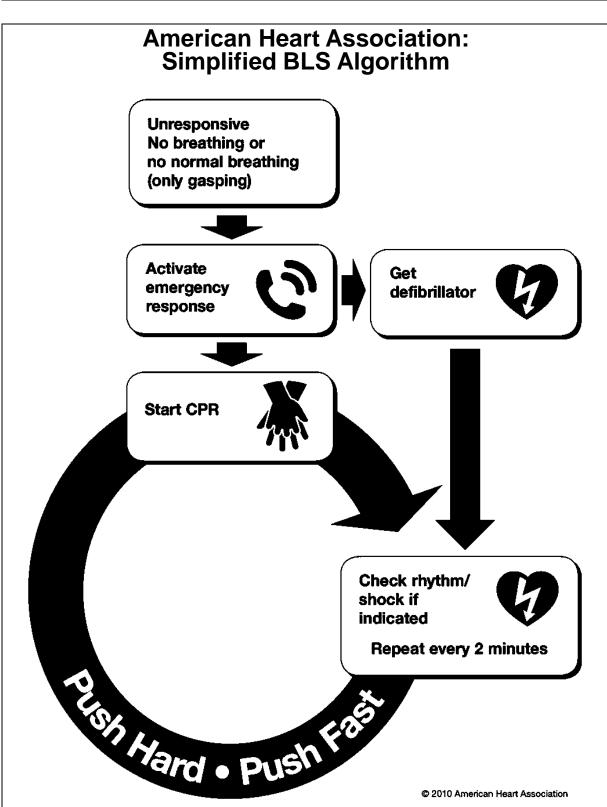
100 mg (1.5 mg/kg) over 5 minutes. Avoid if prolonged QT.



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Jehick FAREN





by healthcare providers and not by lay rescuers

J. Patrick O'Neal, MD, State EMS Medical Director: Jill Mabley, MD,

Deputy EMS Medical Director:

Effective

Date:

Jehick O'pack Min)

Lik Mabley, MD, FAREM

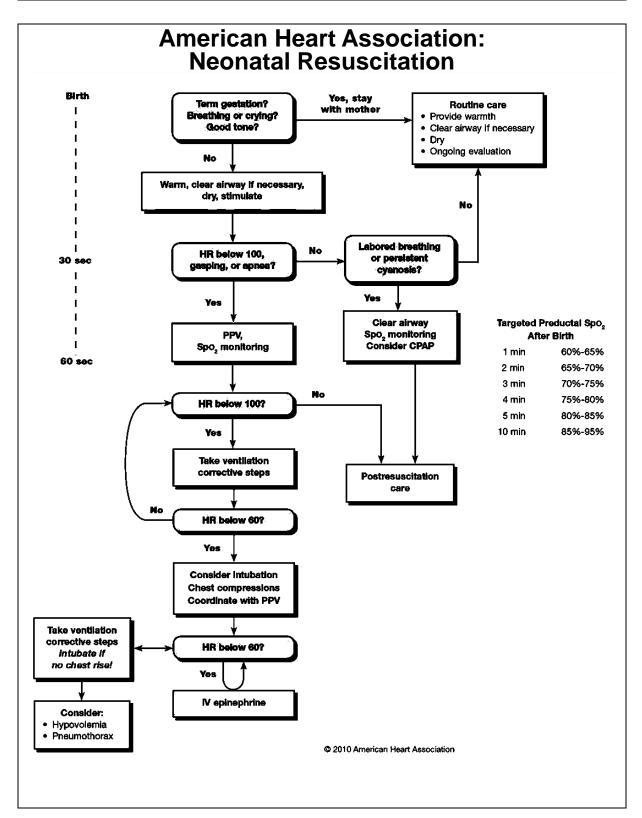
January 29, 2013

**American Heart Association: BLS Healthcare Provider Algorithm High-Quality CPR** Unresponsive No breathing or no normal breathing Rate at least 100/min (ie, only gasping) Compression depth at least 2 inches (5 cm) Allow complete chest recoil after each compression Activate emergency response system Get AED/defibrillator · Minimize interruptions in or send second rescuer (if available) to do this chest compressions Avoid excessive ventilation. Definite Check pulse: Pulse Give 1 breath every **DEFINITE** pulse 5 to 6 seconds within 10 seconds? Recheck pulse every 2 minutes No Pulse Begin cycles of 30 COMPRESSIONS and 2 BREATHS **AED/defibrillator ARRIVES** Check rhythm Shockable rhythm? Shockable Not Shockable Give 1 shock Resume CPR immediately Resume CPR immediately for 2 minutes for 2 minutes Check rhythm every 2 minutes; continue until ALS providers take over or victim starts to move Note: The boxes bordered with dashed lines are performed

© 2010 American Heart Association

Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date: Jehick O'mal Min) Lik Mabley, MD, FAAEM

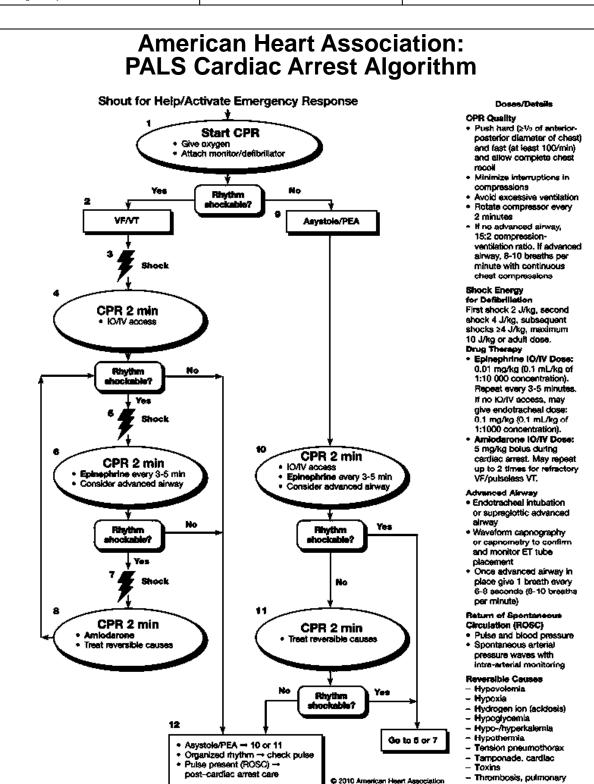




Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date: J. Pakick ( ) pack M.) Lile Mabley, ND, FAAEM

January 29, 2013



- Thrombosis, coronary



ß

J. Patrick O'Neal, MD, State EMS Medical Director:

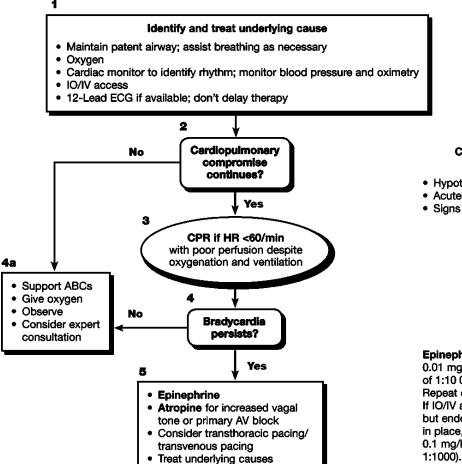
Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date: Papiele ( your min)

January 29, 2013

## **American Heart Association: Pediatric Bradycardia**

With a Pulse and Poor Perfusion



© 2010 American Heart Association

If pulseless arrest develops, go to Cardiac Arrest Algorithm

#### Cardiopulmonary Compromise

- Hypotension
- · Acutely altered mental status
- Signs of shock

#### Doses/Details

Epinephrine IO/IV Dose: 0.01 mg/kg (0.1 mL/kg of 1:10 000 concentration). Repeat every 3-5 minutes. If IO/IV access not available but endotracheal (ET) tube in place, may give ET dose: 0.1 mg/kg (0.1 mL/kg of

#### Atropine IO/IV Dose:

0.02 mg/kg. May repeat once. Minimum dose 0.1 mg and maximum single dose 0.5 mg.



Jill Mabley, MD, Deputy EMS Medical Director:

Effective Date:

Jehick O'mel, M.) L'U Mabley, M.D., FAAEM

